

PYRAMID PRESS

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BCG Opportunity for Young Farmers

BCG's latest initiative, Cultivating Futures in Farming Mentor Program, is arming growers with the skills to run sustainable and profitable farm businesses well into the future.

Hosted in partnership with Agriculture Victoria, the program is run by experienced Pinion Advisory consultants and aims to build confidence in on-farm decision making. BCG Project Manager in Extension Demi Taylor encourages growers aged 18-40 to apply for this free program (valued at \$4,000), to develop their key financial, business, and people management skills. "One of the key benefits of the program is that you can bring a mentor with you, whether that be a parent, your farm business advisor/agronomist, or an existing farm manager. This creates a more personalised business-centred approach to the program and provides participants with support in benchmarking their management performance and business for future production years. "If you have recently returned to your farm business, are learning the ropes of management, or have been working in the business for a few years but are transitioning to a management position- this program is for you!"

"We've already had a couple of local growers sign up which is really exciting to see."

Participants will have the opportunity to attend face-to-face workshops, farm tours, a series of webinars, and gain valuable one-on-one coaching time with experienced business consultants. The program will cover areas such as benchmarking, business foundations, people management, succession, leasing/share farming, risk management, opportunity identification, business cases, and natural resource management.

Applications close August 7. Scan the QR code to learn more and apply.

The Farm Business Resilience Program is jointly funded through the Australian Government & Future Drought Fund and the Victorian Government & Future Agriculture Skills Capacity Fund.



Inside: Enrol to vote, College news, Netball, Footy and Golf updates, Apartment to let in Victoria St, Durham Ox Hall update, Recipes and more..

Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Tues - Fri 10-4pm

Submissions due Tuesdays | 3:00 PM

Email: pyramidhillpress@gmail.com

Digital copies: facebook.com/PyramidHillHouse/

Subscribe to the Press: pyramidhillhouse.org.au

Produced by the community and Pyramid Hill Neighbourhood House.



REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS



Found at St Pat's School..

Who remembers these wonderful little recipe books?! I reckon there are about 100 different types of cake and slice in this little book.. including a very delicious sounding Butterscotch Apple Slice.. and fantastically simple chutney, pickles and jams and ice cream!

I imagine there are a few of you out there who's parents had these little books, which were originally a fundraiser [I have been told]. If you would like a copy.. please contact the Press and we might be able to get you one.

Here are two recipes I have randomly chosen.. to entice you:

ORANGE HEDGEHOG

1/2 lb Marie Biscuits

1/4 lb Butter

5 tablespoons Coconut

1/2 tin Condensed Milk

Little grated Orange Rind.

Method:

Melt butter and condensed milk, slowly add broken biscuits, coconut and orange rind. Press into flat dish and ice.

GINGER FLUFF SPONGE

4 Eggs

3/4 cup of Sugar

1/2 cup Cornflour

2 dessert spoons S.R. Flour

1 teaspoon Cocoa

2 teaspoons of Cinnamon

2 teaspoons of Ginger

1 dessert spoon Golden Syrup

1 dessertspoon of Butter

Method 1:

Beat whites of eggs stiffly, add sugar, beat well, add yolks. Sift dry ingredients four times before adding. Finally add butter melted with the syrup. Bake 15 - 20 minutes in 8" sandwich tins. When cold join together with whipped cream and ice with chocolate icing.

Method 2:

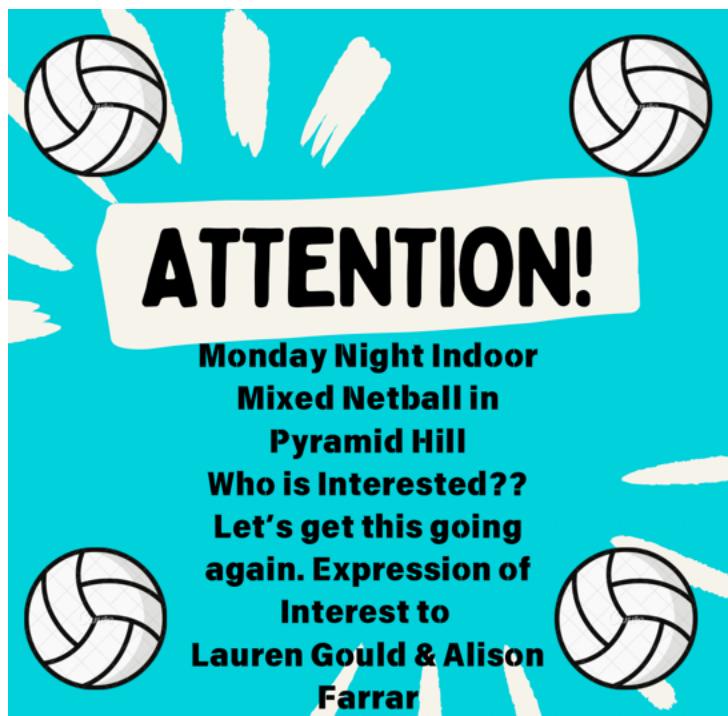
Ask Kate Wood to make it for you.

Over 60's of the district are invited to the LAUNCH of the ★ PYRAMID HILL ★ SOCIAL SENIORS

Come along and join us for a
lunch of **soup & sandwiches**
and enjoy a game of

BINGO

Friday 2nd August 12.00 - 3pm,
Pyramid Hill Memorial Hall



WHAT'S ON

Jack Russell Obedience Class

[jokes - when has there ever been an obedient Jack Russell?]
Sunday | Mount Hope

PHFNC Goods and Services Auction

6.30pm Saturday 20 July
Pyramid Hill Memorial Hall

Nurse Practitioner in Pyramid Hill

Thursday 1 August
NDCH Victoria St | bookings essential
54557065

Pyramid Hill FOODSHARE 2024 dates

Monday 12 August | 23 September | 21 October | 18 November | 2nd December
From 4.30pm at Pyramid Hill Catholic Church while supplies last.

Pyramid Hill Social Seniors LAUNCH event

Friday 2 August 12.30 - 3pm
Pyramid Hill Memorial Hall

Pyramid Hill Progress Association Meeting

Wednesday 14 August* | 7pm
*USUALLY third Wednesday of the each month
Victoria Hotel

Justice of Peace

12.30- 2pm Tuesdays, 6th & 20th August | 3rd & 17th September | 15th & 29th October | 12th & 25th November | 10th December
Neighbourhood House

REGULAR ACTIVITIES

TUESDAYS

Morning Coffee | 10:15 AM | Neighbourhood House

Goldfields Library visit | 11:00 AM | Neighbourhood House

WEDNESDAYS

Moderate Movers exercise group | 1 PM | Pyramid Hill Memorial Hall | BYO exercise mat or towel **[not during holidays]**

Social Bowls | 7:00 PM | 98 Victoria St

Book Club | 4:30 PM | last Wednesday of each month

THURSDAYS

Art Group | 10.30AM Neighbourhood House

Pyramid Cares Walking Group | 9.15AM Neighbourhood House

FRIDAYS

Playgroup | 10:00 AM | Preschool, 67 Kelly St

Scrabble Fever | 2:00 PM - stumps | Neighbourhood House

Hill Walking Group | 4.15pm | 1st Friday of the Month Meet at the Hill for friendship and fitness

Victorians urged to enrol for upcoming local council elections

Eligible residents and ratepayers are urged to check they are enrolled to vote for the upcoming local council elections by 4 pm Wednesday 7 August.

Electoral Commissioner, Sven Bluemmel, has issued a call ahead of the enrolment deadline: 'If you're 18 or over and you live in or pay rates to a Victorian council, enrol and have your say on the future of your local council.' Australian citizens who have recently turned 18 or changed address can enrol or update their details online at vec.vic.gov.au/enrolment

Anyone on the state electoral roll is automatically enrolled for their current address for these elections. There are also additional council enrolment categories for non-resident owners, occupiers, company nominees and non-Australian citizens who pay rates. The rules for council enrolment have changed. Property owners who don't live in the council area but may be eligible to vote because they pay rates should contact their local council for further information. The 2024 Victorian local council elections will be the state's largest single election program, with a predicted 4.7 million voters participating in 465 individual elections across 78 councils.

Moira Shire Council is under administration and will not have a general election this October.

Further information on enrolment is available by calling 131 832 or at vec.vic.gov.au, where voters can also sign up to the free VoterAlert service to receive important election reminders by SMS and email.



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Tyndale Church
Victoria Street, Pyramid Hill
2nd Sun | 9:00 AM
4th Sun | 11:00 AM
St Thomas' Church
Durham Ox Road, Pyramid Hill

Enquiries:

Rev Sue Allen | 0417 365 386
Bill Boyd | 0448 219 457

Church of Christ

Sunday | 11:00 AM
Church of Christ, Kelly St
Pyramid Hill
Enquires:
June Smith | 0438 062 646

Uniting

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Kids Rock

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during term
3:30-5:00 PM, Uniting Church
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Robyn | 0427 561 973

Catholic

Sat Mass | 6:30 PM
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LODDON
SHIRE

To Let
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Council currently has a vacancy in the Elderly Persons Units located in Victoria Street, Pyramid Hill.

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- open plan kitchen and living area
- two separate bedrooms with built in robes
- large storage cupboard
- separate laundry and bathroom
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- single car parking

Rental: \$192.00 per fortnight

Applications close: Friday 9 August, 2024

Application forms:
Please contact Council on (03) 5494 1200 or via email at communityservices@loddon.vic.gov.au to request an application form or download one from Council's website: www.loddon.vic.gov.au and go to Housing for Seniors.

For further information, or to arrange an inspection, please contact Council's Aged Care & Inclusive Communities Coordinator, Nicole Taylor on (03) 5494 1200.

NOTICE OF PUBLIC MEETING

Members of the Durham Ox and surrounding communities are invited to attend a joint meeting of the Durham Ox Memorial Hall Committee and the Durham Ox Development Authority on:

Tuesday 30th July 2024 at 7:00 at the Durham Ox Hall.

The agenda for the Durham Ox Memorial Hall Committee will be circulated at or prior to the meeting by contacting Jo Haw on 0407 666 290 or email mjhaw@bordernet.com.au

The Durham Ox Development Authority has not been active for many years and this meeting will provide an opportunity to formally disband the group and finalise any relevant business. We would love to see as many as possible to attend, and to register your attendance for the meeting, please contact Jo Haw on 0407 666 290 or Steve Maxted on 0409 551 244.



TRAIN/COACH MELBOURNE TO PYRAMID

Monday – Friday

Dep Melb	Dep Bendigo	Arrive Pyramid
07:39 AM	10:00 AM	11:09 AM
06:08 PM	08.26 PM	09:34 PM

Tuesday and Thursday (Need to book on Thursdays)

01:06 PM	TUE 03:09PM	04:29 PM
	THU 03:10PM	04:29 PM

Friday Only

07:08 PM	09:10 PM	10:25 PM
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Saturday & Sunday Only

07:40 AM	10:00 AM	11:09 AM
06:43 PM	08:57 PM	10:05 PM

TRAIN/COACH PYRAMID TO MELBOURNE

Monday – Friday

Dep Pyramid	Dep Bendigo	Arrive Melb
08:05 AM	09:18 AM	11:28 AM
02:46 PM	03:59 PM	06:11 PM

Tuesday and Thursday

10:51 AM	12:26 PM	02:25 PM
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Friday Only

05:30 PM	07:01 PM	09:09 PM
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Saturday Only

08:05 AM	09:20 AM	11:30 AM
02:46 PM	04:01 PM	06:09 PM

Sunday Only

08:05 AM	09:18 AM	11:30 AM
05:47 PM	07:00 PM	09:12 PM



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FRI | 8.30 - 2 PM

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This week's happenings at Pyramid Hill College

Year 9 & 10 hit the slopes at Bogong!

The Year 9/10 class have just returned from Bogong where they have experienced the thrills and spills of downhill and cross-country skiing. As students experienced an alpine environment they also shared the camp facilities with a class from a city based school, St Helena's.

Bogong ... I experienced many things that fascinated me and discovered some interesting facts that I didn't know and had not heard about. It was my first time seeing the snow and I experienced new skills that can be adapted in my everyday life. It also made me realise many things about my life and how climate change can change the whole world, and the fact that the snow is melting away. I had so much fun on the camp I'm very thankful that I was able to experience new things.

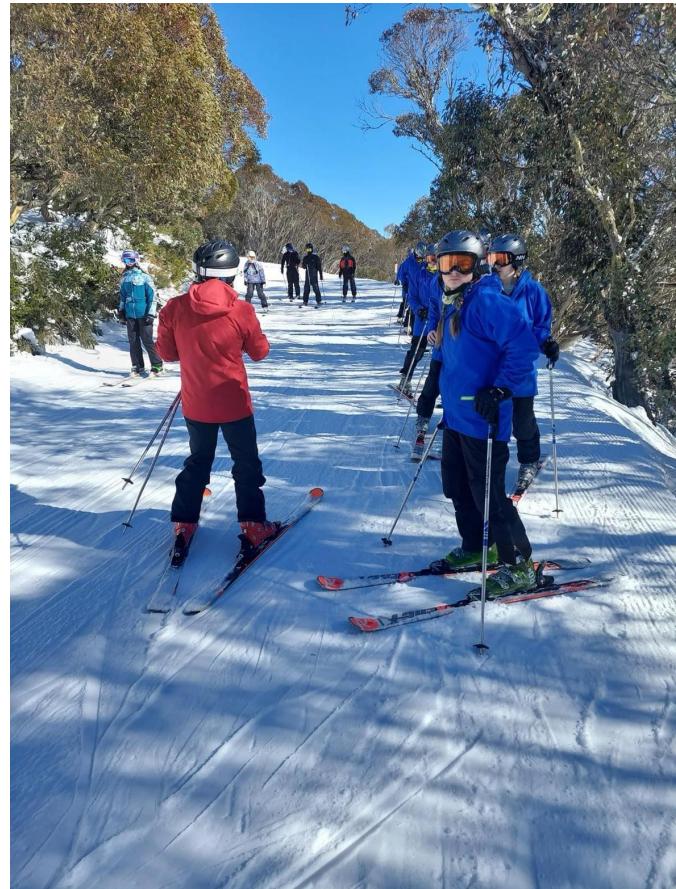
Michaella

At the Bogong Outdoor School's snow camp we learnt how to go cross-country skiing and downhill skiing. Within these activities we learnt how to stop, turn, control our speed and walk around with skis. My favourite thing on camp was the food and downhill skiing because you got to go way faster than with cross-country skiing.

Cohan

The best part about the snow camp was definitely the downhill skiing with your friends because falling over didn't become something to be embarrassed over anymore, it became something that everyone did and we were all able to laugh about it. (Downhill skiing was definitely the best skiing)

Alina



Pyramid Hill College
Respect Learn Community
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NOW OPEN



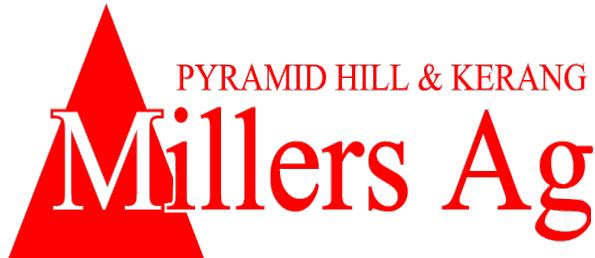
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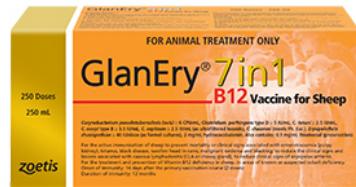


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FOOTBALL NOTES ROUND 14

In conditions that could best be described as ordinary, the Bulldogs hosted their nearest neighbours the Superoos in Round 14., and as the final siren sounded, and the gale had eased to a very strong wind, the result was 2 wins and a close loss.

The Under 18's were the first to test the conditions, and in a tight match, went down 3-8 to 5-9. Despite the extra pressure the elements provided players from both teams were able to read and track the ball in the air, with many well-judged marks taken. Riley Hutton (Victoria Hotel Pizza) and Blake Gibson took many intercept possessions in the back half and were able to propel the "Sherrin" forward often enough for 11 scoring shots, but even the best calculated shots on goal veered off course, or in some cases, almost off the boot before it could be kicked. Bryden and Luke have the squad believing in themselves, and both would have been impressed with the collective preparedness of all as they were prepared to push hard and apply pressure for 4 quarters. Connor McCoy and Ewan Ray both claimed a Shane Carroll Award for their team-based efforts. Lewis Stubbs (Pyramid Hill Butchers Award) was again very effective in the ruck and at stoppages and Harry Goodes took home the Good Sports Award for another inspirational game. Others to figure prominently included Xavier Emmerson, James Hercott and Blake Gibson.

In the Reserves the 'Dogs faced a depleted but determined Superoos unit and despite the respective positions on the ladder, the clash was not decided until late in the final term. The 11-6 to 7-6 result was built on the back of a great Premiership Quarter. Five goals from seven scoring shots turned a 2-goal half time deficit into a 2-goal advantaged at the last change of ends. Instrumental in the third term surge were Kaleb Quinn (Victoria Hotel Award), Matt Moon (Pony Award) and coach Stephen Donat (National Hotel Award). The coach can also lay claim to a goal-of-the-year contender for his overhead scissor kick strike. Four goals out of 11 was top effort from Stiffa, and with Tom Walker (Good Sports Award) and Greg Quinn, Rylan Delamare, Mitch Dingwall and a returning Matt Holdstock all pitching in, the 'Dogs got the points and maintained a hold on 3rd ladder rung. Thanks to Heath Emmerson who backed up as Club Umpire after also Umpiring the Thirds game - a big effort in trying weather conditions.

As was the case in the Reserves our visitors were also depleted in the main game, and in the end the Bulldogs ran out comfortable winners. Again, we were able to share the goals, with 9 "Pyramid" names on the goal umpire's cards; with the highlight being another senior six-pointer for Blake Gibson who had also played in the Under 18s. Five goals to the ever-elusive Zac Alford (Victoria Hotel Award) takes him to a season tally of 42, with a half-ton now genuinely a possibility. Ben Knight (National Hotel Award) continued his recent great form. On-ballers, skipper Steven Gunther, Damon Hemphill (Healthy Mates Award), Bailey George and Brad Ladson were again well supplied by Lachlan

Sidebottom, and forced the ball forward, meaning the front half of the ground saw ample action and opportunities.

When the visitors threatened our back-half it was Scott Mann and Tom McGregor who helped stabilise and repel the charge. Despite the trying conditions it was a good day and our Club Sponsors were able to view from the comfort of our upstairs facility and help make the TAC Round a success. It was a happy throng that then proceeded to enjoy the Goods and Services Auction.

Thanks to all that contributed to the success of the night via donations or by lending a hand on the night; Special thanks to David James, Fiona Moon and Lauren Driscoll for their work behind the scenes and, to FP Nevins & Co for their ongoing support

A special Shout Out to the junior footballers and netballers from Lorraine and her team for their help dishing up almost 120 meals at the PHFNC Annual Goods & Services Auction. Brilliant! Your enthusiasm and plating up was a joy to see. Finishing off, tea towels in hand at the sink and dishwasher. You should be proud of your efforts and all have a bright future on or off the sporting arena. Thank you all, you are all welcome to help out in the canteen any time.

Lorraine and Team

#bulldogs2024

Carmody Shield for Golfers

We had seven groups contest the Carmody Shield. Despite the cold wind it was an amazing day with the course playing exceptionally well.

With a net score of 58.5, the winning group was: Jarad Smith, Caleb Smith and James Ritchie.

Thanks to Ted Carmody for providing the prizes for this event. Our President Maree presented the Shield to the winning combination.

This Sunday sees the Northern District Sandscape Championships played at the golf club.



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Thursday – Open Midday
Dinner from 5.30pm
Steak'n'Pot Night

Friday – Open Midday
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Dinner from 5.30pm
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NETBALL ROUND 14 v.s Mitiamo

The Pyramid Hill Football and Netball Club had the 2024 TAC AFL Road Safety Round, and supported the annual TAC Toward Zero Campaign for the fourth consecutive year. It is a reminder to all of us to slow down and to be safe on our roads, set an example for others, don't speed, avoid fatigue and arrive safely at your destination.

A Grade- In cyclone conditions at the Hill it was a slow start for the Pyramid girls finding it rather difficult to secure the goals. 15 goals down at half time we had to make a few changes and we came out firing. Strong pressure in the defense end and throughout the court and with the goals finally going in we pinned the score back to 1 goal within the final minutes. Mitiamo held on to the lead and came away with a 6 goal win. Victoria Hotel Pyramid Hill Award: Gemma Scott. Final Score: Pyramid Hill 43 Mitiamo 49.

B Grade- Wow what a day! In the windiest game I think anyone had ever played, the girls managed to somehow pull off an impressive 18 goal win! They showed a lot of guts and determination in all areas of the court and should be very happy with what they managed to achieve! Best on went to our super coach Sim and players award went to Karly, well done girls. Victoria Hotel Pyramid Hill Award: Simone Edgley. Players Award: Karly Mitchell. Final Score: Pyramid Hill 36 Mitiamo 18.

C Grade- Mitiamo and Pyramid Hill were goal for goal to begin the game. The windy conditions kept scores low and created a lot of intercepts across the court. Mitiamo trailed the whole game but Pyramid Hill proved too strong for Mitiamo in the end, continuing their stellar season, winning 33-28. National Hotel Award: Nicole Campbell. Final Score: Pyramid Hill 33 Mitiamo 28.

C Reserve- The fact that it was blowing a gale did not deter the Pyramid girls, it just made them more determined. That determination paid off as the wind contributed many turnovers for us. Strong drives, good voice and moving down the court were consistent, as were the goalers – despite the windy conditions. A great win for the Pyramid girls! National Hotel Award: Kirily Threlfall. Final Score: Pyramid Hill 26 Mitiamo 9.

17 and Under- No Game -Mitiamo have no 17's side.

15 and Under- The wind was the girls worst competitor. It blew balls out of goals, and made passes inaccurate. Despite this the girls still managed to pull through. They were losing in the first but caught up and managed to win the second. With a encouraging pep talk from the coach Jodi the girls managed to keep there lead in the third. The last quarter was a nail biter. Mitiamo had upped there game and the girls had to up their game to keep up, lucky the girls managed to win the game by one point only. Congratulations girls on your win you all played so well. Best on-Pyramid Hill Store Award: Matilda Kervin. Coaches Award: Isla Cladingboel and Laura Poole. Inclusive Award: Rian Pantig. Final Score: Pyramid Hill 17 Mitaimo 16.

13 and Under- This game was a great win for our girls. We started off strong with accurate shooting even in the horrid wind, our defense was strong and created good pressure and good teamwork. Well done under 13's Girls. Best On- Coffee Bank Pyramid Hill Award: Charlotte Pickles. Inclusive Award: Xanthe Farrar. Special Junior Award: Michell Wool Award: Lilly Broad. Final Score: Pyramid Hill 23 Mitiamo 7.

Minis- An absolutely freezing cold start to the day for the girls. First half saw some great passing of the ball and some great defending. Second half saw the wind brew up once again. And with that saw some more great passes and intercepts. Well done to all. Best on-PHFC Canteen Award: Nevaeh Golding.





For any enquiries call or message
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Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- **Medical Clinic**
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Kerang Medical Clinic
 34 Fitzroy St Kerang
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- Help manage your health and wellbeing at home
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Pyramid Hill
 12 Victoria St, Pyramid Hill
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 (other times by appointment)
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