

PYRAMID PRESS

Subscribe to receive the Press pyramidhillhouse.org.au

Drew Home from Capturing Aussie team at the Paralympics in Paris



Rio, Tokyo and now Paris. Drew Chislett has chalked up three Paralympics, as an official photographer. 160+ athletes were competing this year, and Australia had 4 photographers on the job.

Asked what he enjoys capturing, he reckons the Athletics, Wheelchair Rugby and Wheelchair Basketball are all amazing. Believe it or not he says the Archery and Table Tennis are some of the more difficult to photograph even though he loves the speed and intensity of both. He loves his role, capturing and freezing extraordinary moments as they happen. The camera is his best tool - however with modern cameras capturing up to 30 images per second, it can mean he is up until all hours finding the best shot to send through to be used on social media and in official capacities.

Drew was impressed by the passionate crowds [they cheer louder than at an AFL game], and he loves to engage with them, the athletes and the media liaison officers to ensure he gets the best outcomes

Some of his highlight moments were photographing runner James Turner, long jumper Vanessa Low and 16 year old Talaya Blacksmith in the 400 metres.

Listen to Drew give an interview about his experience, here:

<https://www.abc.net.au/listen/programs/wimmera-breakfast/boorts-drew-chislett-watching-the-paralympics-through-a-differen/104327642>



Vanessa Low flies towards gold medal success in the women's long jump with a world record leap. Photo: Drew Chislett/AAP PHOTOS

Inside: PHFNC Grand Final Round Up, Schools News, Seniors Festival Events, Paint at Pyramid Hill, updated Church times, Trash2Cash Registration form, BCG Field Day

Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Tues - Fri 10-4pm

Submissions due Tuesdays | 3:00 PM

Email: pyramidhillpress@gmail.com

Digital copies: facebook.com/PyramidHillHouse/

Subscribe to the Press: pyramidhillhouse.org.au

Produced by the community and Pyramid Hill Neighbourhood House.



REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS

LVFNL GRAND FINAL DAY - mixed fortunes for Bulldogs

Mitiamo was the host and the PHFNC had 3 teams in the last game of the season; A-Grade netball, Reserves and Seniors football. Unfortunately, only 1 team brought home a "Cup". For the Senior footballers it was a day that ebbed and flowed, but as the game progressed so too, gradually, did Marong's grip on the Cup. The conditions were far from favourable, but were the same for both teams, and it was the Panthers' combination that adapted best, and combined with intense pressure at the stoppages, they were able to wear down the Bulldogs. It was a game that was not destined for a high score, and with the last 3 goals of the game the Marong winning margin had been pushed out to 36 points. Double the scoring shots was a fair indication of the gap between the teams as the final siren rang. From a PHFNC perspective it was a disappointing result considering the small margins in the 3 previous clashes this season. For the Bulldogs Tom McGregor and Lachy Sidebottom were "full on" over 4 quarters, and were joint winners of the Mark Amarant Award. Damon Hemphill continued his great finals form and claimed the Victoria Hotel Award, with Zac Dingwall the winner of the National Hotel Award. Well done to the Marong Panthers on defending their crown, and in so doing, completing a "3-Peat".

Earlier, the Matt Moon-led 'Dogs claimed the prize in the Reserves final. In conditions that got worse before they improved, the 'Dogs established an early

lead, and despite losing only the final term, narrowly, proved that "3 out of 4 ain't bad", and won by 3 points. This was a day for some heavy work in the "trenches", and led by "Dutchy" Holland, joint recipient of the Mark Amarant Award, Bailey Scott (1 classy crunch goal), Mitch Gunther (Victoria Hotel Award), Tom Walker..again..(National Hotel Award), and Nathan Coyle (Good Sports Award), the Bulldogs showed plenty of bite and repelled everything the defending "Champs" could launch at them. Harry Goodes and Dylan Lovell were elusive and dangerous all game, and together with power forwards Greg Quinn and Nathan Moon, kept the flag-wavers busy and ensured the Panthers were kept at arms-length. When the ball did venture deep into defence, Mick Dundon (joint Mark Amarant Award winner) and Brad Moon (Pony Award), worked overtime and were cool in tight situations. Collectively it was a great win and was a fitting reward for the entire squad, coach Stephen Donat, and his "bench team" of Matt Scott, Chris Leerson, Troy Woolhouse, BennyCulross and the "water carriers". Coach Stephen also extended special thanks to match day Secretary Marie Scott, President Bruce Moon and Senior coach Nathan Fitzpatrick. It was a genuine team result. To all our 'Dogs members, players and supporters, a couple of dates to save include Sunday November 3 rd for the A.G.M. at "Mitchell Park" (2 pm), and Saturday March 29, 2025 for the "O'Connors Pre-Season Practice Day".

TRIUMPHANT RESERVES WINNERS 2024



Netball News

NETBALL GRAND FINAL PYRAMID HILL V'S MITIAMO A GRADE: Saturday 14th September 2024.

Congratulations to our Reserves Team, who brought home the 2024 LVFNL Premiership Cup against Marong, such a special moment in Pyramid Hill Football Netball Club history. We weren't as successful in our quest for the Senior Football and A Grade Cups, but a huge Congratulations on making it to the very last game of the 2024 season. A big Thanks to all our wonderful supporters, who turned up we loved seeing the collective spread of red white and blue around the ground. A special thanks to our Coaches, their support teams, and the umpires. As a Football and Netball Club we have all had a very good season.

Onwards to 2025.

A Grade Netball:

The A Grade Grand Final between Pyramid Hill and Mitiamo was a tightly contested battle, with both teams leaving everything on the court. Our girls came out firing, showing their determination from the first whistle. Their strong defensive pressure and precise attacking play helped them gain the upper hand early, taking a 4-goal lead into the quarter-time break, 16 to 12.

Mitiamo however, regrouped quickly. They adjusted their game plan in the second quarter, tightening their defense

and capitalising on a few turnovers. Despite Mitiamo's improved performance, Pyramid Hill managed to hold on, leading by just 1 goal at halftime, 25 to 24.

The third quarter saw Mitiamo begin to find their rhythm. Their midcourt started to control the tempo, and their shooters began converting under pressure. The girls fought hard, but Mitiamo's relentless pressure pushed them to a 4-goal lead by the three-quarter-time break, 40-36.

In the final quarter, Pyramid Hill gave their all, but Mitiamo's consistency and composure saw them pull away in the dying minutes. Mitiamo's shooters were clinical, and their defense proved impenetrable as they closed out the game. Despite Pyramid Hill's valiant effort, Mitiamo claimed the Grand Final victory, winning by 6 goals, 48-42. It was a hard-fought contest, with Pyramid Hill showing immense heart and skill throughout the match, but in the end, Mitiamo's persistence and adaptability earned them the Grand Final title. We are so very proud of the endeavour shown by our girls, and cant wait for the opportunity to have another crack at it next year. Special Congratulations to Chelsea Emmerson for bringing the team together this year, and leading them to our first A Grade Grand Final appearance in 7 years.



Best On Awards:

Victoria Hotel Pyramid Hill Award: Abbey Dingwall

National Hotel Award: Amber Angel

National Hotel Award: Gemma Scott

Final Score: Grand Final Score:

Pyramid Hill 42 / Mitiamo 48

WHAT'S ON

Abandon All Hope..

Sunday | Mount Hope

STRIDE Mental Health Support

Wednesday 25 Sept | 9, 23 Oct | 2 - 4pm
Pyramid Hill Neighbourhood House

Paint at Pyramid Hill [Loddon Valley Arts Trail]

Also - exhibition of local artists.

Sunday October 6 | 11am - 3pm

Pyramid Hill Golf Club and Surrounds

More information at Neighbourhood House

NDCH Nurse Practitioner visits Pyramid Hill

Thursday 12 Sept, 3rd October, 5 December

NDCH Clinic, call 54521366 for an appointment

Pyramid Hill FOODSHARE 2024 dates

Monday 23 September | 21 October | 18 November
| 2nd December

From 4.30pm at Pyramid Hill Catholic Church while
supplies last.

Pyramid Senior Citizens

Friday 27 September | 12.00 Light Lunch and
Activities | Memorial Hall

Seniors Festival Garden Party

Friday October 4 | 12pm - 2pm | Kelly Park

Seniors Festival Gala Day BOORT

'Honky Tonk Queens'

*see poster on page 4 for all details

Seniors Festival BINGO

Friday 18 October | 2pm - 4pm

Games and a light afternoon tea

Victoria Hotel | Pyramid Hill

Pyramid Hill Progress Association Meeting

Wednesday 16 October | 7pm

* third Wednesday of the each month

Victoria Hotel

Justice of Peace

12.30- 2pm Tuesday 3rd & 17th Sept | 15th & 29th

Oct | 12th & 25th Nov | 10th Dec

Neighbourhood House

Trash2Cash Garage Sale

Pyramid Hill and Surrounds

Saturday 9 November | 8.30am - 3pm

Register your sale at Neighbourhood House to be
included on map and in advertising

REGULAR ACTIVITIES

MONDAYS

Junior Darts | 5pm | Golf Club

Call Joe for info 0428990487

TUESDAYS

Morning Coffee | 10:15 AM | Neighbourhood
House

Goldfields Library visit | 11:00 AM |

Neighbourhood House

Pyramid Press

WEDNESDAYS

Moderate Movers exercise group | 1 PM | Pyramid
Hill Memorial Hall | BYO exercise mat or towel [not
during holidays]

Social Bowls | 7:00 PM | 98 Victoria St

Book Club | 4:30 PM | last Wednesday of each
month

THURSDAYS

Art Group | 10.30AM Neighbourhood House

Pyramid Cares Walking Group | 9.15AM

Neighbourhood House

FRIDAYS

Playgroup | 10:00 AM | Preschool, 67 Kelly St

Scrabble Fever | 2:00 PM - stumps | Neighbourhood
House

CREATING GREETING CARDS WITH CANVA

Pyramid Hill Library Agency

Tuesday 8 October
11.30am-12.30pm

PYRAMID HILL TOWN & SURROUNDS

TRASH2CASH GARAGE SALE

Saturday 9 November

8:30 am - 3:00 pm

REGISTER YOUR SALE AT THE NEIGHBOURHOOD HOUSE

BY 1 NOVEMBER

\$10 PAYS FOR ADVERTISING & inclusion on the GARAGE SALE TRAIL MAP

PUBLIC NOTICES



ANGLICAN CHURCH—Durham Ox Rd Pyramid Hill

1st Sunday of each month join with the UCA at Tyndale Church at 10.00am
 2nd Sunday 9.00am HC at St Thomas' Anglican Church
 3rd Sunday 10.00am join with the UCA at Tyndale Church
 4th Sunday 11.00am HC at St Thomas' Anglican Church
 Bring & Share lunch to follow
 Enquiries: Rev'd Sue Allen 0417 365 386
 Bill Boyd 0448 219 457

CHURCH OF CHRIST—Kelly St Pyramid Hill

Every Sunday at 11.00am
 Enquiries: June Smith 0438 062 646

ST PATRICK'S CATHOLIC CHURCH—Victoria St Pyramid Hill

Saturday Mass 6.30pm each week
 Enquiries: Fr Dean 0401 337 433

TYNDALE UNITING CHURCH—Victoria St Pyramid Hill

1st Sunday of each month 10.00am at Tyndale Church
 2nd Sunday 9.00am join with Anglicans at St Thomas' Church
 3rd Sunday 10.00am at Tyndale Church
 4th Sunday 11.00am join with Anglicans at St Thomas' Church
 Bring & Share lunch to follow
 Enquiries: Rev'd Mark Boyce 0402 906 780

PYRAMID HILL KIDS ROCK—for all school-aged children

Every second Tuesday during term 3:30-5:00 pm at the Uniting Church - Enquiries: Robyn 0427 561 973



Mary and her famous family member, Zac the Donkey.

TRAIN/COACH MELBOURNE TO PYRAMID

Monday – Friday

	Dep Melb	Dep Bendigo	Arrive Pyramid
	07:39 AM	10:00 AM	11:09 AM
	06:08 PM	08:26 PM	09:34 PM

Tuesday and Thursday (Need to book on Thursdays)

	01:06 PM	TUE 03:09PM	04:29 PM
		THU 03:10PM	04:29 PM

Friday Only

	07:08 PM	09:10 PM	10:25 PM
--	----------	----------	----------

Saturday & Sunday Only

	07:40 AM	10:00 AM	11:09 AM
	06:43 PM	08:57 PM	10:05 PM

TRAIN/COACH PYRAMID TO MELBOURNE

Monday – Friday

	Dep Pyramid	Dep Bendigo	Arrive Melb
	08:05 AM	09:18 AM	11:28 AM
	02:46 PM	03:59 PM	06:11 PM

Tuesday and Thursday

	10:51 AM	12:26 PM	02:25 PM
--	----------	----------	----------

Friday Only

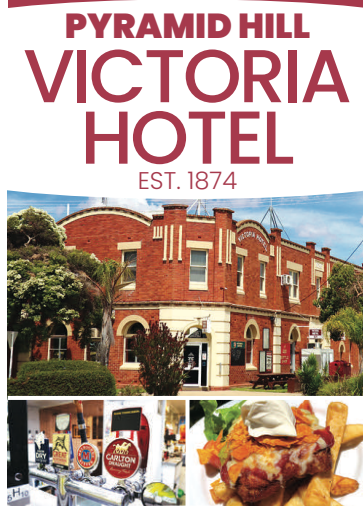
	05:30 PM	07:01 PM	09:09 PM
--	----------	----------	----------

Saturday Only

	08:05 AM	09:20 AM	11:30 AM
	02:46 PM	04:01 PM	06:09 PM

Sunday Only

	08:05 AM	09:18 AM	11:30 AM
	05:47 PM	07:00 PM	09:12 PM



Love our local!
The friendly pub open
for meals every day
with Friday happy
hour, raffles

Trading hours

Monday – Open 3.00pm
Dinner from 6.00pm

Tuesday – Open 2.00pm
Dinner from 6.00pm

Wednesday – Open Midday
Lunch from 12.00pm
Dinner from 6.00pm
Pot'n'Parma Night

Thursday – Open Midday
Dinner from 5.30pm
Steak'n'Pot Night

Friday – Open Midday
Lunch from 12.00pm
Dinner from 5.30pm
Happy Hour 5.00pm – 6.30pm
Meat Raffle

Saturday – Open Midday
Lunch from 12.00pm
Dinner from 5.30pm

Sunday – Open Midday
All Day Pizza Menu
Close 11.00pm



**Eat in our Lounge
or Dining Room**

Love your local pub!



**JOKER POKER
FRIDAY NIGHT
\$100 PER WEEK
TILL WON**

Contact us today
20 VICTORIA STREET
PYRAMID HILL
03 5455 7391



Extensive breakfast menu, hot and cold lunch, homemade pies, pasties and sausage rolls, hot and cold drinks, homemade cakes and slices, large range of local produce, school lunch orders on Fridays, catering available, bulk buy homemade freezer, fresh sourdough bread baked daily.

NEW HOURS

Monday - Friday 5am - 5pm
Saturday - Sunday 6am - 3pm

PHONE: 54557006

Pyramid Hill Senior Citizens

Pyramid Hill Senior Citizens have not been active in recent times. A new committee has been elected and will welcome anyone interested in becoming a member. The Club has activities planned from 1pm on the second Friday of each month in the supper room at the Memorial Hall.

On the fourth Friday of each month, a light meal will be available costing \$10 in the supper room at the Memorial Hall.

You are welcome to pop in even if you would prefer just a cup of tea/coffee and a chat. There is no pressure to participate in the available activities.

Membership fee is \$5 annually.

The above will be in place until the Club moves to the new building currently being constructed in McKay St.

: Terry Wood tp.wood@bigpond.com or 0429843479



Seniors Festival GALA at BOORT

Wednesday 9 October



Loddon Shire Council is hosting our annual Gala day for the Victorian Seniors Festival, creating opportunities for senior Victorians to participate in fun, free and low-cost events throughout October. The Festival encourages active ageing as well as social and community participation.

2024 Victorian Seniors Festival Presents

Amber Joy Poulton

'Honky Tonk Queens'

Amber Joy Poulton delivers 'Honky Tonk Queens' – a show that celebrates the first Queens of Country Music – Patsy Cline, Dolly Parton, Tammy Wynette and Loretta Lynn. Known best to audiences for her amazingly successful theatre show, 'Coal Miner's Daughter'.

Amber Joy is backed by the Holy Two and together they deliver some country music's best hits including: Stand By Your Man, Jolene, Crazy, Coal Miner's Daughter, Silver Threads & Golden Needles, Workin' 9-5, Walkin' After Midnight, You Ain't Woman Enough To Take My Man & more.

Join us from 10:30am for some fun interactive activities, stalls and lucky door prizes, followed by a sit down lunch with the concert commencing at 1:00pm

Coach transportation available contact Loddon Shire on **5494 1200** to book a seat

Cost : FREE - Bookings essential





SPLIT FIREWOOD FOR SALE

Mixed Hardwood **\$170** per meter Free
delivery within 20km of Pyramid Hill
\$20 delivery fee for over 20km
Call Rob on 0429 416 609



Specialising in custom made cabinets for:

- Kitchens • Bathrooms
- Laundries • Offices
- Wardrobes • Alfrescos

Website: www.kerrskc.com.au
Email: gavin@kerrskc.com.au
Contact Gavin 0411 355 842

PYRAMID HILL RECYCLE CENTRE & TIP

Ballast Road Pyramid Hill

Opening Hours

Tuesday - 1pm-5pm

Sunday - 8am-12pm

For more information on garbage &
recycling visit loddon.vic.gov.au



Your local Copier and
Phone System Specialist

www.scoe.com.au
1300 33 55 14

PYRAMID HILL BUTCHERY



Smallgoods and deli products
Poultry Products
Fresh Bread
Cut up & pack private stock
Range of fresh fruit and vegetables
Phone: 5455 7115

PYRAMID HILL NEWS & POST

Mon – Fri 6:30am - 5pm

Sat 8am - 12pm

Friendly service, great range
of cards & stationery,
V/Line Tickets & much more

Phone: 5455 7036

PYRAMID HILL COMMUNITY OP SHOP

Opening hours

**Tuesday to Friday
11:00 AM - 04:00 PM**

5 Kelly St, Pyramid Hill



CONCRETE & QUARRY PRODUCTS

Phone: 5455 7304
Email: pyramidhill@mawsons.com.au



MOBILE SHEEP DIPPING

Geoff & Colleen Hampson
Mobile: 0429 823 293



ADAM ELLERTON MOBILE SEED CLEANING

Phone: 0447 303 063
122 Martins Rd, Goornong
adamellerton@hotmail.com



**G.E. CAR
DETAILING**
0408 588 715

dtayla@outlook.com
Like us on Facebook
Over 30 years experience
ABN: 39 251 741 952

SERVICES:

- Spruce Up
- Cut & Polish
- Paint Correction
- Interior Shampoo
- Farm Machinery
- Fleet Care
- Custom Prestige
- Show Cars
- Trade & Car Yard Work

CALL FOR A QUOTE



Boort District Medical Centre

DR. CHRIS OLISE

ABN : 86 635 807 297

2 COUTTS ST, BOORT VIC 3537

Email: medicalreception@bdh.vic.gov.au

We welcome all existing and new patients

IN CASE OF EMERGENCY DIAL 000

APPOINTMENTS PHONE: 5451 5220

MON TO THUR | 08:30 AM - 05:00 PM

FRI | 8.30 - 2 PM

Pathology

MON to THU 8.30-10.00

(Service provided to Boort District
Medical Centre Patients Only)

HOTDOC Available



This week's happenings at Pyramid Hill College

Birchip Cropping Group (BCG) Field Day



We had six keen year nine and ten students attend the BCG field day in Nullawil last Wednesday. The day involved looking at agricultural research and technological developments in cropping. The students were able to hear from a panel regarding career opportunities in agriculture and completed a treasure hunt around the site. It was great to also catch up with local BCG employee Clare Pickles. Thank you to the North Central LLEN for providing lunch for our students.

2025 PREP 2024 TRANSITION DATES

Pyramid Hill College



Pyramid Hill College
Support • Learn • Connect

Activity	Pyramid Hill College	What to bring
Year 1/1 Visit Preschool	Tuesday 10th September 10am – 11am	
Preschool visit to school	Wednesday 19th October 11:30am-12:30pm	
Transition Day 1	Wednesday 11th November 9:00am-10:30am	Water Bottle The school will supply a hat and healthy snack
Transition Day 2	Monday 18th November 9:00am-10:30am	Water Bottle The school will supply a hat and healthy snack
Transition Day 3	Monday 25th November 9:00am-10:30am	Water Bottle The school will supply a hat and healthy snack
Moving Up Day	Tuesday 10th December 9:00am-3:20pm	Healthy snack, morning play lunch, lunch & water bottle.

**2025 ENROLMENTS
NOW OPEN**

**FOR MORE INFORMATION
PLEASE CONTACT JOY**

Pyramid Hill College
03 54 557 377





For any enquiries call or message
Emelia I 0428 586 516
 Email: chrisleerson@gmail.com

- Landscaping
- Gravel driveways
- Earthmoving
- Hole Boring
- Turf and seed
- Laser levelling
- Irrigation systems
- Rock, mulch and soil supply
- Lawn mowing and whipper snipping



Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off on the nature strip at

4 Albert Street Pyramid Hill

Any queries please call

Tan: 0427 993 004 | Bill: 0427 888 102

Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- Medical Clinic
- Allied Health
- Community Nursing
- Community Support
- Registered NDIS provider
- Health Promotion

Kerang Medical Clinic
 34 Fitzroy St Kerang
 Mon to Fri
 8.45am to 5.30pm
 Phone: 03 5452 1366

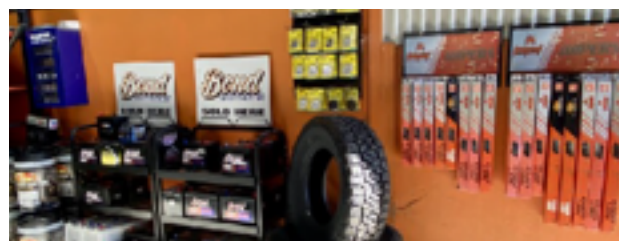
- Community Nursing**
- Help manage your health and wellbeing at home
- Palliative care
- AgriSafe™ Clinics
- Chronic disease management

Pyramid Hill
 12 Victoria St, Pyramid Hill
 Mon to Fri
 9.00am to 10.00am
 (other times by appointment)
 Phone: 03 5455 7065

- Podiatry and Foot care
- Dietician
- Counselling
- Occupational Therapy
- Diabetes Education
- Speech Pathology
- Paediatric Physiotherapy
- Homelessness service



- GULF WESTERN OIL STOCKIST
- BOND BATTERIES STOCKIST
- CAR/TRUCK TYRE SALES & FITTING
- ONSITE REPAIRS
- WINDSCREENS
- FULLY QUALIFIED MECHANIC
- 20+ YEARS EXPERIENCE
- CAR / TRUCK / TRACTOR
- LOGBOOK SERVICING
- GENERAL CAR/TRUCK PARTS IN STOCK



Enquiries or bookings please call
 Andrew: 0407 577 279 | Trish: 0400 564 119
 E: taqmechanical@outlook.com
 FB: @TAQ Mechanical

Professional Funeral Home
*Providing a caring and compassionate service
 to the surrounding districts 24 hrs - 7 days.*
 Philip and Karen Davey

A.G. ADAMS & Sons OFFICE & CHAPEL Ph. 5452 1111
 39 Fitzroy St, Kerang
 info@adamsfunerals.com.au

BJD PLUMBING
Servicing Bendigo, Pyramid Hill and Surrounds

- General Maintenance Plumbing
- Blocked Drains
- CCTV Drain Camera & Locating
- Hot Water Replacement
- Roofing & Guttering
- Gas Fitting
- Backflow & TMV Install & Testing
- New Homes & Renovations
- Septic Tanks

Contact Brad today for an obligation free quote
 ☎ info@bjdplumbing.com.au ☎ 0466 885 307



**FILIPINO
FOOD STORE**



**Monday - Friday
4.30 pm - 6 pm**

Large range of Filipino groceries
 LBC Boxes
 45 kg household gas bottles
 Assorted LED light bars for cars,
 trucks & tractors
 Camping & trailer lights

**Phone: 5455 7305
 Mobile: 0428 890 188**

OBLIGATION FREE LEGAL ADVICE
Pyramid Hill & District
**Mark Ryan Legal GP,
 Echuca**

Initial appointment by phone
 Mobile Consultations
 Home | Farm | Business | Work
 www.legalgp.com.au
Mob: 0429 580 035
 Email: mark@legalgp.com.au



QUINLANS TRANSPORT

Loads of water will be delivered anywhere for domestic, stock, swimming pools

7 DAYS A WEEK

Jordan & Lyndsey Quinlan
 Phone - 0428 567 407 Mobile - 0428 567 408
 quinlans.transport@gmail.com

Ruralco
 WATER

**Achieve the
 best price
 with your
 local Ruralco
 Water Broker.**

**Call us to discuss
 the water markets
 and your trading
 needs.**

Temporary Allocation Trades
 Permanent Entitlement Sales
 Water Market Advice and Strategy

Online Trading / Subscribe
 ruralcowater.com.au
T 03 5456 4142



Local Service, National Strength.



BCG Main Field Day highlights fatigue management and profitability link

“The most profitable farms were those that spent more time working on their business than in their business,” Professor Ross Kingwell said in his presentation at BCG’s Main Field Day at Nullawil last week.

In his ten-year profitability study of 250 Western Australian farmers, Professor Kingwell said the most profitable farmers were those who consistently looked for answers and work-life balance: “The study highlighted that profitable farmers were those who always have their antenna up, are always curious, always questioning and they weren’t workaholics. Farming for them was a social activity, not just business activity.” Professor Kingwell’s presentation was a highlight for many of the 400 growers and advisers who attended the event.

Fatigue management

His message weaved seamlessly with Eyre Peninsula farmer Mark Modra’s, whose presentation followed Kingwell’s and focused on the importance of fatigue management and “knowing your capacity”.

Mr Modra attributes a farm accident where he sustained a serious head wound and five broken vertebrae to fatigue. He told attendees he is no longer willing to compromise his health and well-being to meet the demands of farming.

“When we are fatigued, we make mistakes. We get tunnel vision and things in our peripheral vision are missed,” stated Mr Modra. “It also affects our mood, our reflexes, our ability to communicate appropriately and we are more likely to take short cuts.”

Farmer Rodney Pohler from Nhill said both the farm profitability and the farm safety presentation had important messages for attendees: “The field day was excellent as always. Ross Kingwell’s presentation tied in nicely with Mark Modra’s with a focus on not being a workaholic. Keith farmer Tim Morcom added: “The fatigue presentation highlighted that it’s a topic very much overlooked, it’s all common sense but not necessarily common.”

Livestock profitability

For farmer Andrew McLean from Keith, he too felt the farm profitability was a standout. “Ross Kingwell’s comment about livestock and it’s negative affect on profitability in Western Australia reaffirms what we are doing on our farm,” he said.

Adjuvant trial

Mr Pohler was also impressed by the adjuvant trial: “It is good to see it in person. Some adjuvants were more targeted towards grass or broadleaf weeds so I learnt you need to know your main target.”

Research and genetics

A reoccurring theme of the day was the importance of research funding from levies and government, investment in genetics and the affects for farm profitability.

“The unlocking hyper yielding cereals discussion with BCG’s Dr Yolanda Plowman and The University of Melbourne’s Professor James Hunt drew a large crowd and highlights the importance of ongoing research. The smart disease management, NVT and long coleoptile wheats sessions further cemented the importance of research and investment in genetics,” BCG Senior Manager of Extension and Communication Grace Hosking said.

Health and wellbeing

Health and wellbeing were focusses at this year’s event, with East Wimmera Health Service, Central Mallee Health, Headspace, WorkSafe and Agriculture Victoria on-site together with Northern District Community Health who provided health checks and advice throughout the day.

BCG’s Demi Taylor said the purpose of having a health focus at the field day was to offer busy farmers and advisers convenient access to these crucial services.

Student stream

Over fifty students from five schools attended the field day with a focus on education as well as highlighting career opportunities in the agricultural industry.

North Central LLEN’s Agriculture Education Project Coordinator Susan Gould was impressed by the student stream and engagement with students: “It was successful day and the enthusiasm of the students and the staff enhanced the good vibe. The careers panel was the perfect mix for the student audience.”

Ms Gould added: “I love the altruistic and community-focus of BCG, breaking down some of the traditional competitive and individualistic notions of agriculture.”

Over fifty students from five schools attended the field day with a focus on education as well as highlighting career opportunities in the agricultural industry.

North Central LLEN's Agriculture Education Project Coordinator Susan Gould was impressed by the student stream and engagement with students: "It was successful day and the enthusiasm of the students and the staff enhanced the good vibe. The careers panel was the perfect mix for the student audience."

Ms Gould added: "I love the altruistic and community-focus of BCG, breaking down some of the traditional competitive and individualistic notions of agriculture."

Bringing research to life

BCG staff and collaborators also enjoyed bringing research and extension topics such as optimising canola establishment, future proofing Australia's supply chain, active versus passive nitrogen application decision making, on-farm biosecurity, the interactive trial and the pulse session to life on the day. All were well attended and created much discussion with presenters both during, and after, the sessions.

Building connections

BCG CEO Fiona Best said: "The BCG Main Field Day is our way of connecting with farmers, to share the work we do for them and their surrounding communities. It's an educational event showcasing the latest research and thinking in crop production and farming more generally. Bringing together such a diverse range of quality speakers is a highlight for BCG as an organisation and we thank our attendees, presenters, collaborators and sponsors for being actively involved in the day."

"We are grateful to the Watts family for hosting the event on their farm and thank them for this invaluable support."

BCG membership

For more details, or to become a member, call BCG on (03) 5492 2487 or visit www.bcg.org.au/memberships



Image 1: Left to right: BCG's Project Manager Claire Pickles and AgVantage Agronomy agronomist Lee McNaulty discussing a research plot at BCG's Main Field day at Nullawil last week.

Image 2: Left to right: Professor James Hunt from The University of Melbourne with Boort farmers Tom Sawers and Harry McIntyre discussing best practice for nitrogen management under irrigation.

Image 3: Left to right: BCG's Joe Collins with East Loddon P – 12 College year 11 agriculture students



Feeling the cold this winter??

We have an assortment of warm clothes including bomber jackets, oil skin vests and a good range of wet weather gear. A large variety of gumboots for everyone's budget!

Is your furry friend shivering in this cold weather? We have an assortment of dog coats in different styles and sizes.

Is it a pain in the hearth trying to get your fire started?? You will be stoked to know we have Aussie Made firelighters that don't smell and are quick lighting!!

For all your agricultural & hardware needs Ph: 5455 7306

Locally owned by Nev & Michelle Miller Email: nifty@millersag.com.au

Mon - Fri 8am - 5pm | Sat 9am - 11-55am Facebook: [@MillersAgSupplies](https://www.facebook.com/MillersAgSupplies)

www.millersag.com.au



Kerang

69 Wellington Street, Kerang VIC 3579
(03) 5450 3792
admin@ghrealestate.com.au

GRAEME HAYES
REAL ESTATE

Swan Hill

34 McCallum Street, Swan Hill VIC 3585
(03) 4016 2005
info@ghrealestate.com.au



CHELSEA MANUEL
Business Development Manager
0403 242 171



AMY STEEL
Property Manager
0432 700 533



SHARRON WOOD
Executive Administration Assistant
(03) 5450 3792



CHARLY DELMENICO
Administration Assistant
0434 449 259



NATHAN HIPWORTH
Licensed Real Estate Agent VIC & NSW
0458 428 201



GRAEME HAYES
Principal / Licensed Real Estate Agent
0411 338 649



TRAVIS HIPWORTH
Water Trading / Licensed Real Estate Agent
0435 591 985



COLIN BALCAM
Sales Agent
0419 203 908



TAMIKA YATES
Property Manager
0432 700 151



STEPHANIE HAMILTON
Property Manager
0432 700 520



MANDY ALDERSON
Property Manager
0434 544 757

SERVICING KERANG, SWAN HILL, AND SURROUNDING AREAS

RESIDENTIAL AND COMMERCIAL PROPERTY SALES . PROPERTY MANAGEMENT . WATER TRADING . ONLINE AND ON SITE CLEARING SALES . BROAD AND IRRIGATION FARMS

WWW.GHREALESTATE.COM.AU

A man with a beard is sitting in the driver's seat of a car at night. He is holding an orange breathalyzer device in his mouth and blowing into it. The device has a red screen and the word 'ALCOHOL' is visible on it. The car's interior is dimly lit, and the background is dark.

Stop kidding yourself. If you drink, don't drive.

Thinking about driving after a couple of drinks? Think again.
If you blow .05 or over, you could face serious penalties,
including fines, losing your licence, getting an interlock installed
in your car and having to blow zero for three years.



TRASH 2 CASH GARAGE SALE



REGISTRATION FORM

**PYRAMID HILL
TOWN &
SURROUNDS**

**SATURDAY 9
NOVEMBER
8.30AM - 3PM**

Name:

Address: (as accurate as possible for google map purposes, no PO Boxes)

Mobile Ph No:

Email:

Brief description of goods to be sold:

Cost \$10 Registration due by 1 November

Signature: _____ Date: ____/____/____

Paid: Yes / No