

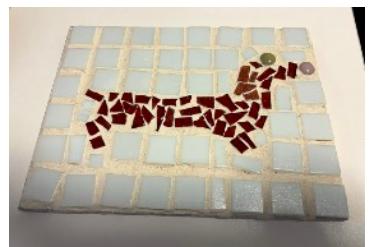
PYRAMID PRESS

Subscribe to receive the Press in your Inbox each week, at www.pyramidhillhouse.org.au

PHOTOS FROM AROUND THE GROUND LAST WEEKEND.. PYRAMID V INGLEWOOD.



Mosaics completed in the Neighbourhood House Kids School Holiday Program



Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Monday to Thursday 10am - 4pm **NEW HOURS** AS of 16 JUNE**

Submissions due Tuesdays | 3:00 PM

Email: pyramidhillpress@gmail.com

Digital copies: facebook.com/PyramidHillHouse

Subscribe to the Press: pyramidhillhouse.org.au

Produced by the community and Pyramid Hill Neighbourhood House.



REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS

WHAT'S ON

Mount Hope AGM - all positions vacant

Sunday | Mount Hope

Echuca Winter Blues Festival | 24 - 27 July

Multiple artist over multiple venues. Warm up your weekend with some awesome music <https://winterblues.com.au/>

Foodshare at St Pats Church

4.30pm 19 August, 16 September, 21 October, 18 November, 16 December *gold coin donation, bring a bag

Pyramid Hill Golf Trail Park Run

Saturdays | 7.45am for an 8am start at the Hill

NDCH - Nurse Practitioner Visit.

Book in to see Yvonne on these dates:

14 August | 4 & 25 September | 16 October | 6 & 27 November | 18 December

Call NDCH Medical clinic 54521366 to book or ask the community nurses to arrange an appointment

Chocolate Starfish - Bat Out of Hell.

Ulumbarra Theatre 7.30pm | 9 August | \$79

REGULAR ACTIVITIES

TUESDAYS

Staying Strong Exercises | Kelly Park Exercise Equipment | 9.30am - 10.30am \$5 per class

Coffee and Catch Up | 10:15 AM | All Welcome | Neighbourhood House

Goldfields Library visit | 11:30 AM | Neighbourhood House

WEDNESDAYS

Moderate Movers exercise group | 9 AM | Pyramid Hill Memorial Hall Supper Room | BYO exercise mat or towel

Book Club | 4:30 PM | last Wednesday of each month. ONE VACANCY in this group!

THURSDAYS

Art Group | 10.30 AM | informal crafty arty gathering | Neighbourhood House

FRIDAYS

Pyramid Hill Playgroup | 10:00 AM | Preschool, 67 Kelly St [Storytime and activities once a month with Goldfields Libraries see Pyramid Hill Playgroup on Facebook for more details].

The skills you already have, can help you make a positive impact as a Prison Officer.

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PUBLIC NOTICES



ANGLICAN CHURCH—Durham Ox Rd Pyramid Hill

1st Sunday of each month join with the UCA at Tyndale Church at 10.00am

2nd Sunday 9.00am HC at St Thomas' Anglican Church

3rd Sunday join with the UCA at Tyndale Church at 10.00am

4th Sunday 11.00am HC at St Thomas' Anglican Church

Enquiries: Rev Sue Allen 0417 365 386
Bill Boyd 0448 219 457

CHURCH OF CHRIST—Kelly St Pyramid Hill

Every Sunday at 11.00am

Enquiries: June Smith 0438 062 646

ST PATRICK'S CATHOLIC CHURCH—Victoria St Pyramid Hill

Saturday Mass 6.30pm each week

Wednesday Mass 6.00pm each week

Enquiries: Contact Kerang Presbytery 5452 1041

TYNDALE UNITING CHURCH—Victoria St Pyramid Hill

1st Sunday of each month 10.00am at Tyndale Church

2nd Sunday 9.00am join with Anglicans at St Thomas' Church

3rd Sunday 10.00am at Tyndale Church

4th Sunday 11.00am join with Anglicans at St Thomas' Church

Enquiries: Rev'd Mark Boyce 0402 906 780

PYRAMID HILL KIDS ROCK—for all school-aged children

Every second Tuesday during term 3:30-5:00 PM

Uniting Church Enquiries: Robyn 0427 561 973

SENIOR CITIZENS

Senior Citizens will be held every Friday from 1pm - 3pm in the new Community Centre.

Come along for a cuppa, a chat and play some games.

On the fourth Friday of each month we come together for a meal commencing at 12 noon.



SENIOR CITIZENS 'CHRISTMAS IN JULY'

We will be celebrating Christmas in July this Friday 25th July in the Community Centre at 12 noon.

Come along dressed in your Christmas cheer and have some fun.

If you would like to attend a meal please call Terrence on 0429843479 or Lyn on 0428564006 for catering purposes.

TRAIN/COACH MELBOURNE TO PYRAMID

Monday – Friday

Dep Melb	Dep Bendigo	Arrive Pyramid
07:39 AM	10:00 AM	11:09 AM
06:08 PM	08.26 PM	09:34 PM

Tuesday and Thursday (Need to book on Thursdays)

01:06 PM	TUE 03:09PM	04:29 PM
	THU 03:10PM	04:29 PM

Friday Only

07:08 PM	09:10 PM	10:25 PM
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Saturday & Sunday Only

07:40 AM	10:00 AM	11:09 AM
06:43 PM	08:57 PM	10:05 PM

TRAIN/COACH PYRAMID TO MELBOURNE

Monday – Friday

Dep Pyramid	Dep Bendigo	Arrive Melb
08:05 AM	09:18 AM	11:28 AM
02:46 PM	03:59 PM	06:11 PM

Tuesday and Thursday

01:06 PM	TUE 03:09PM	04:29 PM
	THU 03:10PM	04:29 PM

Friday Only

05:30 PM	07:01 PM	09:09 PM
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Saturday Only

08:05 AM	09:20 AM	11:30 AM
02:46 PM	04:01 PM	06:09 PM

Sunday Only

08:05 AM	09:18 AM	11:30 AM
05:47 PM	07:00 PM	09:12 PM



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Emelia 0428 586 516
 Email: chrisleerson@gmail.com

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Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off on the nature strip at 4 Albert Street Pyramid Hill. Any queries please call **Bill: 0427 888 102**



Northern District Community Health

Services located in Kerang, Cohuna, Boort, Pyramid Hill, Quambatook and Swan Hill

Services Available:

Medical Clinic | Allied Health | Community Health Nurse | Community Care |
 Community Support | Health Promotion

Community Health Nurse Services Include:

- Take blood/pathology samples
- Wound care
- Chronic disease support
- Palliative care
- and more!

Allied Health Services Include:

- Occupational Therapy
- Chronic Disease Management
- Podiatry & Footcare
- Diabetes Education
- Speech Pathology
- Dietitian

Main Office (Kerang)

📍 24 Fitzroy Street, Kerang
 ☎ 03 5451 0200
 📅 Mon - Friday | 8:30am - 5:00pm

Kerang Medical Clinic

📍 34 Fitzroy Street, Kerang
 ☎ 03 5452 1366
 📅 Mon - Friday | 8:45am - 5:00pm

Pyramid Hill (Community Centre)

📍 6 - 10 McKay Street, Pyramid Hill
 ☎ 03 5455 7065
 📅 Mon - Friday | 9:00am - 10:00am
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Netball

Round 15 Inglewood V's Pyramid Hill 19th July

“50 Game Milestone” Celebration for Bec Cladingboel, Bec’s versatility, positive attitude, and team-first mindset has made Bec an absolute asset on court. Off the court, Bec has been just as valuable, playing a key role in developing our future stars as the 13 & Under Coach. Thank you Bec, for everything you’ve brought to the club both on and off the court. Congratulations on your 50 Games Milestone.

Minis- The Minis worked hard, the first quarter was good with the ball staying up our attacking end. The shooters, defenders and midcourt all worked so well together, fast paced chasing down any loose balls with huge effort, and you all worked so hard as a team, and celebrated every goal. So proud of you all Minis! Doggy Dollars Award: Sophie Pickles. Pyramid Hill Café Award: Alice Roberts.

13 & Under- We came out strong and determined, setting the tone early with focused energy and great teamwork. Everyone played their role, and it really showed on court. We read the ball well, with some excellent intercepts that turned defence into attack. There were some really nice plays down the court, with quick transitions and smart shooting resulting in some awesome goals. A solid team effort all round- well done on the win everyone! Pyramid Hill Store Award: Asher Irwin-Booth. Coffee Bank Pyramid Hill Award: Aria Whittle. Final Score: Pyramid Hill 32 I/Wood 15.

15 & Under- Wind did not stop us, the girls played really well, we did rush it at the start but eventually we did slow down. Every girl on the court played with confidence, and determination. Graeme Hayes Real Estate Award: Sadie Kervin. Michell Wool Award: Cecily Farrar. Final Score: Pyramid Hill 25 I/Wood 18.

17 & Under- It was a slow start by the Doggies but by the 2nd and 3rd quarter the team had hit their straps and gained a good lead with great team work. Inglewood put in a solid last quarter and in a close finish got a goal right at the end to take the win. Graeme Hayes Real Estate Award: Chloe Dehne. Pyramid Hill News and Post Award: Matilda Kervin. Final Score: Pyramid Hill 33 I/Wood 34.

B Reserve- The girls came out with a strong start! With a full team we could really show our strength! Inglewood put up a good fight with a strong and physical game. A great finals like game where every player stood up. A well fought game that the girls had control of and saw out the win! Very hard to decide a best on court as everyone upped their intensity and played a great game. Victoria Hotel Pyramid Hill Award: Kelly Gould. Final Score: Pyramid Hill 37 I/Wood 23.

B Grade: After being a whisker away from a good win last week, the girls were determined to get out on court

and fix up a few little things. We got a good lead in the first half thanks to Shannon and Bec in defence absolutely shutting down the Inglewood shooters. A big day out for Bec for her 50 games!! Our attacking end was working the ball around the ring to give the shooters optimum positions. We mixed up our attacking end and it was like Jordy never left goals! Our key shooter Gem even went down to GK, proving how dynamic our B Grade side can be! Kaity got best on, applying so much pressure to Inglewood mid court causing many turnovers. The girls are hungry to get further in finals than the last couple of years, and with only a few rounds left the girls are knuckling down! Watch this space! National Hotel Award: Kaity Broad. Final Score: Pyramid Hill 59 I/Wood 8.

A Reserve- The girls came out firing, giving Inglewood their all. With strong play all throughout the court, we had a clear win on the board.

Congrats to Kym for running centre the whole game, her defence is unmatched. Great game by the girls, and a strong finish against Inglewood. Congrats to this week’s good sport award, Darci. Darci has slotted into the team following injury and she has been an awesome addition with her positive attitude and on point goaling. You were on fire on the weekend Darce! Victoria Hotel Pyramid Hill Award: Kym Paterson. “Good Sports Award” Darci Tierney. Final Score: Pyramid Hill 75 I/Wood 19.

A Grade- We all went into the game with a goal in mind after the last match against Inglewood the girls were eager to build on the score line. The first quarter was a shaky start scoring 14, which may have let us down in reaching the 100 goals. All the other quarters saw an increase in goals each quarter. Some fast goals and long bombs into Jess in the ring gave us multiple opportunities. A well, played game by all down the whole court and the pressure creating many turnovers. Victoria Hotel Pyramid Hill Award: Danica Wedlick. Final Score: Pyramid Hill 97 I/Wood 24.



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Thursday – Open Midday
Dinner from 5.30pm
Steak'n'Pot Night

Friday – Open Midday
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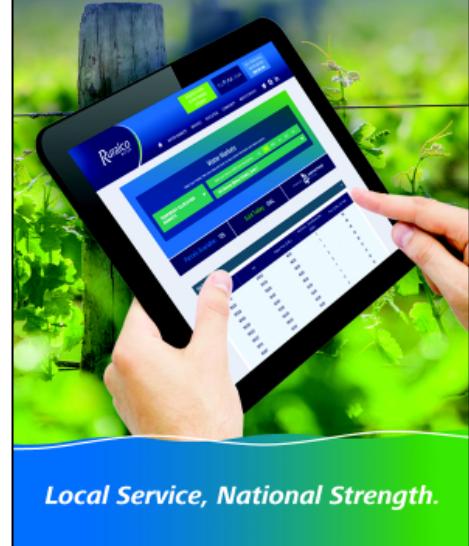
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Local Service, National Strength.

A few updates from the Progress Association!

The Hostel deed of gift by Respect Aged Care

The sub committee for the Hostel are working hard finalising all they need to get in place for the hand-over of ownership due to take place at the end of the month. The Progress Association will take interim ownership of the building while ensuring the correct legal structure is established, and any incurred costs are covered.

Second Chance for Furniture

Progress are supporting the development of a second hand furniture shop in town. It will be run by volunteers, and hopes to compliment our thriving op shop by providing a place for people to donate furniture/larger items that could be sold on - proceeds will be fed back into the Progress Association to fund community projects in the future.

A small subgroup have been formed, and a working bee was held on Saturday to clean up Mandeep's shed.

More exciting updates to come.. but in the meantime.. think about whether you might have something to donate!

Roads on the Agenda

A local response to Council about the state of our roads has been initiated.

Have you noticed a road pain point? Potholes or signage that need some attention? You can let Jason Deller from Progress know.

Plan For Pyramid

The long awaited community plan has been presented to Progress. A few tweaks are needed still to ensure the best outcome for us and then we can make it available to all community for comment and to start focusing on the big projects we have identified around tourism, youth, childcare and aged care in our town.

Interestingly, those who completed surveys back in 2023/24 identified the STORE as being our number one priority - and hasn't time made all the difference there?

Pyramid Hill Progress meets at the Victoria Hotel, third Wednesday of the month at 7.30pm.

Arty News..

The 2026 Pyramid Hill Art Show is on the drawing board, being planned as we speak.

Entries open on 14 November and will be accepted up until the 31st January!

Winners will be announced at the Gala Event on 13 February. The Show dates are 14 - 19 January. The Art Show Committee would like to thank their regular sponsors, Loddon Shire Council, Loddon Herald, Pyramid Hill Store, Catalyst Metals and Hancock Prospecting, Corian Park, Grant Rule Menswear, Victoria Hotel Pyramid Hill and welcome their new sponsor SUNFLEX Solar to the mix.

The Loddon Valley Arts Trail is on in October this year. Artists from across the region will once again be invited to join us at our magnificent Pyramid Hill for a day of Plein Air [outdoor] painting, and refreshments.



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\$20 delivery fee for over 20km
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It could be worse..

Winter on Uranus lasts 21 years...

Cold Winds, Big Smiles at Pyramid Hill

Parkrun Event #16 of the Pyramid Hill Golf Trail parkrun was run in truly wintery conditions on Saturday 19 July, as a bitter breeze rolled over the hill and chilled to the bone. But the cold didn't stop a tight group of parkrunners and volunteers from putting in a fantastic morning's effort.

Top spot went to Morgan Stevens (VM40–44) in a blistering 20:17, followed by Jason Chisholm (28:11) and Daryl Smith of Wynfit (28:40).

The event also marked the return of Ian Kraska (Cohuna Stars), a familiar and welcome presence on the course. One of the highlights of the morning came from Charlotte Smith (JW11–14), who ran the final stretch wrapped in a blanket like a cape, delighting spectators with a display of determination and flair.

Charlotte crossed in 44:59, just ahead of fellow runner Donna Anderson. A special cheer went up for Janine Dickson, who recorded a personal best of 51:57 in the tough conditions.

The Pyramid Hill parkrun continues every Saturday at 8am and welcomes walkers, joggers, runners, and volunteers of all ages and abilities.



ChatBCG launches: AI-powered research support now at farmers' fingertips

BCG has officially launched ChatBCG, a cutting-edge digital tool giving farmers and advisors instant access to more than 30 years of trusted, local research anytime, anywhere.

The first tool of its kind in Australian farming systems research, ChatBCG is designed to support faster, more confident decision making on farm by delivering evidence-base answers in seconds.

Unveiled to more than 120 attendees at the BCG Ag Tech Expo in Charlton on Wednesday 16 July, ChatBCG is set to transform how farmers access and apply insights in real time. The Expo was supported by the GRDC Grains Automate program through the Society of Precision Agriculture Australia.

ChatBCG allows users to type a question and receive fast, practical answers grounded in decades of BCG research. Whether it's managing dry sowing, interpreting gross margins, or exploring nitrogen

strategies, the tool delivers timely support in plain language.

"This tool puts the full weight of BCG's research behind every question a farmer might ask, whether they're in the paddock, at the kitchen table, or working with an advisor," said Fiona Best, BCG CEO. "It's part of our commitment to staying at the cutting edge of agricultural innovation and supporting our members through changing conditions and technologies."

"We wanted to make it easier for farmers to access the insights they need, without having to trawl through old reports," said Jess Bidstrup, BCG's Communications & Engagement Officer and ChatBCG project manager. "The beauty of ChatBCG is that it distills complex research into clear, practical answers, and it's available 24/7."

For a limited time, non-members can trial ChatBCG free for one month before it becomes a members-only benefit.

With a BCG membership, users gain ongoing access to the tool alongside the full suite of research updates, technical bulletins, events, and extension activities.

Farmers can trial Chat BCG now or sign up for membership at www.bcg.org.au.



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