

# PYRAMID PRESS

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## Perfect Day to Paint our Hill



Pyramid Hill had an influx of visitors on the weekend taking part in the Loddon Valley Arts Trail. Artists travelled as far as South Australia, Swan Hill and Cohuna to paint, sketch and draw our Hill!

The event was supported by the Art Show Committee and Neighbourhood House. Many of the painters socialised in the Golf Clubrooms, and all said they thoroughly enjoyed the day! The event hopefully will lead to more entries for our Art Show which is coming up in February 2025!

### Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Tues - Fri 10-4pm

**Submissions due Tuesdays | 3:00 PM**

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Produced by the community and Pyramid Hill Neighbourhood House.



**REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS**

# WHAT'S ON

## Snake Charming & Lizard Farming

Sunday | Mount Hope

## STRIDE Mental Health Support

Wednesday 23 Oct | 2 - 4pm  
Pyramid Hill Neighbourhood House

## BINGO at the PUB

As part of the Loddon Shire Seniors Festival  
Friday 18 October | 2pm - 4pm  
Victoria Hotel [contact Neighbourhood House for more info 54557129]

## Boort Show

Saturday 12 October | 7am - 10pm | Boort Showgrounds | 0425 791 869

## Pyramid Hill Progress Association Meeting

Wednesday 16 October | 7pm  
\* third Wednesday of the each month  
Victoria Hotel

## Golf Club Dates

*Presentation Night* | Friday 18 October, 6pm | Victoria Hotel  
*Annual General Meeting* | Wednesday 13 November, 7.30pm | Golf Club

## AgVet Chemical Users Course

Monday 28 - Tuesday 29 October  
Victoria Hotel | Pyramid Hill  
Cost \$100 [one day refresher course]  
\$150 [two day course]  
REGISTRATION REQUIRED by FRIDAY 11 October  
More information Karl Liffman 0428 507 610 Timber Training Creswick TTC LTD

## Pyramid Hill FOODSHARE 2024 dates

Monday 21 October | 18 November | 2nd December  
From 4.30pm at Pyramid Hill Catholic Church while supplies last.

## Justice of Peace

12.30- 2pm Tuesday 15th & 29th Oct | 12th & 25th Nov | 10th Dec | Neighbourhood House

## NDCH Nurse Practitioner visits Pyramid Hill

Thursday 5 December  
NDCH Clinic, call 54521366 for an appointment

## Trash2Cash Town Wide Garage Sale

Pyramid Hill [and surrounds as part of the National Garage Sale Trail]  
Saturday 9th November  
Register at Neighbourhood House \$10

## REGULAR ACTIVITIES

### MONDAYS

**Junior Darts** | 5pm | Golf Club  
Call Joe for info 0428990487

### TUESDAYS

**Morning Coffee** | 10:15 AM | Neighbourhood House

**Goldfields Library visit** | 11:30 AM | Neighbourhood House

### WEDNESDAYS

**Moderate Movers exercise group** | 1 PM | Pyramid Hill Memorial Hall | BYO exercise mat or towel **[not during holidays]**

**Social Bowls** | 7:00 PM | 98 Victoria St

**Book Club** | 4:30 PM | last Wednesday of each month

### THURSDAYS

**Art Group** | 10.30AM Neighbourhood House

**Pyramid Cares Walking Group** | 9.15AM Neighbourhood House

### FRIDAYS

**Playgroup** | 10:00 AM | Preschool, 67 Kelly St

**Scrabble Fever** | 2:00 PM - stumps | Neighbourhood House



Friday afternoons  
9 weeks 11th Oct - 5 Dec  
with Coach Paul Condliffe

Contact Alison for more info

0427551253

## Terrick Ridge Landcare Group

Notice is given of a Special Meeting to discuss the future of the group at the Victoria Hotel  
**Thursday October 17 at 8pm.**

Attendance would be appreciated.

Over the years the group has supported the control of weeds, and rabbits and the planting of trees.

The future of our Landcare Group needs to be discussed and we request all interested to come along to the meeting.

If you are unable to attend but would like to show your interest in the continuation of the group, please contact Lloyd Naylor for information 0427 557 327.

# PUBLIC NOTICES



## ANGLICAN CHURCH—Durham Ox Rd Pyramid Hill

1st Sunday of each month join with the UCA at  
Tyndale Church at 10.00am

2nd Sunday 9.00am HC at St Thomas' Anglican Church  
3rd Sunday 10.00am join with the UCA at Tyndale Church  
4th Sunday 11.00am HC at St Thomas' Anglican Church  
Bring & Share lunch to follow

Enquiries: Rev'd Sue Allen 0417 365 386  
Bill Boyd 0448 219 457

## CHURCH OF CHRIST—Kelly St Pyramid Hill

Every Sunday at 11.00am

Enquiries: June Smith 0438 062 646

## ST PATRICK'S CATHOLIC CHURCH—Victoria St Pyramid Hill

Saturday Mass 6.30pm each week

Enquiries: Fr Dean 0401 337 433

## TYNDALE UNITING CHURCH—Victoria St Pyramid Hill

1st Sunday of each month 10.00am at Tyndale Church  
2nd Sunday 9.00am join with Anglicans at St Thomas' Church  
3rd Sunday 10.00am at Tyndale Church  
4th Sunday 11.00am join with Anglicans at St Thomas' Church  
Bring & Share lunch to follow

Enquiries: Rev'd Mark Boyce 0402 906 780

## PYRAMID HILL KIDS ROCK—for all school-aged children

Every second Tuesday during term 3:30-5:00 pm at the  
Uniting Church - Enquiries: Robyn 0427 561 973

## Pyramid Hill Senior Citizens

Pyramid Hill Senior Citizens have not been active in recent times. A new committee has been elected and will welcome anyone interested in becoming a member

The Club has activities planned from 1pm on the second Friday of each month in the supper room at the Memorial Hall.

On the fourth Friday of each month, a light meal will be available costing \$10 in the supper room at the Memorial Hall.

Coming up on the 18th is BINGO at Victoria Hotel. This is run as part of the Seniors Festival and funded by Loddon Shire. Afternoon Tea will be served.

Contact: Terry Wood [tp.wood@bigpond.com](mailto:tp.wood@bigpond.com) or **0429843479**

## Loddon Shire Nominations for Citizens and Community Groups of 2024

Loddon Shire are seeking nominations for Young Citizen, Ward Citizen, Community Group / Organisation nominations for Australia Day 2025.

Entries close at 4pm on Friday 25 October. <https://www.loddon.vic.gov.au/Our-Council/Ceremonies/Australia-Day>

## TRAIN/COACH MELBOURNE TO PYRAMID

### Monday – Friday

Dep Melb	Dep Bendigo	Arrive Pyramid
07:39 AM	10:00 AM	11:09 AM
06:08 PM	08.26 PM	09:34 PM

### Tuesday and Thursday (Need to book on Thursdays)

01:06 PM	TUE 03:09PM	04:29 PM
	THU 03:10PM	04:29 PM

### Friday Only

07:08 PM	09:10 PM	10:25 PM
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### Saturday & Sunday Only

07:40 AM	10:00 AM	11:09 AM
06:43 PM	08:57 PM	10:05 PM

## TRAIN/COACH PYRAMID TO MELBOURNE

### Monday – Friday

Dep Pyramid	Dep Bendigo	Arrive Melb
08:05 AM	09:18 AM	11:28 AM
02:46 PM	03:59 PM	06:11 PM

### Tuesday and Thursday

01:06 PM	12:26 PM	02:25 PM
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### Friday Only

05:30 PM	07:01 PM	09:09 PM
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### Saturday Only

08:05 AM	09:20 AM	11:30 AM
02:46 PM	04:01 PM	06:09 PM

### Sunday Only

08:05 AM	09:18 AM	11:30 AM
05:47 PM	07:00 PM	09:12 PM

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**Tuesday – Open 2.00pm**  
Dinner from 6.00pm

**Wednesday – Open Midday**  
Lunch from 12.00pm  
Dinner from 6.00pm  
Pot'n'Parma Night

**Thursday – Open Midday**  
Dinner from 5.30pm  
Steak'n'Pot Night

**Friday – Open Midday**  
Lunch from 12.00pm  
Dinner from 5.30pm  
Happy Hour 5.00pm – 6.30pm  
Meat Raffle

**Saturday – Open Midday**  
Lunch from 12.00pm  
Dinner from 5.30pm

**Sunday – Open Midday**  
All Day Pizza Menu  
Close 11.00pm



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**Saturday - Sunday 6am - 3pm**

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Congratulations to the Pyramid Hill 2024 Reserves Football Team who brought home the 2024 LVFNL Premiership! Special thanks to Coach Stephen Donat, Captain Matt Moon and their dedicated support crew.

### PYRAMID HILL FOOTBALL NETBALL CLUB 2024 LVFNL Reserves Football Premiers



Back: Harry Goodes, Mitch Gunther, Brad Driscoll, Nathan Moon, Greg Quinn, Mick Dundon, Matt Scott  
Middle: Bailey Scott, Nathan Coyle, Brad Delamare, Brad Moon, Blake Gibson, Matt Moon (C), Kaleb Quinn, Dolf Reid, Mitch Dingwall, Dylan Lovell, Matt Smith, Adrian Holland, Tom Walker, Bruce Moon (President)  
Front: Ed Caburnay, Stephen Donat (Coach), Glen James, Ashton Dye

# Pyramid Hill Golf Club Parkrun: Get Involved!

Do you love the outdoors and want to be part of something exciting in our community? Join us for a coffee and a chat about how you can get involved in our new Pyramid Hill Golf Club Parkrun!

We're looking for volunteers to help make this event a success – whether it's helping with setup or taking on key event roles. It's a great way to contribute, meet new people, and be part of the fun!

**When: Saturday, 12th October**

**Time: 8 AM**

**Where: The Coffee Bank, Pyramid Hill**

Whether you're keen to volunteer or just want to find out more about what's happening, we'd love to see you there!

All welcome – no prior experience needed. Let's make this a fantastic event for our community!



## Pyramid Hill Progress Association Inc 2024 Annual General Meeting

Our 2024 AGM is being held at 7pm on Wednesday 20th November, at the Pyramid Hill Victoria Hotel.

The AGM will be followed by a regular meeting. All welcome. This is a great opportunity for new members to join.

Pyramid Hill Progress Assn is active in the wider Pyramid Hill community, supports local projects and is a good conduit between the Loddon Shire Council, community members and groups.

*Pyramid Hill Progress Assn Inc Purpose: To support the growth and development of Pyramid Hill and district through the coordination and management of effective community planning.*

email: [pyramidhillprogress@gmail.com](mailto:pyramidhillprogress@gmail.com)

## Fully Funded Workshops



To register please visit  
[www.lifelinelm.com/workshops](http://www.lifelinelm.com/workshops)



Australian Government  
Gannawarra Shire Council  
Gannawarra  
Victoria

**safeTALK**

**Quambatook - Monday, 18 November, 10am**  
**Cohuna - Tuesday, 19 November, 1pm**

*A half-day alertness workshop that prepares anyone to become a suicide alert helper.*

*Most people with thoughts of suicide don't truly want to die but are struggling with the pain in their lives.*

*Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognise these invitations and take action by connecting them with life-saving intervention resources, such as caregivers trained in ASIST.*



Australian Government  
Gannawarra Shire Council  
Gannawarra  
Victoria

**Accidental Counsellor Foundations**  
Basic skills for dealing with people in crisis

**Kerang - Monday 18 November, 6pm**  
**Cohuna - Tuesday 19 November, 9am**

*The Accidental Counsellor Foundations Workshop will provide you with the necessary skills and tools to be able to step into the shoes of an accidental counsellor momentarily, respond appropriately, efficiently and effectively to people in crisis or distress when there may not be a professional immediately available.*



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## WELCOME BACK TO TERM FOUR

We're excited to kick off Term Four!

Our focus is on:

**P - Persistence**

**A - Attitude**

**R - Reflecting**

**C - Celebrating**



## QUICK UPDATE!

ACTIVITIES NEXT WEEK:

Wednesday: Stephanie Alexander Kitchen and Garden Program

Thursday: Languages Film Festival at Shepparton

Friday: Athletics Day at Mitchell Park



## HIGHLIGHTS FROM TERM THREE

On the last week of Term Three, we visited Bendigo Cinemas to see *Runt*, a children's film inspired by a book we read in class. After the movie, we enjoyed some friendly competition at the ten-pin bowling alley. It was an unforgettable day filled with joy for everyone!



**54557220**



**0438359981**



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Contact Gavin 0411 355 842

## PYRAMID HILL RECYCLE CENTRE & TIP

Ballast Road Pyramid Hill

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Tuesday - 1pm-5pm

Sunday - 8am-12pm

For more information on garbage & recycling visit [loddon.vic.gov.au](http://loddon.vic.gov.au)



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## PYRAMID HILL COMMUNITY OP SHOP

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MON TO THUR | 08:30 AM - 05:00 PM  
FRI | 8.30 - 2 PM

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## Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off on the nature strip at  
 4 Albert Street Pyramid Hill  
 Any queries please call  
**Tan: 0427 993 004 | Bill: 0427 888 102**

## Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- **Medical Clinic**
- **Allied Health**
- **Community Nursing**
- **Community Support**
- **Registered NDIS provider**
- **Health Promotion**

**Kerang Medical Clinic**  
 34 Fitzroy St Kerang  
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### Community Nursing

- Help manage your health and wellbeing at home
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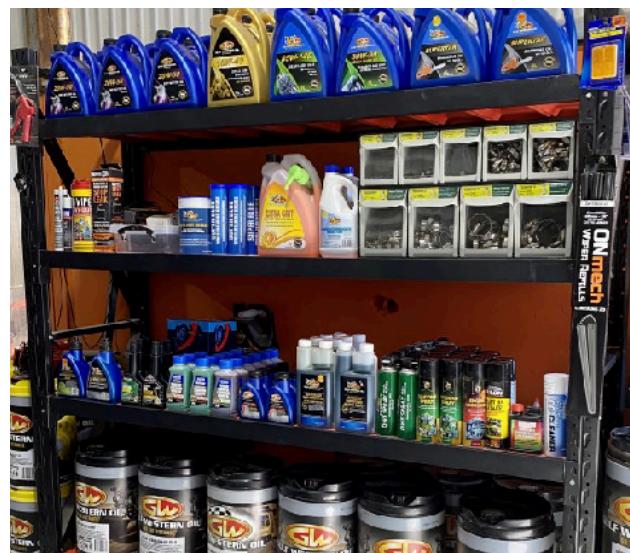


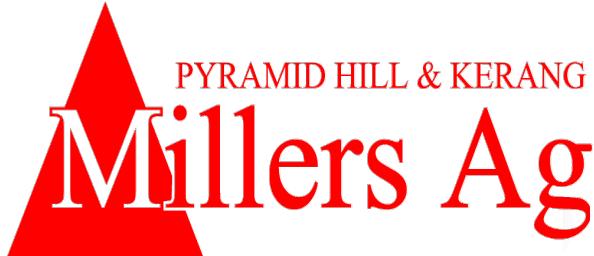
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## What can I do at Pyramid Hill Neighbourhood House?

**Tuesday - Friday**

**10am - 4pm**

**54557129**

[www.pyramidhillhouse.org.au](http://www.pyramidhillhouse.org.au)

### **Business Services**

Printing, simple desktop publishing and design. Use our free wifi and computers.  
Printing, scanning, laminating and printing on plastic signage

### **Services Australia**

Got some Centrelink, Medicare or other related business to do?  
We are a Services Australia Access Point.

### **Pyramid Press Newspaper**

Our local weekly newspaper has all the good news stories.  
Community submissions to the paper to be received by 4pm Tuesday afternoon.  
Subscribe online  
<https://pyramidhillhouse.org.au/pyramid-press/>

### **CLEO the Community Car**

Cleo-patra the car can be booked to take you to an important appointment, shopping and more. Door to door service!  
Bookings essential.

### **Book a Meeting Room**

Our small meeting rooms may be just perfect for you to see clients, or run a meeting. Free for community groups and not-for-profits. Small cost for business use.

**Scrabble Fever**  
2pm Friday afternoons.

**Justice of the Peace**  
Our JP visits every second Tuesday during School Terms.  
Check the Press for latest dates.

**Grants writing services for community groups**  
We can assist you with finding appropriate grants for your projects, mentoring you to write your own grant applications, or be an auspice for unincorporated groups. Talk to us about writing a grant on your behalf for a fee.

**Pyramid Cares**  
A series of social and information sharing groups for those caring for others in our community.

**Community Pantry**  
A free service with a range of items from pantry staples to toiletries. Open 24 hours. Please only take what you need.

**Book Swap**  
We have a Little Library out the front of Neighbourhood House. Come and choose a book, or donate a book!

**IT Support**  
Got a tricky question about your mobile, laptop or iPad? We can help you out. [bookings recommended].

**First Aid Training**  
Held in Pyramid Hill as required. Make an enquiry about our next course. Facilitated by Rich River First Aid

**Social Coffee Mornings**  
Tuesdays at 10.15am  
Catch up over a cuppa and some morning tea.

**Book Club**  
Our popular last Wednesday of the month club for book lovers!

### **L2P**

Need Help Getting Your P's? We can help you get in the car! Contact [email2p@nclen.org.au](mailto:email2p@nclen.org.au) or 5491 1144 to register.

### **Goldfields Library**

Tuesdays at 11.30am  
Come and browse our collection, join the library, order books from the main collection and enjoy this wonderful service. Storytime once a month. Weekly visits from our Librarian partners.

### **Moderate Movers**

Wednesdays at 2pm  
Supper Room, Memorial Hall  
Bring your own exercise mat, towel and drink bottle. This is an active exercise group!

### **Art, Craft and Coffee**

Thursdays at 10.30am  
Drop in to learn watercolour techniques or bring a project to work on and get some guidance.

### **Vege Patch**

Get involved with our growing garden, or just sit in the sunshine and use our free wifi.

### **Still to come in 2024**

Seniors Events during October  
Trash2Cash Town Wide Garage Sale  
Christmas Market

**Give us a call to talk about our programs and book in for courses and special events as they come up.**

**Always, check the Press for the most up to date information!**