

# PYRAMID PRESS

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## Bulldogs in Bali

The biggest football tournament outside of Australia was played over the Kings birthday weekend at Changgu football stadium East Bali with many Pyramid Hill Bulldog past and present players suiting up with the Darwin Waratah Warriors.

The nine a side format has 3 different age groups, over 35's: Brad Driscoll; over 45's: Stuart Cooper, Adam Govers, Jayson Carroll; over 55's: Anthony Hoban, Shane Carroll, Paul Carroll, Bruce McCahon, Bruce Moon with Nigel Forster taking on an assistant coaching role.

The Waratahs team won all 3 divisions beating the Murray Bushrangers in the 55's, Bali Geckos in the 45's and Malaysian Lions in the 35's and didn't lose a game for the whole tournament which was a credit to their coaching and support staff.

The Waratah football club also had Jordie Carroll and Jessica Carroll play in the international women's game where the Allies defeated the local Bali Geckos team with Jess getting the goal of the day award.

*Pictured: Jordie Carroll and Jessica Carroll*

*Pictured: Over 55's Championship Cup Winning team.*



### Inside this edition:

Seniors Activities, School Holiday Program, Bus trip to Shepparton Art Museum, What's On, Church times, College Page, Utility Relief Grant - and Energy Assistance Program, Golf tournament, GMW update,

**Pyramid Hill Neighbourhood House**  
 43 Kelly Street | Tel: 5455 7129  
 Hours: Monday to Thursday 10am - 4pm  
**Submissions due Tuesdays | 3:00 PM**  
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Produced by the community and Pyramid Hill Neighbourhood House.



**REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS**

## WHAT'S ON

### Installing a Foghorn

Sunday | Mount Hope

### Pyramid Hill Memorial Hall AGM

Monday 13 July 7.30pm | Supper Room | All community warmly invited to attend.

### Lets Talk Women's Mental Health - Pyramid Hill

Women's Health Loddon Mallee | Thursday 9 July 1pm-2.45pm | Community Centre. Details on page 9

## REGULAR ACTIVITIES

### TUESDAYS

**Staying Strong Exercises** | Kelly Park Exercise Equipment | 9.30am - 10.30am \$5 per class

**Coffee and Catch Up** | 10:15 AM | All Welcome | Neighbourhood House

**Goldfields Library visit** | 11:30 AM | Neighbourhood House

### WEDNESDAYS

**Book Club** | 4:30 PM | FIRST Wednesday of each month. This month we are reading *Eleanor Oliphant is Completely Fine*

### Moderate Movers

12.30PM | Community Centre in McKay St | Bring a towel / exercise mat and a cold drink. **[not during school hols]**

### THURSDAYS

**Art Group** | 10.30 AM | informal crafty arty gathering | Neighbourhood House

**Card Sharks** | 2PM | Neighbourhood House [other games available too]

### FRIDAYS

#### Pyramid Hill

**Playgroup** | 10:00 AM | Preschool, 67 Kelly St [Storytime and activities once a month with Goldfields Libraries see Pyramid Hill Playgroup on FB for more details].

### SATURDAYS

#### Pyramid Hill Golf Trail Park Run

Saturdays | 7.45am for an 8am start at the Hill

### SUNDAYS

**Finders Keepers Op Shop - Furniture and Tools** 10am - 1pm next to the Store, Kelly St **TEMPORARY CLOSURE DUE TO MAINTENANCE**

## Seniors News

This Friday 26th June there will be a lunch with entertainment from the **Gay Charmers**. Come along and enjoy a meal and some music with friends, it all kicks off at 12 noon Community Centre



**Friday 3rd July** - games afternoon with refreshments.

**Pyramid Hill Senior Citizens AGM** will be held Friday 24th July at 1pm in the Community Centre

The purpose of the meeting is to nominate persons as a committee of Management. All positions will be declared open and nominations will be accepted prior to, or on the day.

*For further information or nomination forms please contact Terry on 0429843479.*

— PYRAMID HILL FOOTBALL & NETBALL CLUB —

# ANNUAL GOODS & SERVICES AUCTION

**Saturday 11<sup>th</sup> JULY** | **PYRAMID HILL Memorial Hall**

**DONATIONS NOW BEING ACCEPTED**

Goods, services or experiences - big or small, it all makes a difference to our club!

Contact **DAVID JAMES**

# PUBLIC NOTICES

The next edition of the Pyramid Press will be published **Thursday 9 July!**

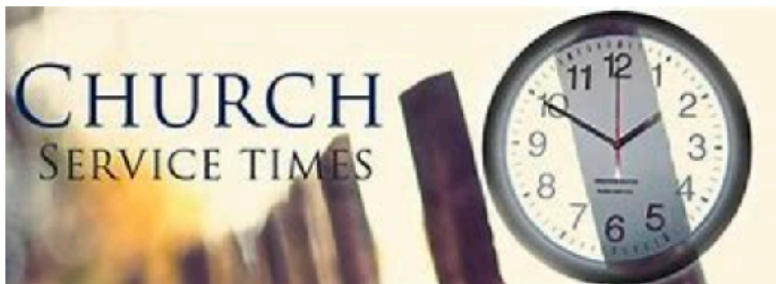
Get your stories and photos in to us at [pyramidhillpress@gmail.com](mailto:pyramidhillpress@gmail.com) by **Tuesday 7 July.**



FROM CHRIS, KIRSTY AND SIRI

## THANK YOU

TO ALL THOSE WHO CARED FOR JACK, SENT KIND MESSAGES, CELEBRATED JACK'S LIFE WITH US, CONTRIBUTED TO THE CELEBRATION AND SUPPORTED US. WE ARE VERY GRATEFUL FOR ALL YOUR CARE.



## Need some help keeping the heat on this winter?

**Relief grants** for paying overdue energy or water bills are available to low-income Victorians experiencing unexpected hardship.

You may be entitled to a **Utility Relief Grant** if you have a concession / health care or veterans affairs card. Contact Department of Families Fairness and Housing on 1800 658 521

You could also call the Energy Assistance Program to help you find talk to the power companies to get the best deal.

### **ANGLICAN CHURCH—Durham Ox Rd Pyramid Hill**

- 1st Sunday of each month join with the UCA at Tyndale Church at 10.00am
- 2nd Sunday 9.00am HC at St Thomas' Anglican Church
- 3rd Sunday join with the UCA at Tyndale Church at 10.00am
- 4th Sunday 11.00am HC at St Thomas' Anglican Church

Enquiries: Rev Sue Allen 0417 365 386  
Bill Boyd 0448 219 457

### **CHURCH OF CHRIST—Kelly St Pyramid Hill**

Every Sunday at 11.00am  
Enquiries: June Smith 0438 062 646

### **ST PATRICK'S CATHOLIC CHURCH—Victoria St Pyramid Hill**

Saturday Mass 6.30pm each week  
Wednesday Mass 6.00pm each week  
Enquiries: Contact Kerang Presbytery 5452 1041

### **TYNDALE UNITING CHURCH—Victoria St Pyramid Hill**

1st Sunday of each month 10.00am at Tyndale Church  
2nd Sunday 9.00am join with Anglicans at St Thomas' Church  
3rd Sunday 10.00am at Tyndale Church  
4th Sunday 11.00am join with Anglicans at St Thomas' Church  
Enquiries: Rev'd Mark Boyce 0402 906 780

### **PYRAMID HILL KIDS ROCK—for all school-aged children**

Every second Tuesday during term 3:30-5:00 PM  
Uniting Church Enquiries: Robyn 0427 561 973

**THE ENERGY ASSISTANCE PROGRAM**

 1800 161 215

Or come into Neighbourhood House for a chat about what other supports might be available.

**HELP!**  
Do you sew, or would you like to come in to Neighbourhood House and sew some **DOOR SNAKES** to give out to those living in drafty homes?



## GMW Summit puts water security and future planning in focus

Water security, the Murray-Darling Basin Plan Review, and the critical role of irrigation in northern Victoria were key issues raised at last week's Goulburn-Murray Water (GMW) Customer Committee Summit.

The Summit, held on June 9 in Kialla, brought together members of GMW's seven Customer Committees with Board Directors and staff, to share firsthand insights and help shape future priorities.

Customers identified water security as a key concern, particularly in the context of drier conditions and reduced inflows. There was also strong interest in the Murray-Darling Basin Plan Review, with support for GMW continuing its advocacy ahead of the Commonwealth's Water Act review.

Committee members emphasised the importance of water availability to support agriculture, food production, and the long-term strength of regional communities. They also highlighted the need to work closely with local government on land use planning to ensure water and infrastructure are directed where they deliver the greatest value.

The Summit also provided early input into GMW's 2028 Price Submission, helping shape future service priorities and identify opportunities to improve efficiency and transparency.



GMW Chair Justin Hanney said customer input was critical to responding to changes in the water sector.

"Customer Committees give us a direct line of sight to what's happening on the ground and where the pressure points are for customers and communities," Mr Hanney said.

"The Summit was an excellent way to bring together GMW's 60 plus Customer Committee members from across the region to present their experiences and views.

"This kind of direct input is essential.

It shapes our priorities and how we deliver services."

"The Summit allowed GMW Board Directors and the Executive to listen, consider and discuss important matters with committee members. It was also a great opportunity to have incoming Managing Director Steve Capewell in attendance, ahead of his official start with GMW in July.

"The event was held at the Woolshed @ Emerald Bank in Kialla and it was noted by

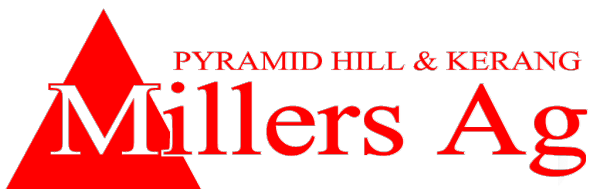
attendees how great a venue it was for open discussion and connection."

Attendees also heard from speakers from DEECA, Agriculture Victoria, and GMW on seasonal outlooks, water availability, policy reform, and future water market demand.

**Learn more:**

To learn more about GMW's Customer Committees, visit:

[www.g-mwater.com.au/about/gmw-customer-committees](http://www.g-mwater.com.au/about/gmw-customer-committees)



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We are closed for a few weeks whilst we have an upgrade to the shed. You might have seen the works already? We are getting new floor laid down!

Thanks to Mawson's Quarry, Pyramid Hill, who are donating the material and to Leerson's Landscaping for doing the works.

We hope to be back and running on Sunday 12 July, 2026

Why not take advantage of this time and sort through your house, shed, garage and backyard for things to donate to us?

We gratefully receive just about any large item particularly furniture and tools in good condition. (We don't take damaged mdf or chipboard, mattresses, ensemble bases, childrens' toys and equipment).

Proceeds go back into our community. So far we have supported events and games at the swimming pool, bought some storage shelves for Progress's marquees and .... (drum roll) we are just about to buy a vital signs machine for our community nurses at NDCH Pyramid Hill.

*Temporarily Closed*



### Golf Club Championships Update

We are through the second round of the Club Championships, with close contests taking place in both A and B Grade.

In A Grade, Steve Gibson currently leads with a score of 157, closely followed by James Ritchie on 162.

In B Grade, Caleb Smith is leading with 175, with Jed Stewart (177) and Blake Gibson (179) right behind him.

The final round is coming up this Sunday, so good luck to all those competing. We would also like to thank everyone who has been working hard to prepare the course and ensure it is in great condition for the championships

Pyramid Hill Neighbourhood House

# KIDS HOLIDAY PROGRAM

Book In: 54557129

\*adult supervision required for children under 10

**TUESDAY 30TH JUNE**  
12.00 - 1.30PM STOP MOTION ANIMATION WITH POLLY FROM GOLDFIELDS LIBRARY!

**WEDNESDAY 1<sup>ST</sup> AND 8<sup>TH</sup> JULY**  
10.30 - 12.30 SLOW STITCHING  
CREATIVE FABRIC CRAFTING

**THURSDAY 2 JULY**  
10.30 - 12.30 FRIENDSHIP BRACELETS

**TUESDAY 7<sup>TH</sup> JULY**  
1.00-3.30 CUPCAKE DECORATING



**THURSDAY 9 JULY**  
10.30 - 12.30 AIR DRY CLAY





**SAVOUR THE MOMENT**

Extensive breakfast menu, hot and cold lunch, homemade pies, pasties and sausage rolls, hot and cold drinks, homemade cakes and slices, large range of local produce, school lunch orders on Fridays, catering available, bulk buy homemade freezer, fresh sourdough bread baked daily.

**NEW HOURS**  
 Monday - Friday 5am - 5pm  
 Saturday - Sunday 6am - 3pm

**PHONE: 54557006**



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- ☎ **Adam: 0429 807 318**
- ☎ **Drew: 0401 186 155**

**PYRAMID HILL RECYCLE CENTRE & TIP**  
 Ballast Road Pyramid Hill

Opening Hours Tuesday - 1pm-5pm and Sunday - 8am-12pm  
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**Claire 0429 922 780**



**APPOINTMENTS PHONE: 5451 5220**

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# Pyramid Hill College

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## Soccer Tournament

*A Winning Day on the Pitch!*

Our PHC students put on an outstanding display of teamwork, determination, and sportsmanship at the recent soccer tournament in Bendigo. With a couple of impressive wins, the team finished second in their pool and represented the school with pride. Congratulations to all players on a fantastic effort and a memorable day of football!



## Year 9/10 Melbourne Camp

*Three Days of Adventure and Discovery*

From exploring Melbourne to enjoying exciting activities and building lasting friendships, our Year 9/10 students had an unforgettable three-day camp experience. The camp was filled with fun, learning, and opportunities for personal growth. It is indeed a memory that will last a lifetime!





Pyramid Hill College  
Respect ● Learn ● Community

**Where Kids Feel Safe, Valued and Inspired**

# OSHC

OUTSIDE SCHOOL HOURS CARE

**OUR SERVICES**

Monday, Tuesday, Wednesday & Friday

After School Care: 3:20 – 5:30pm

Afternoon Tea provided.



**ENROLMENTS AND BOOKINGS**

Please contact Fiona Moon or Joy Colvin at Pyramid Hill College office.

**FUN LEARNING ENVIRONMENT**

## QUICK Updates

**June 26** Last day of School(Term 2)  
2:30pm finish

**July 13** First day of School(Term 3)

*Save the Date*

**Pyramid Hill College**

**150<sup>th</sup> Birthday Celebrations**

**NOVEMBER 6 and 7, 2026**

<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
5	6	7



(03) 5455 7377



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## **MEDIA RELEASE**

**TITLE:** Positive result, but still work to be done

**FURTHER INFORMATION:** (03) 5494 1250, email: [comms@loddon.vic.gov.au](mailto:comms@loddon.vic.gov.au)

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19 June 2026

Loddon Shire Council has received and acknowledged the results of the 2026 Community Satisfaction Survey.

The annual survey of 500 local residents shows another improvement in Council's scores, with the Overall Performance index at 63, up from 58 last year and 53 in 2024.

That rates six points above the statewide average and three points above the Small Rural group of shires that Loddon is compared with.

Council has either performed in line with or significantly higher than the statewide and Small Rural group averages on all service areas evaluated.

The three top performing areas were Appearance of Public Areas (76, up from 71 in 2025), Waste Management (75, up from 72) and Recreational Facilities (75, up from 72). Customer Service saw a significant jump up to a score of 73 (up from 66) to be among Loddon's highest rating performance areas.

Council was also statistically higher than the Small Rural and statewide averages for Overall Performance, Value for Money, Overall Council Direction, Appearance of Public Areas, Lobbying, Consultation and Engagement, Community Decisions, Sealed Local Roads, Waste Management and Recreational Facilities.

Loddon Shire's lowest performing areas from the 2026 survey remain consistent with previous years – Unsealed Roads (index score of 46, but up 10 points from 2025), Planning and Building Permits (index score of 47, up from 44) and Sealed Local Roads (51, also up 10 points on 2025).

Loddon Shire Mayor Dan Straub said while the continued improvement was pleasing, there was still plenty of room to get better.

"Over the years we have put a lot of effort into improving the areas identified by our community as being of concern," he said.

"These results show it is paying off but there is always improvement to be made and we will continue to work on that."

### **About the Community Satisfaction Survey**

Required annually by the Victorian Government and this year administered by JWS Research for Loddon Shire Council, the Community Satisfaction Survey asks the opinions of

local people about the place they live, work and play and provides confidence for councils in their efforts and abilities.

Now in its twenty-seventh year, this survey provides insight into the community's views on:

- Council's overall performance, with benchmarking against State-wide and council group results;
- Value for money in services and infrastructure;
- Community consultation and engagement;
- Decisions made in the interest of the community;
- Customer service, local infrastructure, facilities, services; and
- Overall council direction.

When coupled with previous data, survey results provide a reliable historical source of the community's views since 1998.

A total of 500 people were surveyed in Loddon Shire – 7.9 per cent of the population aged 18 or older – including 94 in Boort Ward, 163 in Inglewood Ward, 9 in Tarnagulla Ward, 105 in Terrick Ward and 129 in Wedderburn Ward.

About 57 per cent of the survey respondents had contact with Council in the past 12 months.

Of the total respondents, 53 per cent were aged 65 and over, 26 per cent between 50-64 years, 13 per cent between 35-49 and 8 per cent between 18-34.

The weighting in age groupings is matched as closely as possible to the demographics of Loddon Shire according to the most recent Census data.

The survey was carried out in three waves between August 2025 and March 2026.

It can be read in full (as can previous surveys) on the Loddon Shire Council [website](#).

# Let's Talk Mental Health Pyramid Hill

Women's Health Loddon Mallee invites women and gender diverse people in Pyramid Hill to participate in a free health education session



## 'Let's Talk Mental Health' will cover the following topics:

- Understanding what influences our mental health & wellbeing
- Barriers to talking about mental health
- Where to get support and what's available locally
- Tips and tools for mental health maintenance

**DATE + TIME:** Thursday 9th July 1:00pm-2.45pm

**VENUE:** Pyramid Hill Community Centre, 8/10 McKay St, Pyramid Hill

**FREE** – Light Refreshments provided

**REGISTRATION:** Let's Talk Mental Health Pyramid Hill

### DATE AND TIME

July 9, 2026 – 1:00 pm– 2:45 pm

### ORGANISER

Women's Health Loddon Mallee

### COST

FREE

### PHONE

0354430233

## PHFNC Notes

### Pyramid Hill v Inglewood

It was great to see the Under 14s performing again on home soil. In a free-flowing and entertaining clash they unfortunately went down 2-1-13 to 4-5-29. The Stewart Farms Award went to Prince Carl Hendricks Sibayan

The recent wet conditions made things challenging, but that didn't stop the Bulldog Pups from putting in an excellent performance against Inglewood. Ty, Harley, Cohan, Matthew Caspani (Carroll Family Award), Mason Milroy (Good Sports) and Kobi were outstanding in the backline, intercepting and rebounding strongly to provide Jaxon, Daemon, Oscar, Jett and Baxter with plenty of scoring opportunities, which they capitalised on. Jack Gould (Mr Morison Award), Jack Buckley (Victoria Hotel Pizza), Ewan and Jacobi Mitchell (Stewart Farms Award), worked tirelessly through the midfield all day with very little rest. Jack Gould kicked his first goal for the Pups, while Jett took a fantastic mark and finished truly. Oscar was a livewire up forward, finishing accurately, while Buck and Mason also contributed strongly on the scoreboard. Jacobi played an excellent tagging role, while Matthew and Ewan were their consistent selves, continuing to provide great effort and leadership across the ground.

The Pups narrowly went down but should be extremely proud of their effort, determination and

the way they continue to improve each week. A big thank you to all the volunteers and supporters.

The Bulldogs Reserves came up against a well drilled Inglewood side and battled away for four quarters.

We got blown out of the blocks early but after half time, our boys gave a great challenge to one of the league's best. Adapting and refining some areas of our game gave us a great platform during the second half. Our boys did an awesome job and look forward to transition from a good half of footy to a four-quarter effort. O'Connor's Connors Player of the Match went to Patrick Monaghan. Patrick would have leather poisoning and was able to hit the scoreboard as well. Jett Hird (National Hotel) was able to attack the footy and provide our team with run and carry. On his birthday, Greg Quinn (Good Sports) was able to provide us with leadership and a target going forward. Other key contributors were Anthony Free (Victoria Hotel), Jake Brand, Nick Simpson and Mark Battiscomb. Today we tackle another finals competitor and will see where we are at compared to the benchmark of the league.



Our Senior team were able to record a hard-fought win, with the half-time lead that they had established basically being the final margin. The first 3 terms were all won, but to their credit Inglewood were still pushing hard in the final term, and finished the match with more scoring shots. Jhye Baddeley/Kelly (9 goals), was again at his elusive and creative best, and fully capitalised on the supply provided by Jim Sala (Victoria Hotel) and Benny Knight (National Hotel). Brodie Carroll and Will Perryman were welcome inclusions and worked effectively over all 4 quarters. Others to come under

notice were the first game duo of Jayden Dick and Tom Downie. The Bulldogs fans and supporters are asked to keep in mind our very popular Goods & Services Auction that occurs on July 11 after the Marong game. All donations can be forwarded to David James.

*Remember, if we arrive safely, everyone wins. #Bulldogs2026*



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## NETBALL

### Round 9 vs Newbridge

**M13 & Under** - The girls got some good goals when playing Newbridge. We didn't have the best first quarter, but we managed to get some goals in, the second we got more goals and started to get our heads in the game. The third we continued to improve and find a groove; we picked up our defensive pressure and created more space. The fourth was our best one. We got a lot of goals, and our defence was strong. The result didn't go our way, but it was a good game overall.

#### **Pyramid Hill 14 def by Newbridge 37**

*Graeme Hayes Award: Jaida Dehne & Pyramid Hill Store Award: Alice Roberts.*

**15 & Under** – This week's game was always going to be a hard game, as we were up against the top of the ladder, the girls worked hard and never gave up. We improved with each quarter by getting intercepts and chasing the ball. Bit to work on this week at training but keep up the hard work! Was a great game overall, better luck next week.

#### **Pyramid Hill 6 def by Newbridge 67**

**17 & Under** – After a slow first quarter, our 17&U girls found their rhythm, improving their passing and working hard to shut down the space and apply pressure. A speedy second quarter sparked a huge turnaround, turning a 2-goal deficit into an 8-goal lead at half time. Strong midcourt pressure in the third forced turnovers, before the girls stuck to their systems to bring home a great win.

#### **Pyramid Hill 34 def Newbridge 18**

*Graeme Hayes Award: Dempsey Lee & Pyramid News & Post Award: Abby Vine*

**B Res** – The girls had an outstanding game!!! It was tight the whole game, goal for goal. Unfortunately, due to a few turnovers, Newbridge were able to run away with a 6 goal lead. Marley, Sarah and Keeley were outstanding in defence the whole game, creating so many turnovers especially off rebounds. BJ and Chels did an awesome job feeding the ball, working it down through the centre court. Claire and both the Mikayla's shots were outstanding! We just weren't able to get it over the line. The girls have really come together and it's showing in their game. Next time we'll get them.

#### **Pyramid Hill 41 def by Newbridge 47**

*National Hotel Award: Keeley Forster*

**B Grade** – Apart from the rain and the score, we were able to hold our own against Newbridge. Everyone kept going and going till the very end,

putting up the best fight we could! Great job Doggies and with more training, we'll 100% get them next time!!

#### **Pyramid Hill 18 def by Newbridge 58**

*Victoria Hotel Award: Chelsea Mann*

**A Res** - Pyramid Hill faced Newbridge in a game that was much tighter than the final scoreline suggests, with plenty of hard-fought passages. A big well done to juniors Cecily and Alina, who stepped up confidently and made valuable contributions across the court. Both girls showed great composure and effort, fitting in well with the team. Best on court was Trish, whose strong and consistent performance stood out. Plenty to take from the game, with a great team effort providing a solid foundation to build on in the weeks ahead.

#### **Pyramid Hill 29 def by Newbridge 45**

*Victoria Hotel Award: Trish Soulsby*

**A Grade** - It was a fantastic team performance from the A Grade side, with every player stepping up and playing their role to contribute to a well-deserved 6 goal win against Newbridge. In the shooting circle, Trinity and Darci were all class, combining beautifully and converting opportunities with confidence and accuracy. Their movement and composure under pressure provided a strong target throughout the game. The defensive end also deserves plenty of credit for their efforts. Their relentless pressure made it difficult for the opposition attack to transition smoothly down the court, disrupting the flow. The determination shown by the group was outstanding and were rewarded with a strong and deserved victory. Proving we are on the way up towards the second half of the season.

#### **Pyramid Hill 48 def Newbridge 42**

*National Hotel Award: Trinity Keath*

### Round 10 vs Inglewood

**Minis** – Was a great game played by the team this week, we were able to get lots of intercepts, Inglewood showed some great fight and it was a great contest between both teams.

*Alcharinga Award: Isla Hamilton & Lorraine Dingwall Award: Trisha De Guzman*

**13 & Under** – First quarter the girls started off a bit slow unable to score a goal but luckily our defence end worked hard to keep Inglewood only to 3 goals, after a regroup at quarter time the girls came out firing and played our best netball in the second quarter which gave us the

lead and set us up for the rest of the game, we continued to keep the lead and play some awesome netball. Everyone tried hard throughout the game and didn't stop until the final whistle. Awesome game girls! Your hard work and commitment to training is paying off!

### **Pyramid Hill 15 def Inglewood 7**

*Graeme Hayes Award: Lilly Broad, Pyramid Hill Store: Olivia Scott & Stewart Farm Award: Matilda Mowat*

**15 & Under** – It started with a cold morning. The girls worked hard putting a lot of pressure on Inglewood for most of the game. Was a close game for 3 quarters until in the last quarter the girls found their groove and were able to gain a comfortable lead and come home with the win. Great game girls!

### **Pyramid Hill 25 def Inglewood 19**

*Coffee Bank Award: Ava Threlfall, Mitchell Wool Award: Ruby Cooney & Stewart Farm Award: Bella Vine*

**17 & Under** - The girls got off to a strong start and maintained their momentum throughout the entire game. They displayed great teamwork, moving the ball confidently down the court. Our defensive pressure resulted in several turnovers, and we took advantage converting them into goals. The goalers were accurate and composed under pressure. In what was a physical and hard-fought contest, the girls held their own and continued to play with determination and sportsmanship. Well done girls, a well-deserved win!

### **Pyramid Hill 42 def Inglewood 21**

*Graeme Hayes Award: Cecily Farrar, Pyramid Hill News & Post: Laura Poole & Pyramid Hill Café Award: Leila Cooney*

**B Res** - The Pyramid Hill Bulldogs took on Inglewood today in what proved to be a physical and hard-fought contest. From the first whistle, our defensive end was a standout, applying strong pressure and making it difficult for Inglewood to settle. Sarah and Marley were relentless in defence, combining for plenty of intercepts and turnovers throughout the game. Our midcourt worked tirelessly to transition the ball down the court, linking strongly between defence and attack and creating plenty of opportunities in the goal ring. BJ was a standout through the middle, putting together an outstanding performance in both Centre and Wing Attack, using her speed and vision to keep the play moving. Down the other end, Mikayla G was impressive in the goal ring, shooting accurately from long range and keeping us in the contest with her consistency. Both

goalers worked tirelessly in the ring against strong defenders. It was a tough and rough game across all four quarters, with both teams bringing plenty of intensity. A special mention goes to Under 17s player Sophie Twigg, who stepped up into the Centre position, showing composure and determination. Unfortunately, despite a strong team effort, Inglewood's defensive pressure proved too strong in the end, with the Bulldogs going down 45–26. While the result didn't go our way, it was a great team performance with plenty to be proud of.

### **Pyramid Hill 26 def by Inglewood 45**

*National Award: BJ Donat*

**B Grade** – Pyramid Hill put together a strong and consistent performance against Inglewood. It was goal-for-goal for most of the match, with both teams sticking to their game plans and working hard across the court. Unfortunately, we fell just short in the final five minutes, but the girls should be proud of their effort and determination. It was a well-fought contest right through to the final whistle. Well done, girls!

### **Pyramid Hill 31 def by Inglewood 39**

*Victoria Hotel Award: Kaity Broad & O'Connors Award: Kelly Gould*

**A Res** - Our A res girls had a slow start against Inglewood, with Inglewood scoring the first three goals. Shaz and Trish were able to create a few turnovers and Gem and Teags were able to convert the opportunities. Half time saw the game still close, but with midcourt pressure and Mia and Lauren feeding the goalers beautifully we were able to increase our lead and come away with the win.

### **Pyramid Hill 42 def Inglewood 33**

*National Hotel Award: Lauren Driscoll*

**A Grade** - We were determined to redeem ourselves after our previous loss to Inglewood. Unfortunately, they got off to a strong start and established a four-goal lead in the opening quarter. The second quarter was an even contest, leaving the margin unchanged at four goals at halftime. Heading into the final quarter, we found ourselves 11 goals down. To the team's credit, we produced a fantastic last-quarter effort, lifting our intensity across the court and clawing our way back into the contest. Our defenders worked tirelessly against a challenging tall opposition and created turnovers, helping reduce the margin significantly. Despite our strong finish we had left ourselves with too much to do and fell just short, going down by two goals.

### **Pyramid Hill 49 def by Inglewood 51**

*Victoria Hotel Award: Imogen Broad*



## MintBush Majesty

Prostanthera (Mint Bush) are aromatic heavy flowering native shrubs ranging in size from groundcovers to large shrubs.

There are more than 100 different species of Prostanthera in Australia many of which do exceptionally well in the Pyramid Hill Climate.

At Sylvaterre Nursery we currently have 9 of the best Mint Bush species for local gardens.

### Round-Leaf Minth Bush / Native Oregano

Fast growing shrub to 1.5m x 1.5m, Frost hardy, drought tolerant, covered in purple flowers during spring/summer

### Pink Mint Bush

Pink Mint Bush produces stunning pale to deep mauve flowers, often tinged with purple or blue, that bloom primarily in spring. Frost & Drought tolerant.

### Hairy Mint Bush

Spreading shrub, 40cm-2m tall x 2.5m wide. Strongly aromatic foliage. Purple/mauve flowers in spring.

### Scarlet Mint Bush-Yellow Variant

Compact shrub to 60cm x 60cm. Yellow tubular flowers in spring. Aromatic foliage. Well-drained soil in full sun or part shade. Drought and frost tolerant.

### Balm Mint Bush

A fragrant Victorian native shrub with pink flowers in spring and aromatic foliage. Ideal for borders, pathways, and low to medium screens. 1-2m x 1-2m Frost and Drought tolerant.

### Mountain Mint Bush

Small shrub / groundcover up to 50cm x 80cm. White flowers with a mauve centre from September to February. Hardy plant in a well drained semi shaded position. Very showy in flower.

### Piggyback Mint Bush

Upright bushy shrub, 1.5-2m high x 1.5m wide. Aromatic, dark green foliage and tubular deep pink flowers from Autumn to spring.

### Variegated Mint Bush

Medium-sized shrub to 2m tall x 1.2m wide with aromatic, variegated leaves and purple flowers in spring and summer. Responds well to pruning and suitable for hedges and topiary.

### Blotchy Mint Bush

Rare Victorian plant 1-2m x 1m unusual strirated flowers from Autumn to Spring. Full sun or part shade in well drained soils. In hot dry districts shade and supplemental water is beneficial in summer.

***In pots from \$10 for 125ml (1litre) to \$45 for 250mm (8litres)***

## Neighbourhood House News

Hi Neighbours!

There's a good deal of you coming to see me for help with the **Rego Rebate**. Keep coming in - I am happy to help. I do want to encourage you to have a look to see if your phone has the Services Victoria app on it - if it does - it's a quick 5 minute job you might be able to do yourself..!

We had an awesome **Biggest Morning Tea!** On the day we had \$394 donated! We were all so happy with the event - and thank all that donated items for the raffle, cooked and supported the event. It was great fun.

Just a side note.. Sue Varns had one job - to be an impartial raffle drawer for one raffle draw... and she PICKED HER OWN TICKET!! Lucky it wasn't the Melbourne Cup or a Steward would have been called to check the processes..haha!

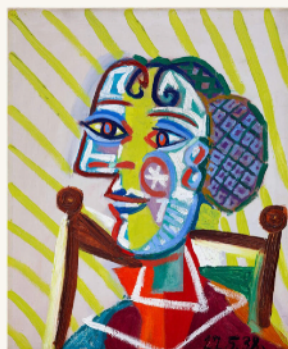
Nobody has asked me for my sardine & egg pate recipe..

We had a meeting with Leah and Helen about Pyramid Hill's response to floods in the last decade and a half.. Council are keen to work with each of the Loddon communities affected by the three big floods - and create an artwork to commemorate. We've got our foot in the door there - but more talks will be scheduled in time...

It's School Holiday time again! We'd love you to book your young ones in for the fun activities we have coming up in the next two weeks. Starting with the Stop Motion Animation on Tuesday 30 June!

More workshops are headed our way over the next few weeks..

FACING MODERNITY:  
**DEGAS**  
to  
**PICASSO**  
FROM THE  
AUCKLAND ART GALLERY  
TOI O TĀMAKI



**Degas to Picasso** is a the fantastic new exhibition from Auckland Art Gallery, which will be shown in Australia only at Shepparton Art Museum until 20 September.

SEEKING **EXPRESSIONS OF INTEREST** FOR A BUS TRIP TO SEE THIS EXHIBITION FRIDAY 7 AUGUST - contact Neighbourhood House! 54557129 cost[tbc] approx \$35 - \$45 [con/full price - exhibition and transport costs only]



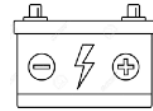
### MOBILE SHEEP DIPPING

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Mobile: 0429 823 293

### PYRAMID HILL COMMUNITY OP SHOP

Opening hours  
**Tuesday to Friday**  
**11:00 AM - 04:00 PM**

5 Kelly St, Pyramid Hill



### Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off to **Trevor McIntosh in McKay Street**



## Northern District Community Health

Services located in Kerang, Cohuna, Boort, Pyramid Hill, Quambatook and Swan Hill

#### Services Available:

Medical Clinic | Allied Health | Community Health Nurse | Community Care |  
Community Support | Health Promotion

#### Community Health Nurse Services Include:

- Take blood/pathology samples
- Wound care
- Chronic disease support
- Palliative care
- and more!

#### Allied Health Services Include:

- Occupational Therapy
- Chronic Disease Management
- Podiatry & Footcare
- Diabetes Education
- Speech Pathology
- Dietitian

#### Main Office (Kerang)

- 📍 24 Fitzroy Street, Kerang
- ☎ 03 5451 0200
- 📅 Mon - Friday | 8:30am - 5:00pm

#### Kerang Medical Clinic

- 📍 34 Fitzroy Street, Kerang
- ☎ 03 5452 1366
- 📅 Mon - Friday | 8:45am - 5:00pm

#### Pyramid Hill (Community Centre)

- 📍 6 - 10 McKay Street, Pyramid Hill
- ☎ 03 5455 7065
- 📅 Mon - Friday | 9:00am - 10:00am (other times by appointment)



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