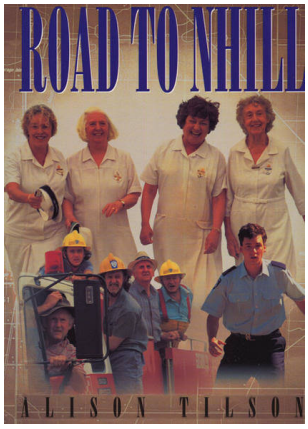
PYRAMID PRESS

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30 YEARS AGO!

This movie was made in Pyramid Hill.
Time to roll out the red carpet again.



ROAD TO NHILL

The Memorial Hall committee is proud to present two screenings at the Memorial Hall, Kelly St, Pyramid Hill

Saturday 21st November – doors open at 7pm with movie showing at 7.45pm. Ticket includes savoury nibbles on arrival. Bar available for drinks to be purchased.

Sunday 22nd November – doors open at 1:30pm and movie begins at 2pm. Light afternoon tea served after movie. (No Bar).

Movie snacks available for purchase at both screenings.
Tickets at the door – no pre-sales.

$15 Adult $10 Pensioner $5 Children - 18 years $40 Family

PYRAMID HILL GARAGE SALES



SUNDAY 15 November

176 Whitewoods Road
[10 minutes from town, head south on Yarrawalla South Rd, left at Whitewoods Road]
Garage Clean Out and Machinery!
This sale is strictly 7am - 11.30am

47 Victoria Street.
[crnr McIntyre St]
Furniture, antiques, electrical and sundries
This sale starts at 8am

Inside this edition:

PHC 150th Celebration, Vale Graham Moon, Road To Nhill, Bowls Notes, the DRAFT Community Phone Directory for 2026/27, Free Veggies through the Deakin University study, Seniors SPECIAL Meeting for Members, Neighbourhood House News, Free Mental Health First Aid - youth, 2027 Art Competition guidelines released and more..

Pyramid Hill Neighbourhood House will be open reduced hours 10am - 1pm Thursday 12 - Thursday 19 November.
Business as usual as of Monday 23rd November.
Kim is on holidays.. Lizzie's in control..

Pyramid Hill Neighbourhood House
43 Kelly Street | Tel: 5455 7129
Hours: Monday to Thursday 10am - 4pm
Submissions due Tuesdays | 3:00 PM
Email: pyramidhillpress@gmail.com
Digital copies: facebook.com/PyramidHillHouse/
Subscribe to the Press: pyramidhillhouse.org.au

Produced by the community and Pyramid Hill Neighbourhood House.

WHAT'S ON

While the cat is on holidays, there will be mice playing..
Sunday | Mount Hope

Garage Sales - around town | Sunday 15 November. Listings on the FRONT PAGE of the Press.

Victoria State Election | Saturday 28 November | Pyramid Hill College

Road To Nhill 30th Anniversary. November 21st Red Carpet Screening, Sunday 22nd Matinee | Memorial Hall - more details to come!

Special Pyramid Hill Seniors Member's Meeting | 10am on 4 December at Community Centre. Current members are encouraged to attend.

FoodShare Dates | Monday 16 November & 14 December at St Patricks Church from 4.30pm until supplies run out. BYO bags,

Nathan Whippy Griggs | Sunday 29 November 6.30pm | Serpentine Rec Reserve

Millers Ag Calendar Photo Comp | Entries to be delivered by 2 December **kaitlin.b@millerag.com.au**

Pyramid Hill Christmas Party | Saturday 19 December | Details to come. SAVE THE DATE

Pyramid Hill Pre-School AGM | Tuesday 17 November | 7.30pm | Pyramid Hill Pre-School

ROAD TO NHILL - 30 YEAR ANNIVERSARY EVENT - SATURDAY 21 NOVEMBER 7PM | SUNDAY MATINEE 1.30PM | Pyramid Hill Memorial Hall

REGULAR ACTIVITIES

TUESDAYS

Staying Strong Exercises | Kelly Park Exercise Equipment | 9.30am - 10.30am $5 per class

Coffee and Catch Up | 10:15 AM | All Welcome | Neighbourhood House

Goldfields Library visit | 11:30 AM | Neighbourhood House

Bowls Practice | Pyramid Hill Bowling Club 4.30pm

WEDNESDAYS

Book Club | 4:30 PM | FIRST Wednesday of each month. This month we are reading our own books this month!

Moderate Movers

12.30PM | Community Centre in McKay St | Bring a towel / exercise mat and a cold drink. **[not during school hols]**

Pyramid Hill Progress Association
Meeting third Wednesday of the month from 6.30pm meeting time at 7pm | Victoria Hotel

THURSDAYS

Art Group | 10.30 AM | informal crafty arty gathering

FRIDAYS

Pyramid Hill Playgroup | 10:00 AM | Preschool, 67 Kelly St [Storytime and activities once a month with Goldfields Libraries - next dates are : Friday 14 August, 11 Sept. 9 Oct, 13 Nov, 11 Dec

SATURDAYS

Pyramid Hill Golf Trail Park Run
Saturdays | 7.45am for an 8am start at the Hill

SUNDAYS

Finders Keepers Op Shop - Furniture and Tools 10am - 1pm next to the Pyramid Hill Store, Kelly St

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Pyramid loves Pickleball

Pickleball is a game for those of all ages and abilities.

Our two youngest players, Athena & Tobias, have not missed a session over time and this was certainly demonstrated last night giving adults a real competitive game.

All are welcome Friday night at 6:00pm at the Pyramid Hill Tennis courts.

$5 per player.

Try your luck & skills, and check out the talent of our two youngest recruits. #letstalkaboutpickleball

IMPORTANT NOTE: Friday 13th November, Pickleball will be held from 5:30pm to 6:45pm at the Pyramid Hill Tennis courts.Time changes are only affective for this

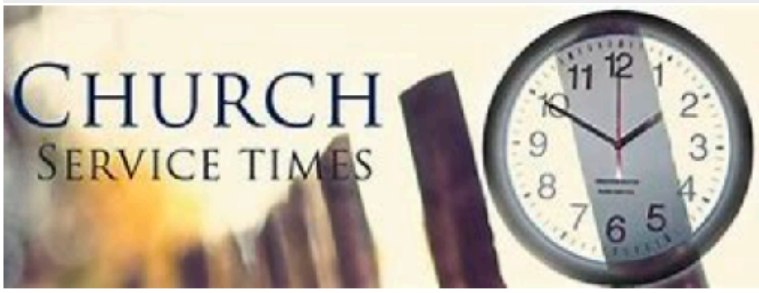




PUBLIC NOTICES

The next edition of the Pyramid Press will be published **Thursday 26 November**

Get your stories and photos in to us at pyramidhillpress@gmail.com by **Tuesday 24 November**



ANGLICAN CHURCH—Durham Ox Rd Pyramid Hill

1st Sunday of each month join with the UCA at Tyndale Church at 10.00am
2nd Sunday 9.00am HC at St Thomas' Anglican Church
3rd Sunday join with the UCA at Tyndale Church at 10.00am
4th Sunday 11.00am HC at St Thomas' Anglican Church

Enquiries: Rev Sue Allen 0417 365 386
Bill Boyd 0448 219 457

CHURCH OF CHRIST—Kelly St Pyramid Hill

Every Sunday at 11.00am
Enquiries: June Smith 0438 062 646

ST PATRICK'S CATHOLIC CHURCH—Victoria St Pyramid Hill

Saturday Mass 6.30pm each week
Wednesday Mass 6.00pm each week
Enquiries: Contact Kerang Presbytery 5452 1041

TYNDALE UNITING CHURCH—Victoria St Pyramid Hill

1st Sunday of each month 10.00am at Tyndale Church
2nd Sunday 9.00am join with Anglicans at St Thomas' Church
3rd Sunday 10.00am at Tyndale Church
4th Sunday 11.00am join with Anglicans at St Thomas' Church
Enquiries: Rev'd Mark Boyce 0402 906 780

PYRAMID HILL KIDS ROCK—for all school-aged children

Every second Tuesday during term 3:30-5:00 PM
Uniting Church Enquiries: Robyn 0427 561 973

NOTICE OF SPECIAL GENERAL MEETING

The **Committee of the Pyramid Hill Senior Citizens** will hold a **Special General Meeting** at 10am on Friday 4th December 2026 in the Community Centre.

This meeting has been called at the request of our members.
Morning tea will be provided.

Barham Club has invited us to a free Christmas lunch on Monday 7th December 2026. Please let Lyn know on 0428564006 if you are able to attend no later than 20th November 2026. We will look into arranging a bus if we have enough people wanting to use the bus.

13th November Light meal and games- $8

20th November Games afternoon & refreshments -$3

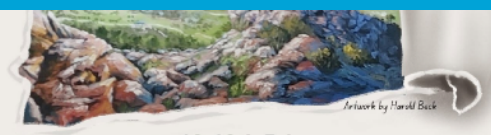
27th November Meal day and games - $12

HAPPY BIRTHDAY TO THE FOLLOWING PEOPLE FOR NOVEMBER * Tom Smith *

Pyramid Hill Progress Association
presents the

2027 Pyramid Hill Art Show

Guidelines / Categories have been released for the 2027 Art Show. Download now from the Facebook site - or email **pyramidhillartshow@gmail.com**



12-18th February
Pyramid Hill Memorial Hall

Pyramid Hill Art Show

DECEMBER 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FRIDAY 4 DECEMBER | TWILIGHT MARKET 4PM TO 8PM

FRIDAY 18 DECEMBER | CHRISTMAS MARKET AND FETE 4PM TO 8PM

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Saturday - Sunday 6am - 3pm

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FRI I 8.30 - 2 PM

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PYRAMID HILL COLLEGE
1876 - 2026

Celebrating 150 Years of

• LEARNING • COMMUNITY • MEMORIES • ACHIEVEMENT

NOVEMBER 6-7, 2026

What an unforgettable two days as past and present students, staff, families and friends came together to celebrate Pyramid Hill College's 150th anniversary. The excitement began on Friday morning with students enjoying historical trivia, games and the memorable Human 150 Years Commemorative photo. The official celebrations followed in the afternoon, featuring an Acknowledgement of Country, commemorative coin, bench and Time Capsule Ceremony, preserving memories for future generations.





Throughout Friday afternoon, visitors enjoyed exploring historical displays, looking through old photographs, and catching up with familiar faces. Our Student Leaders did a fantastic job leading school tours, while our senior students warmly welcomed visitors and helped with registrations. It was wonderful to see our students taking on these responsibilities and helping everyone feel welcome.

The celebrations continued on Saturday with the Community Park Run, historical displays, Devonshire Tea and activities around town. In the afternoon, the community gathered at St Patrick's Church for the Mass of Nuestra Señora del Patrocinio de Maria Santisima, followed by a procession to PHC Stadium and the Combined Churches Praise and Worship Service.

Another memorable highlight was the special 150th Anniversary cake, beautifully made by Karlee Gilmore. What a lovely connection to the College's history and a wonderful way to be part of another milestone. Friday ended with a Celebration Dinner. A former PHC student, Kim Ritchie and current students Fletcher and Matthew shared their musical talents during the evening. There was also another cutting of a cake with Wendy Burke who also made the cake for the 100th PHC Celebration.



Saturday night brought the celebrations to a lively close with the Filipino Fiesta, filled with food, music, dancing and entertainment. A special highlight was the colourful Filipino Fashion Parade, where our students proudly participated, showcasing traditional Filipino clothing and sharing the beauty of Filipino culture with the community.



It was lovely to see so many people come together over the two days, especially our students, who played an important role in the celebrations. From joining the Friday morning activities to welcoming visitors, leading tours and participating in cultural activities, they showed great enthusiasm, teamwork and school pride.

FREE

This training is for adults working, supporting or living with adolescents.

YOUTH MENTAL HEALTH FIRST AID TRAINING (YMHFA)



LEARN PRACTICAL FIRST AID SKILLS:

- Recognise the warning signs of mental health problems in young people
- Provide the skills needed to speak openly and accurately about mental health
- Respond in crisis situations where a young person may be at risk of harm
- Reduce stigma and increase support for young people with mental health problems

HOW DO I SIGN UP?

Call NDCH on 5451 0200, book online via the link or QR code.

DATES:

Must attend both days

- Monday 7th Dec
- Monday 14th Dec

TIME: 9.00am - 4.30pm

VENUE: Boort District Health (31 Kiniry St, Boort)

FACILITATOR: Claire Gillen

CATERING: Provided by Boort District Health.

BOOK HERE

HTTPS://WWW.TRYBOOKING.COM/DRDSJ

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North Central LLEN

Boort District Health

This course is fully funded. Proudly supported by Northern District Community Health (NDCH), Boort District Health and North Cental LLEN.

Vale Graham Moon

It is with deep sadness that the PHBC recognises the passing of our dearly loved and revered former bowling mate, Graham Moon.

Graham loved his bowls and the Club loved Graham. He was often selected in the position of Lead and could set up the heads for some keen competitions. His friendliness, his passion, his work to support the Club, always with a dry sense of humour, remain a part of our Club's history and memory.

The PHBC extends sincere condolences to Graham's family and friends at this sad time.

May they find comfort in their treasured memories as we at the PHBC will do.

RIP Graham Moon.



Vale, Edward Graham Moon



It is with great sadness that we share the passing of Edward Graham Moon.

Beloved husband of Lesley (dec. 2006). Much-loved father and father-in-law of Robert & Faye and Bruce & Fiona.

Cherished Pa of Ashley & Emma, Aimee & Chris and Dylan & Jade; Lauren & Bradley, Nathan & Morgan, Matthew & Kalinda and Bradley & Fionne.

Adored great-grandfather of Isabelle & Charlotte; Ella, Liam & Lucas; Xavier, Mia & Lucy; and Paddy.

A kind and gentle man who dearly loved his family, farming and community. He will be forever in our hearts and remembered fondly

A service to celebrate Graham's life was held at the Pyramid Hill Uniting Church at 11:00am on Monday, 9 November.Many friends and family connected to share memories.

The Moon family would like to sincerely thank the wonderful staff at Boort District Health for the care and kindness shown to Graham over the past few years. We are also deeply grateful to the many members of the Pyramid Hill community who looked out for him in his later years.



Your care and thoughtfulness have meant more to our family than words can express.

Pyramid Hill Op Shop

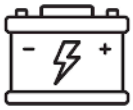


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Monday 9.30 - 2.30
Tuesday to Friday
11:00 - 4:00

Mobile Sheep Dipping



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Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off to **Trevor McIntosh in McKay Street**

NDCH

Northern District Community Health

Services located in Kerang, Cohuna, Boort, Pyramid Hill, Quambatook and Swan Hill

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- Wound care
- Chronic disease support
- Pallative care
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- Occupational Therapy
- Chronic Disease Management
- Podiatry & Footcare
- Diabetes Education
- Speech Pathology
- Dietitian

Main Office (Kerang)
24 Fitzroy Street, Kerang
03 5451 0200
Mon - Friday | 8:30am - 5:00pm

Kerang Medical Clinic
34 Fitzroy Street, Kerang
03 5452 1366
Mon - Friday | 8:45am - 5:00pm

Pyramid Hill (Community Centre)
6 - 10 McKay Street, Pyramid Hill
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(other times by appointment)

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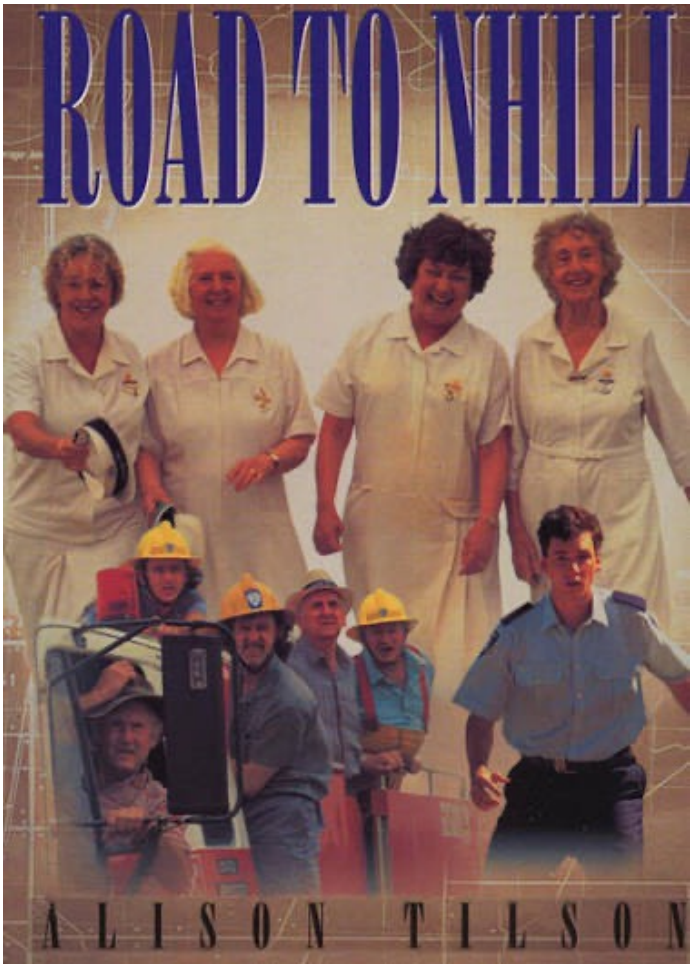
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Countdown To *The Road to Nhill..*



Out in the wilds of rural Victoria, an accident has occured. A car carrying four lady members of the bowling club has overturned on the Nhill road - or was it on the road to Nhill?

It makes a bit of a difference, as you`ll discover when you see this low-key but thoroughly enjoyable film, in which director Sue Brooks and writer Alison Tilson, working on their first feature after collaborating on documentaries, explore, with tremendous affection and insight, the inhabitants of a country town.

This is a place where the men are, on the whole, much less effective than the women - the guys who speed to the accident, like pigfarmer Paul Chubb or vegetable grower Bill Young, mean well - it`s just that they`re easily distracted and not quite certain what to do until the rescue services arrive...Brooks and Tilson, with the important assistance of cinematographer Nicolette Freeman and composer Elizabeth Drake, have achieved small miracles with this hugely enjoyable and very Australian comedy.

All of the film`s many characters, including Kerry Walker`s concerned partner, Bill Hunter`s narrator, Alwyn Kurts` befuddled old-timer, Tony Barry`s tenacious husband, and the four women - Lynette Curran, Monica Maughan, Patricia Kennedy and Lois Ramsey - are quite wonderful.



**** WANTED ****

The Memorial Hall committee are chasing any props from the Road to Nhill movie. We are putting a display in the Store window. We have a poster, kettle, boot stand and a few photos but that's it! Anything you have that was used in the movie would be most appreciated.

Please contact Cheryl McKinnon, Jacinta Deller or Jean Mann

Everyone`s wonderful - the ensemble cast is flawless, the characters they play are rooted in reality, yet are given terrifically humorous material.

This is in the same comic tradition as The Castle, but as a piece of cinema it`s vastly superior. My only quibble is the use of the voice of an unseen God (grandly, ironically, spoken by Phillip Adams) - an unnecessary addition to an otherwise delightful film.

SBS Movie Show Review by David Stratton, episode 37 1997. *The movie gained FOUR STARS from both Margaret and David*



Bowls Notes

Thanks to everyone who attended the Heart Attack / Arrest Awareness and AED usage information night. It was a session of great value presented by Josh from Ambulance Victoria.

Mid-Week Pennant

Round 4

Pyramid Hill 1 (Red Team) travelled to Kerang to try their hand against the friendly Kerang folk. Despite the chill in the air our bowlers quickly got into action and turned up the heat. Jan Leed (Skip) with Kate Wood, Rose Harris and Glenn Atkins applied early pressure and soon had their opponents on the ropes. In no time at all they notched up 20 shots to 4 and were looking headed for a resounding win. However a few loose ends after the lunch break saw Kerang gain some valuable shots by winning five ends in a row. Thankfully, Jan's team settled and they finished with a beautiful 24-14 win. On the other rink, Marie Noelker (Skip), Carmen Cauchi, Terry Stobaus and Ian Bartels were being tested by their opponents. Up until the cuppa break it was anyone's game with Kerang having a one shot edge as refreshments were taken. The Pyramid Hill crew were stuck on the number 9 – there always seems to be a sticking number! Fortunately, a couple of multiples of four gave them an incentive to dig deep and they made the most of their opportunities to accumulate a winning tally of 27 shots to 12, which was exhilarating to get back on the winner's list and score themselves the Chocolate Frog Award.

Pyramid Hill 2 (Blue Team) playing Cohuna 2 did not enjoy the same level of success or joy. They had a tough day at the office with neither rink managing to crack double figure while the strong Cohuna contingent had both rinks forge into the thirties. Joe Cauchi (Skip) with Lyn Claridge, Anthony Harris and Bill Boyd edged their noses one shot in front of their compatriots. Their losing score of 24 shots just inched ahead of the other rinks (Greg Tate, Mari Miller, Robyn Fidler and Michael Arthur) who were defeated by 25 shots. There were slim pickings for the Pyramid Hill folk that match but their opponents were pretty well versed in the game of bowls. Heads up, people – remember our motto is that it's not all about winning.

Round 5: Prior to the start of play, a moment's silence was taken as we called to memory our dear friend and fellow bowler for many years, Graham Moon who had recently passed away. The Club hoisted the flag to half-mast as a mark of respect.

It was Derby Day at the Hill and the two Pyramid Hill Teams Red and Blue) were lined up at the barrier nice and early eager to get into action. The course was in pristine condition, complete with the perfume from the surrounding rose bushes. When the gates opened for the start of play, Jan Leed's rink soon took control and set the pace early quickly adding multiple scores, so that even by the refreshment break (a fine selection of cakes kindly donated by Michael Arthur) they had an unassailable lead. Glen Atkins, as Lead, was showing the way with plenty of support from Rose Harris as Second and Kate Wood as Third against Bill Boyd's team comprising Lyn Claridge, Anthony Harris and Robyn Fidler. Their final surge to the finish line saw them even further in front than the winner of the Melbourne Cup, tallying a sweep of 36 shots to 9. I reckon that they might just enjoy the chocolate frog more than a bag of chaff! On the other rink it was a much tighter race with plenty of jostling for position. Joe Cauchi (Skip) mustered his herd Mari Miller, Dorothy Kaye and Michael with-the-arm-Arthur who all contributed in a very consistent manner keeping focussed on the finishing line. At the refreshment break they were just a nose in front of Marie Noelker's team which included Carmen the-conflict-of-interest Cauchi, Terry Stobaus and Ian Bartels. The lead changes kept flowing throughout the match and, with Marie's team drifting away from the rails in the final stages, Joe reined his players in to the narrowest of winning margins, a photo finish, 18-17 shots. It was a neck and neck encounter with no-one able to claim ascendency. It was consistency, paired with some accurate shoot-outs by Skip, Joe, that made the difference. In the wash-up it was rather nice that each team won a rink. That was good caring and sharing and a bit of a feel-good for everyone. Great sportsmanship and great attitude by all. Up the Hill!!

Saturday Pennant

Round 4

Division 1 succumbed to the might of the Cohuna team unfortunately not handling the strong, gusty winds with the same flair as their opponents. Everything looked set for a really good day, but the ghastly, ghostly breezes made the game less than pleasurable. The tricks and treats of Halloween fell favourably Cohuna's way. Lionel Mann's rink were the saving grace being the only rink to score a win, 18-16. Their two shot victory prevented a clean sweep allowing his players, Carmen, Joe and Fred to collect the Chocolate Frog Award. That was spook-tacular.

Marie Scott, with Marie Noelker, Glenn Atkins and Ian Bartels barely rattled the score board in their match. They were soundly beaten 6-26 by much better bowling by their opposing team that included two young lads who definitely showed their potential. Well done to them. It's great to see young ones taking up the sport – even if the little blighters out-bowled us. Jan Leed, Skip to Kate Wood, Bill Boyd and Rose Harris had a better contest on their rink despite being beaten 11-20. If nothing else they were competitive. The 35 -62 score was again indicative that we are weighing in way out of our league.

Division 3 Once again we were three players short to fill the side and had to draw on Substitute players. Thanks

to Cohuna who helped us out with some of their excess players. It's so much better playing with full sides than having to play short. Overall the Pyramid Hill side put up a genuine tussle against Barham especially due to the fact that several people were playing outside of their comfort zone. Well done to Michael Arthur's rink comprising George Godward, Sub player, Lyle and Chester Bennett. At the lunch break they were all tied up 13 apiece (was that spooky or what?!!). Then the hobgoblins intervened and they remained stuck on 13 for quite a few ends, only to finish the game 15-22 in arears. Lyn Claridge played Skip to Robyn Fidler, Sub player Cheryl, and Amy Dzufer. They also gave their opponents a good run for their black cat jubes. Had they not fallen foul on a couple of ends with high scores it would have been a much tighter score and in fact it made all the difference between the win and loss. They completed their game 15-26 down which was a good effort. Greg Tate's rink conceded five shots on the very first end, but then got into gear to level at 12 all on the 11th end. Obviously they got served the wrong plate of sandwiches because after the lunch break they stagnated until the final three ends by which time the Barham folk had cast their spell to lead 16-30. The overall tally 46-78 was a fair effort against the odds.

Round 5: Before we get to celebrate **a win by Division 1,** we must thank the Division 3 players who were scheduled with a Bye Round last Saturday and made themselves available to help out other Clubs who were experiencing player shortages. Well done, it was great that we were able to return some favours.

Division 1 headed to Leitchville were, as soon as the bowls bags were opened, the gale force, chilling winds whipped up. Naturally we were accused of bringing the winds with us; they just seem to be a Saturday regular occurrence or maybe they are just a regular bowls day occurrence. Well, wind or not (we'd prefer not) we settled into the battle of the two bottom teams. For the rink with Marie Scott (Skip), Marie Noelker, Glenn Atkins and Ian Bartels things began and progressed in a very dire fashion. They were totally being outplayed and even gifted six shot on one end. By the lunch break they were facing a twenty shot deficit and only managed to have one measly shot recorded on their side of the scoreboard. What a blessing that sandwich break can be at times! Their fortunes changed and they only lost three ends before time was called. Luckily they were able to claw back some ends and finish in arears twelve shots (29-13). Had it not been for expertise of the opposing Skip it could have been a much closer match. Jan Leed's team, comprising Jean Mann, Kate Wood and Rose Harris had the nail-biter for the day. They shared the number of winning ends and shared the gifting of six shots an end. At the lunch break they were neck-and-neck and at the end of the day they were still in the same position. The twenty-all draw put the match on a bit of a level, albeit slightly bumpy level, keel. There were certainly some great and strategic bowls played, and they can be proud of their efforts. Once again, Lionel Mann and his crew came to the rescue. In contrast to what was happening on rink 2, Lionel and co were matching the Leitchville contingency piling on their own score and restricting their opponents to that measly 1 shot. With Fred Schmidt in good form (even if it seemed the wind could blow him over), Joe and Carmen adding useful bowls, Lionel was able to lead his rink to a 24-4 advantage until they hit a bit of a snag losing five ends on the trot. It appeared that long ends didn't work in their favour. However a handy five shots on the last two ends were just the tonic that was needed for the overall win. They completed their match 29-12 shots in front – those last five shots were the difference in the overall tally, 62-57. The well-deserved chocolates went to that group of players. Well done! Sadly, we are still at the bottom of the ladder, but that just means the ladder is still there to climb. It might appear to be a barren victory, but this year we will take any victory and rejoice in it.

Other news:

- There are no Pennant matches this Mid-week due to State events.

- Next Saturday, 14th November, both Divisions play at home.

- **Sunday 15th November** we are hosting an **A/C 4s Tournament** with donations being made to **Echuca and Ballarat Cancer Wellness Centres** who support cancer patients and their families dealing with any form of cancer. Entries should be forwarded to Jan Leed or Lionel Mann. All members are asked to assist with the catering and operational duties to ensure that this event is a great success in support of this fundraiser.

- **Next dinner at the Victoria Hotel is scheduled for Thursday, 20th November.** Please indicate your intention to attend by contacting Marie N so that some ideas of numbers can be forwarded to the Victoria Hotel prior to the night which is timed for 6:30pm

- The Club will be holding a Christmas Hamper Raffle which will delight winners of either a monster or smaller hamper. All members are invited to donate items for the raffle and sell tickets. The raffles will be drawn on December 12th.

On the brighter side: Did you know that if you boil a funnybone, you get a laughing stock?!



Pyramid Hill Preschool AGM

Tuesday
17th November
at 7:30pm
At the Preschool,
67 Kelly St,
Pyramid Hill.

Did you know there is a parents committee for the Pyramid Hill Preschool?
There is not a huge amount of work involved, but some of the things we do include;
Fundraising, purchasing new equipment, uniform orders, grounds keeping, and liaising with Council and the educators when necessary.
We warmly invite the parents/carers of children enrolled at Preschool in 2027 to come along to our AGM and hear more about what is involved and to elect the new committee members for 2027.
Hope to see you there 🙂

In early 2027 we will start our Write About Life group. Here's a micro life story to start us off..

Bunnings today.
An older man and woman walking toward me with a two tiered trolley. On the smaller, upper tray, an old wire-haired Jack Russell stands like she's on the prow of a ship. He's put a green towel underneath, so she's not standing on the metal mesh.
I ask *'May I pat her? I have one at home..'*
He stops and lets me.

The dog starts panting, a little stressed so I just touch her shoulder lightly.
'She's old, 14. She's got dementia'. He says.
I tell him I had a dog with dementia too..
'She goes in circles, and then gets stuck in a corner and stays there until i move her..'
I tell him I understand, my dear old dog Tazio was the same.
'My wife too'.
I look at his lovely wife, smiling back at me and I feel tears spring into my eyes.

I put my hand on his arm and then we are hurried along, by someone trying to get past our bottle-neck, on their way to the garden section.

******

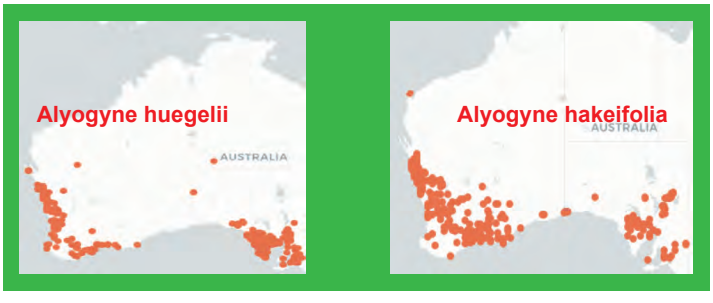
Sylvaterre
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Native Hibiscus



6 Varieties
5 Different Colours

Alyogyne huegelii - *Purple, Pink, White*
Alyogyne hakeifolia - *Yellow, Pink with Red centres*



In pots from $10 for 125ml (1litre) to $55 for 250mm (8litres)

Phone David: 0455 140 421

Neighbourhood House News

Hi Neighbours!

Another terrific workshop on the weekend with Alannah Cheshire. Nine of us got creative about farm animals, crops and.. there were a surprising amount of windmills being painted up! My windmill went on the wonk a little bit so I took a rag to my painting and scrubbed it out.. the result is a black and blue mess I called ***blue fury***! Not really on the given agriculture theme..We were joined by artists from Swan Hill who had a great time as well.

We will have a Christmas Craft session coming up in December - keep an eye on the Press, we aren't sure on exact date yet!

Beside my desk we have our planning document for the next 12 months, with all the programs we want to run!

First cab off the rank in 2027 will be our memoir writing workshop *'Write Your Life'*, we also have beeswax wraps, native plant workshops, felting, mosaics and youth art. We are also along the way with organising pasta making.. and trying to find facilitators for anything else we would like to try! Please do get in contact with us if you would like to host a group, a workshop or have a community gathering. We have such a lovely space now - it's so versatile! There's been a request for another Barista course and maybe facilitate RSA - who would like to update these skills?

Our renovations will also continue in 2027, we have plans to open up into our back yard and create an outdoor workshop space and improve our garden.

Neighbours - there's no stopping us now. I am so grateful we are headed in this new direction!

Well, having said that. I **am stopping** for a week and a bit at least! I am off to Brisbane and Hervey Bay today, and won't be back at work until Monday 23rd of November.

I have only been to Qld once before.. For two days.. and that my friends is a pretty wild story - I might write it up in our memoir workshops next year!

Apparently it will be raining the whole time I am up there this time.. *aaah Wet Season, I know nothing about how it all works..* I do hope I get a snorkel in though!

So while I am away Lizzie and Dr Ziggy will be holding down the fort! Well.. Lizzie will be holding down Dr Ziggy - or vice versa!

Our thoughts are with friends in hospital this week, and those who have lost an important friend and family member.

Until next Press..

Kim







PYRAMID HILL & KERANG
Millers Ag

Millers Ag and TJ Stockfeeds 2027 Calendar Image Search is on - see more details on categories in the Press. ENTRY DATE EXTENDED 1 DEC email: kaitlin.b@millerag.com.au



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CHELSEA MANUEL
Business Development Manager
0403 242 171



SANDY DEVINY
Sales Executive
0400 028 274



HOLLY EAGLES
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0423 366 623



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0432 700 151



CHARLY DELMENICO
Property Manager
0434 449 259



EMILY EDWARDS
Property Manager
0434 544 757



TAYAH BOX
Administration Assistant
0432 700 520 - (03) 4016 2005



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DEAKIN UNIVERSITY | DEAKIN INSTITUTE FOR PHYSICAL ACTIVITY & NUTRITION

Don't eat enough veg? Help us test a new app and vegetable box program!

About this study

Researchers at Deakin's Institute for Physical Activity and Nutrition are testing an app and vegetable box program to support vegetable intake.

You may get free veg boxes + up to $85 in vouchers!



Eligible participants:

- aged 18–35 years
- eat less than 5 serves of vegetables daily
- have access to a device with internet connection
- able to collect weekly boxes of vegetables from a veg hub
  - Badger Creek, Lang Lang, Poowong, Colac, Drysdale, Ocean Grove, Bendigo, Romsey, Lancefield, Castlemaine, Cohuna, Kerang, Harcourt, Echuca

What does the study involve?

- You will be asked to use a web / phone app for 18 weeks and may also be provided with weekly vegetable boxes during this time, the majority of which will be free.
- You will also be asked to complete online surveys about your experience.
- Up to $85 worth of vouchers available for your time.

How do I get involved?

Learn more at deakin.au/PlusOneServe or scan below:

Hort Innovation Frontiers®

This study has received Deakin University ethics approval (reference number: 2026/000290). The project (HN24006) is funded through Hort Innovation Frontiers with co-investment from Deakin University, the George Institute, the University of Sydney and contributions from the Australian Government.

Deakin Institute for Physical Activity & Nutrition
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ipan@deakin.edu.au

ipan.deakin.edu.au

Deakin University CRICOS Provider Code: 00113B

DRAFT - FOR COMMUNITY COMMENT

PYRAMID HILL
COMMUNITY AND BUSINESS DIRECTORY

EMERGENCY SERVICES

IN AN EMERGENCY CALL 000
Pyramid Hill Police Station 9 Victoria St 5455 7000
Nurse On Call 24 hr/7days general health advice 1300 606 024
Vic Emergency Hotline 1800 226 226
Vic State Emergency Service [SES]
Assistant for natural disaster 132 500

CRISIS SUPPORT

TIACS - tradies, truckies, farmer and blue collar counselling services
Call or text 0488 846 988
Beyond Blue - 24 hr counselling & suicide prevention 1300 22 46 36
Lifeline - 24 hr crisis counselling & suicide prevention 13 11 14
SMS 0477 131 114
Kids Helpline - 24 hr phone counselling (ages 5–25) 1800 55 1800
Orange Door - domestic violence support 1800 512 359
Rural Financial Counselling Services 1300 735 578

MEDICAL

Northern District Community Health
Pyramid Hill Mon–Fri, 9am–10am clinic or by appt 5455 7065
Kerang 5452 1366
Boort Medical Centre 5451 5220
Boort Hospital 5451 5200
Kerang Medical Clinic 5450 8060
Kerang Hospital 5450 9200
Cohuna Ochre Medical Centre 5456 2609
Cohuna Hospital 5456 5300
Bendigo Health 5454 6000
Dingee Bush Nursing Centre 5436 8309

PHARMACY

Terry White Chemmart .....
Pyramid Hill: Tues and Thurs, 10am–1pm 5455 7016
Cohuna 5456 2223
Kerang 5452 1010
Boort Community Pharmacy 5455 2044

COMMUNITY SERVICES

Pyramid Hill Neighbourhood House
Goldfields Library, Services Australia Access Point
and Community Transport Service 5455 7129

OTHER IMPORTANT NUMBERS

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COUNCIL AND ESSENTIAL SERVICES

Loddon Shire Council
Wedderburn & Serpentine offices 1300 365 200
Goulburn Murray Water 1800 013 357
Coliban Water 1300 363 200
24hr emergencies 1800 064 184
Powercor Electrical Infrastructure
Faults 132 412
Enquiries 132 206
Life Support Customers 1300 364 301

EDUCATION

Pyramid Hill College 5455 7377
Pyramid Hill Preschool 5455 7230
Cohuna Secondary College 5456 2555
East Loddon College 5431 4444
Boort District School 5455 2201

LOCAL BUSINESSES

Pyramid Hill News & Post 5455 7036
Pyramid Hill Store 0400 247 152
Miller Ag 5455 7306
Pyramid Hill Butchery 5455 7115
Pyramid Hill Bakery Cafe 5455 7035
The Coffee Bank 5455 7006
Victoria Hotel 5455 7391
Pyramid Hill Filipino Store 0428 890 188
Starcutz Hairdressing 0488 021 767
Pyramid Hill Op Shop ..... Tues - Fri 11 - 4pm
Finders Keepers Furniture Op Shop ..... Sunday 10 - 12pm

TRADES

Pyramid Hill Tyre & Auto 5455 7214
TAQ Mechanical 0407 577 279
Leersons Landscaping 0428 586 516
BJD Plumbing 0466 885 307
Kerrs Kitchens and Cabinets 4418 7100

ANIMAL CARE

Boort Vet 5455 2031
Cohuna Veterinary Clinic 5456 2666
Border Veterinary Service
Cohuna 5456 2709
Kerang 5452 2094
Stable Soles Hoof Care - Farrier 0428 601 048
Wildlife Care - Sue Robertson 0418 766 420
Mobile Sheep Dipping 0429 823 293