

PYRAMID PRESS

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Try and reduce your bills and keep warm this winter by learning all about ways to minimise energy wastage in your home!

Fun fact: Did you know you could hire out a Sustainable Home Kit from Goldfields Library to check on where you might be losing heat around your house?

Do you find reading your bill to be one of the most confusing things you are asked to do lately? You need to come along to this workshop. Maybe even find out how to find the best energy rates for your

pyramid hill neighbourhood house

**OUR HOURS
ARE CHANGING
ON 16 JUNE**

**MONDAY - THURSDAY
10AM - 4PM**

PHONE 5455 7129



Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Monday to Thursday 10am - 4pm NEW HOURS AS of 16 JUNE**

Submissions due Tuesdays | 3:00 PM

Email: pyramidhillpress@gmail.com

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BE COOL, STAY WARM AND REDUCE YOUR ELECTRICITY AND GAS BILLS

The Loddon Mallee Public Health Unit's (LMPHU) free workshop can help you understand your options and reduce your gas and electricity bills, improve the energy efficiency of your home at low or no cost and so improve your health and wellbeing.

Would you like to:

- Reduce your gas and electricity bills?
- Have a warmer home in winter and a cooler home in summer?

Where: Pyramid Hill Community Centre

Corner Ottrey and McKay Street, Pyramid Hill

When: Thursday 26 June 2025 at 1pm - 2.30pm

Healthy lunch provided

How to register: Scan the QR code to sign up or call the Pyramid Hill Neighbourhood House on 5455 7129



Please bring your electricity and gas bills.



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Northern District Community Health

For enquiries:
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LMPHU@bendigohealth.org.au

**BENDIGO
HEALTH**



REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS

Coordinator Catch Up

Hi Neighbours - thank you to our advertisers, who have signed up again for another year! If you would like to advertise in the Press, please get in contact with Alison at pyramidhillfinance@gmail.com

We had a great weekend with Gwenda Bott making clay tiles for our upcoming Mosaic projects - next weekend is 5&6 July - I think I have FINALLY got the dates right...

School Holidays coming up - we have some fun things planned, but remember the Press is not going to be produced during the holidays.. I get to give my typing fingers a break for a few weeeeeeeeeks!

Come in and see us sometime! Kim

Pyramid Hill Neighbourhood House

KIDS HOLIDAY PROGRAM

Book In: 54557129

*adult supervision required for children under 10

ALL HOLIDAYS

NINTENDO SUPER SMASH BROS / MARIO KART / MINECRAFT ON BIG SCREEN

TUESDAYS

2 PM - 3.30 PM KNITTING & WOOL CRAFT

WEDNESDAYS

2PM - 3.30PM CUPCAKES

THURSDAYS

10.30 - 12.30 TILE MOSAICS - COST \$15 PER CHILD
MAKE A SMALL TILE PROJECT

WOOL ALERT!
Do you have any scrap wool laying about you need to re-home? We would love it at the Neighbourhood House for our School Holiday Program! Thanks



WHAT'S ON

Uphill Skiing and Downward Spiralling

Sunday | Mount Hope

Biggest Morning Tea - Pyramid Hill

Wear your Fascinators & Fine Hats for a Fancy Morning Tea to raise money for the Cancer Council. Prizes Galore and a Rampant Raffle! Friday 20 June | 11am Pyramid Hill Community Centre

Foodshare at St Pats Church

4.30pm 21 July, 19 August, 16 September, 21 October, 18 November, 16 December *gold coin donation, bring a bag

Pyramid Hill Golf Trail Park Run

Saturdays | 7.45am for an 8am start at the Hill

NDCH - Nurse Practitioner Visit.

Book in to see Yvonne on these dates: 3 July | 14 August | 4 & 25 September | 16 October | 6 & 27 November | 18 December

Call NDCH Medical clinic 54521366 to book or ask the community nurses to arrange an appointment

Justice of the Peace Visit to Neighbourhood House 12.30 - 2pm | 24 June

REGULAR ACTIVITIES

TUESDAYS

Staying Strong Exercises | Kelly Park Exercise Equipment | 9.30am - 10.30am \$5 per class

Coffee and Catch Up | 10:15 AM | All Welcome | Neighbourhood House

Goldfields Library visit | 11:30 AM | Neighbourhood House

WEDNESDAYS

Moderate Movers exercise group | 9 AM | Pyramid Hill Memorial Hall Supper Room | BYO exercise mat or towel

Book Club | 4:30 PM | last Wednesday of each month. ONE VACANCY in this group! This month's book is .. really dreadful - I am halfway through!

THURSDAYS

Art Group | 10.30 AM | informal crafty arty gathering | Neighbourhood House

FRIDAYS

Pyramid Hill Playgroup | 10:00 AM | Preschool, 67 Kelly St [Storytime and activities once a month with Goldfields Libraries see Pyramid Hill Playgroup on Facebook for more details].



How does a North Pole Carpenter fix something that is broken?

I-Gloos it together

PUBLIC NOTICES



ANGLICAN CHURCH—Durham Ox Rd Pyramid Hill

1st Sunday of each month join with the UCA at

Tyndale Church at 10.00am

2nd Sunday 9.00am HC at St Thomas' Anglican Church

3rd Sunday 10.00am join with the UCA at Tyndale Church

4th Sunday 11.00am HC at St Thomas' Anglican Church

Bring & Share lunch to follow

Enquiries: Rev'd Sue Allen 0417 365 386

Bill Boyd 0448 219 457

CHURCH OF CHRIST—Kelly St Pyramid Hill

Every Sunday at 11.00am

Enquiries: June Smith 0438 062 646

ST PATRICK'S CATHOLIC CHURCH—Victoria St Pyramid Hill

Saturday Mass 6.30pm each week

Enquiries: Fr Dean 0401 337 433

TYNDALE UNITING CHURCH—Victoria St Pyramid Hill

1st Sunday of each month 10.00am at Tyndale Church

2nd Sunday 9.00am join with Anglicans at St Thomas' Church

3rd Sunday 10.00am at Tyndale Church

4th Sunday 11.00am join with Anglicans at St Thomas' Church

Bring & Share lunch to follow

Enquiries: Rev'd Mark Boyce 0402 906 780

PYRAMID HILL KIDS ROCK—for all school-aged children

Every second Tuesday during term 3:30-5:00 pm at the

Uniting Church - Enquiries: Robyn 0427 561 973

Pyramid Hill Memorial Hall AGM

To be held Monday 7th July
at 7:30pm in the supper room at the
Memorial Hall.

All members of the public are warmly
invited to attend.



House for Sale

41 Barber St Pyramid Hill 3575

Open to offers for the month of June

Inquiries/offers contact

Terry Wood, 77 Victoria St Pyramid

Email- tp.wood@bigpond.com



TRAIN/COACH MELBOURNE TO PYRAMID

Monday – Friday

Dep Melb	Dep Bendigo	Arrive Pyramid
07:39 AM	10:00 AM	11:09 AM
06:08 PM	08.26 PM	09:34 PM

Tuesday and Thursday (Need to book on Thursdays)

01:06 PM	TUE 03:09PM	04:29 PM
	THU 03:10PM	04:29 PM

Friday Only

07:08 PM	09:10 PM	10:25 PM
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Saturday & Sunday Only

07:40 AM	10:00 AM	11:09 AM
06:43 PM	08:57 PM	10:05 PM

TRAIN/COACH PYRAMID TO MELBOURNE

Monday – Friday

Dep Pyramid	Dep Bendigo	Arrive Melb
08:05 AM	09:18 AM	11:28 AM
02:46 PM	03:59 PM	06:11 PM

Tuesday and Thursday

01:06 PM	12:26 PM	02:25 PM
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Friday Only

05:30 PM	07:01 PM	09:09 PM
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Saturday Only

08:05 AM	09:20 AM	11:30 AM
02:46 PM	04:01 PM	06:09 PM

Sunday Only

08:05 AM	09:18 AM	11:30 AM
05:47 PM	07:00 PM	09:12 PM



For any enquiries call or message
Emelia | 0428 586 516
 Email: chrisleerson@gmail.com

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Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off on the nature strip at 4 Albert Street Pyramid Hill. Any queries please call **Bill: 0427 888 102**



Northern District Community Health

Services located in Kerang, Cohuna, Boort, Pyramid Hill, Quambatook and Swan Hill

Services Available:

Medical Clinic | Allied Health | Community Health Nurse | Community Care |
 Community Support | Health Promotion

Community Health Nurse Services Include:

- Take blood/pathology samples
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- Chronic disease support
- Palliative care
- and more!

Allied Health Services Include:

- Occupational Therapy
- Chronic Disease Management
- Podiatry & Footcare
- Diabetes Education
- Speech Pathology
- Dietitian

Main Office (Kerang)
 24 Fitzroy Street, Kerang
 03 5451 0200
 Mon - Friday | 8:30am - 5:00pm

Kerang Medical Clinic
 34 Fitzroy Street, Kerang
 03 5452 1366
 Mon - Friday | 8:45am - 5:00pm

Pyramid Hill (Community Centre)
 6 - 10 McKay Street, Pyramid Hill
 03 5455 7065
 Mon - Friday | 9:00am - 10:00am (other times by appointment)



1.8 tonne excavator for hire

Pyramid Hill and surrounding area

Contact Rob - 0429416609

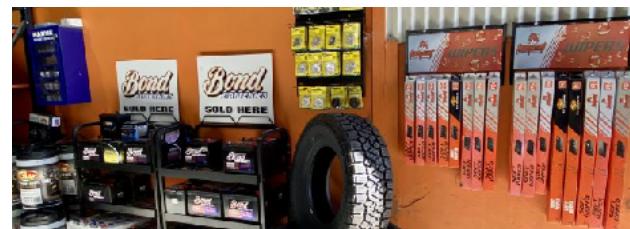


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Biggest Morning Tea



11AM FRIDAY 20 JUNE

***NEW* PYRAMID HILL COMMUNITY CENTRE, MCKAY STREET**

PLEASE BRING A PLATE TO SHARE

\$5 ENTRY

Would you like to donate an item

or two to our

RAMPANT RAFFLE GAME?

Please contact

Pyramid Hill Neighbourhood House



Happy 101 Jack Harrison!

Jack had a quiet celebration with family this week to celebrate his birthday. He still enjoys living out on the farm at Hopefield, albeit supported by his family and a team of dedicated Carers and the staff from Northern District Health.

If birthdays were an Olympic sport, you'd be way ahead of the pack! We wish you another happy twelve months ahead, Jack.

There's been a terrific response to our Rampant Raffle donations for the Biggest Morning Tea this Friday!

We are so grateful to the locals who have donated money, and great items - as well as our businesses - Millers, Op Shop, Post Office and the Store!

Thank you for your generosity everyone - we will update you on the funds we raise and the fun we have on the day next week!

Now to think of something fabulous to wear..



PYRAMID HILL RECYCLE CENTRE & TIP

Ballast Road Pyramid Hill

Opening Hours Tuesday - 1pm-5pm and Sunday - 8am-12pm
 For more information on garbage & recycling visit loddon.vic.gov.au



Extensive breakfast menu, hot and cold lunch, homemade pies, pasties and sausage rolls, hot and cold drinks, homemade cakes and slices, large range of local produce, school lunch orders on Fridays, catering available, bulk buy homemade freezer, fresh sourdough bread baked daily.

NEW HOURS

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 Saturday - Sunday 6am - 3pm

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Tuesday to Friday
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Email: medicalreception@bdh.vic.gov.au

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 FRI | 8.30 - 2 PM

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CONCRETE & QUARRY PRODUCTS

Phone: 5455 7304
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—● PHC Bendigo Excursion



Primary students from Pyramid Hill College had a fun day out on June 13. They went to the Capital Theatre in Bendigo to watch **IMAGINE LIVE** by Joylon James, based on the book by Alison Lester. The show was fun, magical and full of music. The performers brought the story to life and kept everyone engaged. Students loved how the performers brought the story to life.



In the afternoon, students visited the Science Discovery Centre which proved to be a favourite for many. The planetarium was awesome, packed with fascinating information that sparked their curiosity. The excitement peaked when students dared to plunge down the vertical slide.



Different hands-on activities in the Science Centre kept everyone engaged and excited. It was truly a day filled with joy, learning and discovery.

—● OSHC Pyramid Hill College

Our **OSHC Program** offers before and after school care. We have 15 places available per session with the option to book on a permanent basis or use the service casually, depending on availability. Government Child Care subsidies are available. For more details please contact Joy at the office.



(03) 5455 7377



www.pyramidhillc.vic.edu.au
pyramid.hill.co@edumail.vic.gov.au

Netball

Pyramid V's Newbridge Round 10 Saturday June 14th 2025

Mikayla Gibson received the "Good Sports Award" Congratulations Mikayla you played well in WD, with great defensive pressure and communication with team mates, always their as a back up for the next pass, and to support the team. Well done Mikayla! We would like to Thank Amber Dingwall for all her effort in organising the Games Night on Saturday, to the Footballers and Netballers and club members who were a part of the night, who played Thank you, to the Families that stayed to help out in the Kitchen and to everyone that made Casseroles. Thank you also to Alina Gould who helped run the Kids Games on the night.

Congratulations to Mitch and Sean, and Blake and Harry who were Winners on the night! Please support these Club Functions.

13 & Under- Coming into a tough game on a cold morning against Newbridge, top of the table the girls played a great game. Great passages of play throughout the game. Unfortunately going down in the end. Best on Awards: Pyramid Hill Store Award: Shylah Whittle. Coffee Bank Pyramid Hill Award: Ariah Whittle. Final Score- Pyramid Hill 8 Newbridge 37.

15 & Under- The girls had a fantastic game with strong defence, excellent shooting, great moving on court and improved passing. Some tough competition throughout the game, but we adapted well. Good job girls. Best on Awards: Graeme Hayes Real Estate Award: Jamison Walters. Michell Wool Award: Siri Harrison. Final Score: Pyramid Hill 38 Newbridge 15.

17 & Under- Lack of warmth made both sides struggle with handling. Pyramid started slightly stronger of the two, up by a handful of goals at quarter time. Quarter 2 & 3 were evenly matched. Pyramid found form in the 4th Quarter to outscore Newbridge. A low scoring patchy game all round. Eloise Walters was the player who found most form, well played. Congratulations Ellesha on playing shooter and defence positions, and giving it your all. Best on Awards: Graeme Hayes Real Estate Award: Ellesha Fergusson. Pyramid Hill News and Post Award: Eloise Walters. Final Score: Pyramid Hill 26 Newbridge 13.

B Reserve- It was a cold start and it did take us some time to warm up! Newbridge started well dominating play and goaling accurately from the onset. We worked hard to claw our way back with Chels and BJ patiently working the ball into our ring for Jess and Claire to finish off with some nice goals to lead 13-12 at QTR time. The lead began to change as Newbridge goalers continued their long range accuracy despite strong efforts from Kelly and Erin in the ring. Mik W set up some good plays in the ring and combined well with both Claire and Jess. BJ didn't stop running all day as

highlights came from Erin from her down court intercepts which kept us in the game. Kelly rebounded well when given the opportunity, and Mik G worked hard all game defensively. A few momentum swings in the final quarter, ultimately going down 49-45. Best on Awards: National Hotel Award: Erin Farrar. "Good Sports Award": Mikayla Gibson. Final Score: Pyramid Hill 45 Newbridge 49.

B Grade- We hit the court firing in B Grade from the first whistle however we weren't able to maintain the fire until the end. Some brilliant defence from Pyramid made it difficult for the newbridge goalers. Great running all day and some brilliant passages of play. Lots to work on and get us in primed for a successful final series. We can only benefit from days like today. Best on Emily Prout who was consistent in the midcourt. Best on Award: Victoria Hotel Award: Emily Prout. Final Score: Pyramid Hill 32 Newbridge 44.

A Reserve- The day started with a chilly one the girls came out strong in the cold conditions. Aleesha and Julia in defence kept Newbridge low scoring. The girls had a hard fight in attack being out reached Mik shot like a champ and the mid court worked there guts out for turn overs and intercepts. Unfortunately, Newbridge pipped us at the post by 2. Best on Award: National Hotel Award: Aleesha Flanagan. Final Score: Pyramid Hill 34 Newbridge 36.

A Grade- We welcomed Dot for her first A grade game this season and it was a tough game to start with against the 3rd placed Newbridge. As we expected, Newbridge started well with some solid play and accurate goaling to have the edge at quarter time. Our defenders started to combine well and give us some opportunities and we were able to get ahead to have a 5 goal lead going in to the last quarter. Newbridge came at us hard but we were happy to hold on by 2. Best on Award: Victoria Hotel Award: Morgan Dingwall. Final Score: Pyramid Hill 42 Newbridge 40.



SPLIT FIREWOOD FOR SALE

Mixed Hardwood **\$170** per meter Free delivery within 20km of Pyramid Hill
\$20 delivery fee for over 20km
Call Rob on 0429 416 609

Football Notes

Successive Saturdays saw true winter conditions; near freezing with a breeze, and for Newbridge there was some early fog thrown in for good measure. Luckily the Under 18's had the day off but it was great to see a number of them either playing Reserves footy, running water or helping out their mates in other Leagues. Well done boys.

The 'Dogs Reserves started well but had trouble finding the big sticks, with no goals to show for 5 scoring shots and trailing at the first break. It turned around in the second term with 4 goals to none and a 20-point buffer had been established at the main break.

Plenty of possessions and run off halfback by Glen James (Pony Award) provided the impetus, and by the final hooter a dozen goals was the result and a 50+ point margin in place. Throughout the contest Dylan Lovell (National Hotel) performed at his usual high level, with telling mid-field possessions and penetrating kicks into the forward arc. Paddy Monaghan (Victoria Hotel and 3 goals) backed up his great game from the previous week with another influential effort in the corridor, and with Brad Delamere (Good Sports Award) providing rebound across halfback it meant that in the second half the Bulldogs scored more than in the first. Eight goalkickers was a good way to share the load, and with top supporting efforts from Reece Mitchell, Brad Moon, Lucas Walker and Ross James, it meant the 'Dogs had recorded 3 in a row for the first time this season.

The Senior game opened with plenty of run and carry by both teams, and after some handy efforts by both teams the Bulldogs lead by 5 goals to 2 at the change. The second term saw the Bulldogs turn on one of their best terms for the season, with 10 goals the result. The non-stop swarming and efforts at the contest gave the forwards ample opportunities, with Ben Bisset (Victoria Hotel and 8 goals) marking on the lead, overhead and at ground level to reward the service and delivery from upfield. Livewire duo Zach Alford (4 goals) and Benny Knight (3 goals) made sure the ball was locked in the forward zone as well as they also kept the flag wavers busy. Kai Daniels, (National Hotel) maintaining his excellent output at the stoppages, gave Mitch and Steven Gunther, Levi Moss plenty of looks, whilst Daniel Frame and Gav James mopped anything that spilled loose across halfback. It was a result that ticked off a number of key points; spread of goalkickers, quarters won and great defensive efforts.

Well done to the Social Committee for organising a great Family Games Night after the match and for those who supported the activity. Keep in mind the Victoria Hotel is the venue after today's game. We have the Goods and Services, Club Reunion and Sponsors Day on July 5th, so catch up with David James with your donations and offers of support.

Be The Difference Show up for your team. Slow down on the road.

Having a drink? Handball the keys.

BE THE DIFFERENCE

PHFNC
Be Part of the Game, the Community and the Success

AFL VICTORIA TAC



The Nursery will be closed for Retail sales until early August while I propagate some new plants.

The following species will be AVAILABLE IN COMMERCIAL QUANTITIES for revegetation, windbreaks, erosion repair, atmospheric nitrogen balancing or fenceline.

Wildflowers Erect

Wahlenbergia stricta Bluebells
Ozothamnus obcordatus Grey Everlasting

Wildflower Groundcovers

Carpobrotus rossi Coastal Pigface
Disphyma crassifolium Roundleaf Pigface
Lotus australis Austral Trefoil

Shrubs

Telopea oreacae Victorian Waratah

Trees

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<i>Eucalyptus conferruminata</i>	Bald Island Marlock
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Golf News

The first round of the club's championships were held in sunny conditions on Sunday. Jarad Smith (nett 66) had an excellent round, along with Matt Scott, Jed Stewart and Wayne Maxted (all nett 71). Dave Mann got nearest to the pin on hole 16, with a nice birdie to go with it. Jason Deller had an eagle and collected the bounty from the eagle's nest. Well done Jason! The championships will continue on Sunday.

A Grade Leaders

Scratch - James Ritchie (80), Don Stewart (81) and Jason Deller (85).

Nett - James Ritchie (75), Don Stewart (75), Jason Deller (76) and Steve Gibson (76).

B Grade Leaders

Scratch - Matt Scott (87), Jed Stewart (89) and Jarad Smith (90).

Nett - Jarad Smith (66), Matt Scott (71), Jed Stewart (71) and Wayne Maxted (71).

The club is offering free memberships to new and returning players. With new pin placements on eleven holes and the recent rain providing green conditions, it is an excellent time to come out for a hit.



Pyramid Hill Park Run

On Saturday 14 June, the Pyramid Hill Golf Trail parkrun was blanketed in thick fog and brisk temperatures, but that didn't deter a strong field of 21 participants (and plenty of volunteers) from tackling the 5km course. It was great to have Michael Carroll leave the sunshine of Brisbane to join us this week. This means that two of the Carroll brothers have completed the course, with another 3 brothers to do so in due course. The big question is - who has the better completion time - Paul or younger brother Mick?

Taking top honours was Kobe Pryde of Shepparton, competing in the 11–14 junior category, with a brilliant time of 21:29. It was a proud morning for the Pryde family, with Robert and Terry also making the top 10.

Other notable finishes included:

Greg Leslie (VM55-59) – 3rd in 25:38

Youngster Mason Ivory (JM10) – 4th in 27:44

Kathleen Wallington (VW55-59) – 1st female in 29:42

Robyn Leslie and the Dehne family also completed their first parkrun at Pyramid Hill.

The event continues to attract visitors and locals alike, proving that even winter fog can't dampen the community's spirit.

The free weekly run kicks off every Saturday at 8am from the golf club, and volunteers are always welcome.

Pictured: Michael Carroll from Brisbane enjoying the cold and foggy morning in his hometown.

First over the line Kobe Pryde with an outstanding time of 21.29.

Our visitors from Shepparton who left their hometown early to travel in fog to Pyramid Hill. Robert celebrated his 250th Parkrun on Saturday.





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Trading hours

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Dinner from 6.00pm

Tuesday – Open 2.00pm
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Lunch from 12.00pm
Dinner from 6.00pm
Pot'n'Parma Night

Thursday – Open Midday
Dinner from 5.30pm
Steak'n'Pot Night

Friday – Open Midday
Lunch from 12.00pm
Dinner from 5.30pm
Happy Hour 5.00pm – 6.30pm
Meat Raffle

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