

PYRAMID PRESS

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Big Changes for Coffee Bank

After 13 years, it's time to hang up my Coffee Bank apron. With both sadness and excitement we are planning to move onto the next chapter of our lives. We wanted to let you all know we have sold the business. It's time for someone else to take the reins and put their spin on it!

Deb Forster surprised us all with her recent Facebook post announcing the sale of the much loved local business, Coffee Bank.

The shop has been purchased by Janine Worth who is dying for the opportunity to sink her teeth into a hospitality business. We wish her all the best!

What a journey it has been! We would like to thank all our wonderful staff and customers along the way it has been an amazing ride! The relationships we have formed will never be forgotten, and the good times we've had!

Deb went on to say in the future she will be resting up and focusing on her health, travel and the family hobby farm.

Over the next few weeks, Deb and her staff will complete a handover with the new management. Get in soon to wish them all well, and to use up any vouchers you might have laying about..

Under Janine's management, the biggest change we will see in the next few weeks is the hours will extend to 5am - 5pm on weekdays and 6am-3pm on weekends.

We wish Janine and her team the very best!



INSIDE: Stargazers visit Pyramid Hill, St Patricks School, Netball and Footy updates, Launch of new Social Seniors group for Pyramid Hill, John and Don hit 180, PHFNC Goods and Services Auction this weekend!

Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Tues - Fri 10-4pm

Submissions due Tuesdays | 3:00 PM

Email: pyramidhillpress@gmail.com

Digital copies: facebook.com/PyramidHillHouse/

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Produced by the community and Pyramid Hill Neighbourhood House
Sponsored by the Loddon Shire Council



REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS

Coordinator Catch Up

Hi Neighbours

We've had a great little school holiday program running at the House these last few weeks. Thanks to all who came along and participated in art [painting / beading / clay activities], cooking, KNITTING and our bike mechanic. Thanks to Karen and Lizzie for coming along to help with those programs.

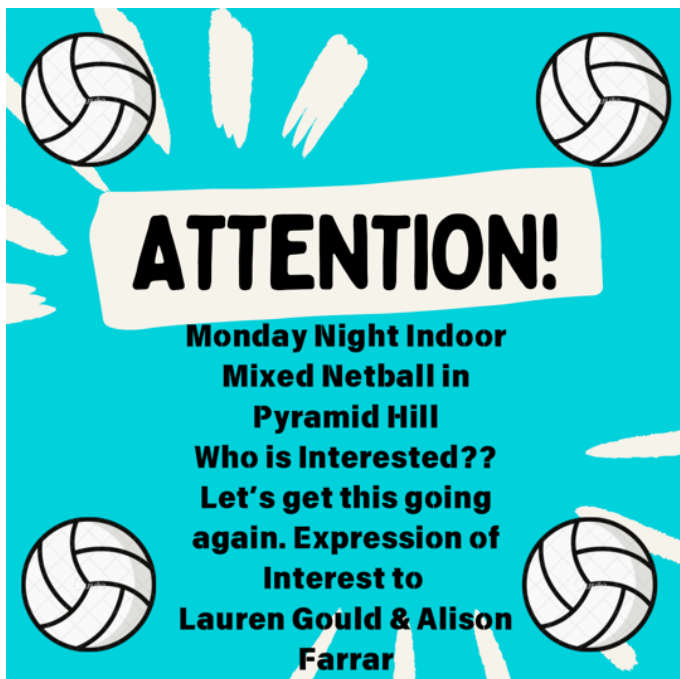
At the end of last month we stopped our regular carer's gatherings [and yet the walking group continues!]. Thanks to Lizzie for all the work she has put in on that program.

I have been working for the last few weeks on the new Pyramid Hill Social Seniors group! A wonderful bunch of locals are breathing new life into a social gathering program for our over 60's. We thought we would start off with a bang - BINGO and a light lunch!

The program has been supported by the marvellous Op Shop ladies, and we thank them SO MUCH for their generosity in helping out yet another local community program. I don't know what we would do without our wonderful Op Shop. Not just a great place to fossick and find some bargains - but they are really keen to help out local projects. Thanks again.

A reminder that if you are wanting to put notices in the Press, they are due by 3pm on Tuesday! Please send us stories and photos of what is going on that you would like the town and district to know about..

Kim



Come along and join us for a lunch of **soup & sandwiches** and enjoy a game of

BINGO

Friday 2nd August 12.00 - 3pm,
Pyramid Hill Memorial Hall



Stargazers visit Pyramid Hill

Members of the RMIT Astronomy Society caught the train to Pyramid on the weekend, to gaze at our skies, and visit local places of interest. President Ashar Husain thanked locals Terry Wood and Paul Carter for showing them hospitality during their visit. It sounds like they had a good time, visited the museum, cafes, op shop and the pub, and viewed clear skies.

Let's hope they make our town a regular destination for future Astronomers!



WHAT'S ON

Yodel and Yack

Sunday | Mount Hope

PHFNC Goods and Services Auction

6.30pm Saturday 20 July
Pyramid Hill Memorial Hall

Nurse Practitioner in Pyramid Hill

Thursday 1 August
NDCH Victoria St | bookings essential
54557065

Pyramid Hill FOODSHARE 2024 dates

Monday 12 August | 23 September | 21 October | 18 November | 2nd December
From 4.30pm at Pyramid Hill Catholic Church while supplies last.

Pyramid Hill Social Seniors LAUNCH event

Friday 2 August 12.30 - 3pm
Pyramid Hill Memorial Hall

Pyramid Hill Progress Association Meeting

Wednesday 21 August* | 7pm
*third Wednesday of the each month
Victoria Hotel

Justice of Peace

12.30- 2pm Tuesdays, 6th & 20th August | 3rd & 17th September | 15th & 29th October | 12th & 25th November | 10th December
Neighbourhood House

REGULAR ACTIVITIES

TUESDAYS

Morning Coffee | 10:15 AM | Neighbourhood House

Goldfields Library visit | 11:00 AM | Neighbourhood House

WEDNESDAYS

Moderate Movers exercise group | 1 PM | Pyramid Hill Memorial Hall | BYO exercise mat or towel **[not during holidays]**

Social Bowls | 7:00 PM | 98 Victoria St

Book Club | 4:30 PM | last Wednesday of each month

THURSDAYS

Art Group | 10.30AM Neighbourhood House

Pyramid Cares Walking Group | 9.15AM Neighbourhood House

FRIDAYS

Playgroup | 10:00 AM | Preschool, 67 Kelly St

Scrabble Fever | 2:00 PM - stumps | Neighbourhood House

Hill Walking Group | 4.15pm | 1st Friday of the Month Meet at the Hill for friendship and fitness

PYRAMID HILL FOOTBALL & NETBALL CLUB

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CHURCH SERVICES

Anglican

Anglican Church Services
1st and 3rd Sun | 10:00 AM
Tyndale Church
Victoria Street, Pyramid Hill
2nd Sun | 9:00 AM
4th Sun | 11:00 AM
St Thomas' Church
Durham Ox Road, Pyramid Hill
Enquiries:
Rev Sue Allen | 0417 365 386
Bill Boyd | 0448 219 457

Church of Christ

Sunday | 11:00 AM
Church of Christ, Kelly St
Pyramid Hill
Enquires:
June Smith | 0438 062 646

Uniting

1st & 3rd Sunday 10:00 AM
Tyndale Church, Victoria St
Pyramid Hill

Kids Rock

For all school aged children
Every second Tuesday
during term
3:30-5:00 PM, Uniting Church
Enquiries:
Robyn | 0427 561 973

Catholic

Sat Mass | 6:30 PM
St Patrick's Catholic Church
Victoria St Pyramid Hill

On Sunday August 18th
**The Anglican, Catholic, Uniting &
Church of Christ Churches**
are having a
Combined Worship Service
followed by afternoon tea.
**We will be meeting at the
Church of Christ on Kelly Street
at 2.30 pm.**

The morning services will not be held this
day so please come along and join us.



*Congratulations to two old mates who
celebrated a combined 180th birthday last
week!*

Don Farrar and John Carroll were inundated
with love and best wishes for their birthdays
on the weekend. Over 100 people were in
attendance at the footy club rooms, enjoying
stories of old times, a fabulous afternoon tea
and a catch up with their ever growing
extended family. Congratulations to all who
worked on the catering and organising, it
was a wonderful party!



NOTICE OF PUBLIC MEETING – CHANGE OF DATE

To be held at YARRAWALLA HALL on
TUESDAY 30 TH JULY AT 7.00pm.

The purpose of the meeting is to
nominate at least 3 but no more than 9
people for the Committee of
Management of the Yarrawalla
Community Centre. The current
committee's term will end of August 17,
2024. All positions will be declared
vacant, with nominations being
accepted before or on the night.

Nominations from all walks of life, sexes,
abilities and backgrounds are
encouraged. For more information
please contact your local Dept. of
Energy, Environment and Climate Action
office or the Secretary, Adelle Smith on
0405 378 298 or Chair, Sue Bennett on
0428 551 275.

TRAIN/COACH MELBOURNE TO PYRAMID

Monday – Friday

	Dep Melb	Dep Bendigo	Arrive Pyramid
	07:39 AM	10:00 AM	11:09 AM
	06:08 PM	08:26 PM	09:34 PM

Tuesday and Thursday (Need to book on Thursdays)

	01:06 PM	TUE 03:09PM	04:29 PM
		THU 03:10PM	04:29 PM

Friday Only

	07:08 PM	09:10 PM	10:25 PM
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Saturday & Sunday Only

	07:40 AM	10:00 AM	11:09 AM
	06:43 PM	08:57 PM	10:05 PM

TRAIN/COACH PYRAMID TO MELBOURNE

Monday – Friday

	Dep Pyramid	Dep Bendigo	Arrive Melb
	08:05 AM	09:18 AM	11:28 AM
	02:46 PM	03:59 PM	06:11 PM

Tuesday and Thursday

	10:51 AM	12:26 PM	02:25 PM
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Friday Only

	05:30 PM	07:01 PM	09:09 PM
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Saturday Only

	08:05 AM	09:20 AM	11:30 AM
	02:46 PM	04:01 PM	06:09 PM

Sunday Only

	08:05 AM	09:18 AM	11:30 AM
	05:47 PM	07:00 PM	09:12 PM



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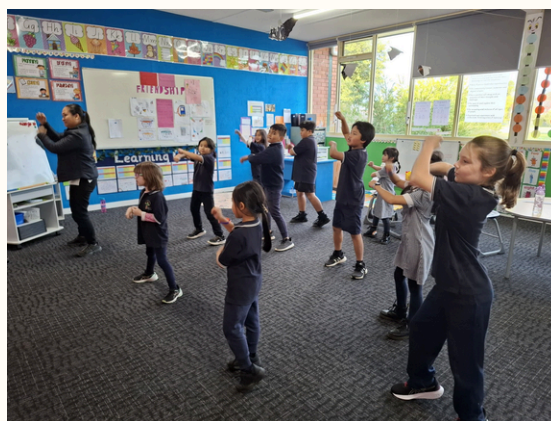
Welcome to term 3

All the students and staff are looking forward to an exciting term with lots of amazing things to prepare for.

With Book Week, the Lions Club Public Speaking Competition, the District Athletics Carnival and a Student Spirituality Day, the term will fly by.

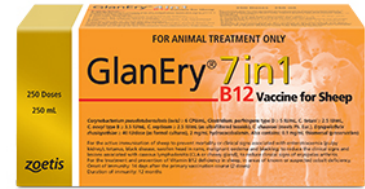
Our major event for the term will be our participation in the annual ‘Sandhurst Arts on Show’ Festival at the end of term.

On Monday, Laura and Jess from Arts Alive spent the morning rehearsing our songs and dancing as we prepare for our performance at this exciting event.



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FOOTBALL NOTES ROUND 13

The fog lifted in time for the Under 18's game but it took the boys a quarter to get themselves into full working mode. Before they knew it the hosts had a 4-goal lead and it was quarter time. Once the mojo was restored the Bulldogs fans were treated to a scintillating second term as Blake Gibson, Riley Hutton and Harry Goodes asserted themselves on the contest. Six goals to one saw the 'Dogs with a 1 goal lead at the main break. It was great to see the younger and smaller Bulldogs grow in confidence as the game wore on, and a handy buffer had been established at the final change. The opposition were able to win the final stanza, but in the end, it was a 3-point win to the "Pups", and made it their third win of the season. Harry Goodes, 5 goals, including a monster 50+ metre special, won the Victoria Hotel Pizza Award and Riley Hutton claimed the Pyramid Hill Butchers Award for his effort that was on display over 4 quarters. Blake Gibson was again the master of the intercept, with his steadying and repelling work across halfback instrumental in ensuring things went out way in the final term. Blake was the Good Sports Award winner. James Hercott, Jacobi Mitchell and Lewis Stubbs, who worked tirelessly in the ruck, were also influential in a victory that meant the Club song was again belted out at full volume.

The Bulldogs reserves fielded a strong team and had their chances against a very handy Bridgewater line-up, but in the end had to settle for second. Five scoring shots for no goals meant despite the good second term the early deficit had actually been extended at the main break. Kaleb Quinn and Dutchy Holland were providing ample opportunities in the corridor and at stoppages but errant delivery into the forward line was repelled too easily. Mick Dundon, in his return game kicked a couple of goals and Dolf Reid and Greg Quinn presented well forward of the centre, but the big sticks could not be found. The 'Dogs finished well and won the final term, but despite having just one less scoring shot, went down by 16 points. The Victoria Hotel Award went to Kaleb Quinn for his 4 tireless quarters, and Brad Moon, at his repelling best across halfback, pocketed the National Hotel Award. Dutchy Holland claimed another Pony Award and Matt Moon won the

Good Sports Award. Throughout the game solid support was also provided by Glen James, Brad Driscoll, Tom Walker, Greg Quinn and Mick Dundon.

The senior clash was another highly anticipated contest, with the Bulldogs faithful keen to see if there was to be a letdown after the great win the previous outing. The ball was hot in the opening term and the hosts were full-on with pressure. The Bulldogs returned fire at the stoppages and an entertaining opening term saw the home team 7 points up, but a combined 3-goals only had been scored, such was the pressure. The 'Dogs gradually started to gain the ascendancy and as the game opened up it made for more goals; 9 in all for the second term. The home team notched 4, but the 5 goals to the 'Dogs was a sign of things to come. Led by Lachy Sidebottom and Tom Brennan in the

ruck, the ball movers and carriers for the Bulldogs came into the game with increasing frequency. Ben Knight, (Victoria Hotel Award), Seb Relouw (4 goals), Jack Burns (also 4 goals) were able to exert maximum influence. Tom McGregor, (National Hotel Award), was again the leader of the back-half, and received great assistance from Jack Timmins (Healthy Mates Award) and Dylan Morison. Zac Alford was, as usual, an energetic presence in the forward zone, and by game's end the 'Dogs bench was more than happy with 9 individual goal scorers. The second half saw two more 5-goal terms, and in keeping the hosts goalless in the final term, an 8-goal win, and second rung on the ladder resulted. Bulldog's fans, members and supporters are reminded that today's game is also the Major Sponsors Day, with the annual Goods and Services Auction to follow. A huge thank you to our sponsors for their ongoing support and, to those who donated to the Auction - we couldn't do it with out you.

Today is also the Annual TAC / AFL Vic Road Safety Round. As always, if we all arrive safely, everyone wins.

#Bulldogs2024

#playyourrole.



#tacbandtogether

A reminder we all have
someone to drive safely for.



Pyramid Hill Football Netball Club

Proudly supporting TAC AFL Vic Road Safety Rounds
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#3575



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Wednesday – Open Midday
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Pot'n'Parma Night

Thursday – Open Midday
Dinner from 5.30pm
Steak'n'Pot Night

Friday – Open Midday
Lunch from 12.00pm
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NETBALL ROUND 12/13

On Saturday July 6th we Celebrated a dual 50th Game celebration for 2 teammates- Erin Farrar & Nicole Campbell. Erin is a young local, who joined the ranks of seniors in 2022. Since then, she has become a vital team member of C Grade. Erin has twice been R'up in our club awards in both C grade and the U15's. Erin has represented our Club as a junior LVFNL team member. Almost 3 years ago, Erin obtained her umpires "C" Badge & continues to be a valued member of our team white each week.

Nicole joined us at the kennel in 2022. Since her arrival she has proven she is versatile, one who loves a challenge and has cemented herself the position of C Grade GK. Nic has brought with her a wealth of netball knowledge and has happily shared it with both teammates and club members. Congratulations Ladies.



Round 13 Saturday July 13th

A Grade- The girls started pretty even with Bridgeway, as the quarter went on we pushed away to have a little lead. Pyramid powered ahead in the second and third quarter with the mid court working well and Jess and Darci in goals shooting accurately and superstars Leesh and Abbey dominating the defence ring. Pyramid ran away with it in the last quarter to win 53-31. Best on Award: National Hotel/ Victoria Hotel Pyramid Hill Award: Aleesha Flanagan. Final Score: Pyramid Hill 53 Bridgewater 31.

B Grade- The girls went in after the first whistle level headed and consistent, bringing the ball down to our goalies to finish the job. As the quarters progressed our defensive pressure upped turning over the ball numerous times bringing it back up our end. Bridgewater applied a lot of pressure making us work for every pass and turnover. We got over the line and taking home some new knowledge to work on! Great stuff girls!! Best on Award: National Hotel/Victoria Hotel Pyramid Hill Award: Simone Edgley. Players Award: Mikayla Burge. Final Score: Pyramid Hill 46 Bridgewater 41.

C Grade- went out strong from the start. Defence end put pressure on the ball the entire game. Erin was on fire in the midcourt, with intercept after intercept. Goalies kept there heads high and continued to fight under the strong defence pressure of Bridgewater. The girls came together

to take out a nice win. Well done to Erin taking the well deserved best on. Best on Award: National Hotel/ Victoria Hotel Pyramid Hill Award: Erin Farrar. Final Score: Pyramid Hill 46 Bridgewater 35.

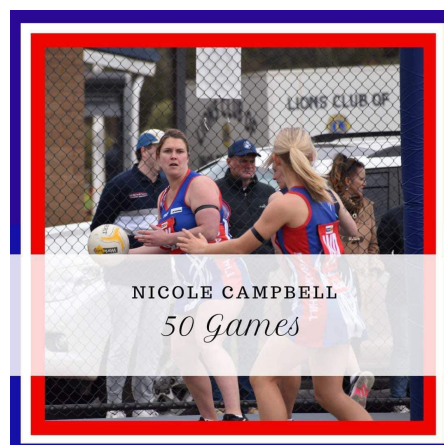
C Reserve- A tough game for the C Res girls in Bridgewater without our main GA Claire. Some positions were changed up, Kelly Gould swapped into goals from defence and was on fire!! Defence had some great turnovers, but unfortunately we didn't come away with the win. Best on Award: Victoria Hotel Pyramid Hill Award: Kirily Threlfall. Final Score: Pyramid Hill 34 Bridgewater 39.

17 & Under- The first two quarters were owned by Bridgewater with strong attacking, solid defence, the scoreboard reflected their unity. However, the third quarter was owned by Pyramid. A brilliant reshuffle of positions by the coaches, had the team massively out score Bridgewater. So to was the final quarter. Excellent netball by the whole team and coaches. Special Junior Award- Michell Wool Award: Alina Gould. Pyramid Hill News and Post Award: Dempsey Lee. Final Score: Pyramid Hill 31 Bridgewater 45.

15 & Under- The weather was cold but the girls still pushed through with a good attitude throughout the game. The girls fought a strong game with lots of intercepts and strong passes. Unfortunately Bridgewater took the lead throughout the game, but the score truly did not reflect how hard the girls pushed the entire game. Good game girls. Pyramid Hill Store Award: Isla Cladingboel. Coaches Award: Cecily Farrar. Final Score: Pyramid Hill 14 Bridgewater 44.

13 & Under- These girls were ready to come out firing today, and that they did! Excellent defensive pressure from the whole court grabbing some all important turn overs. Shooting was hot, attackers fed with perfection. You deserved this girls, lets build on this next week. Coffee Bank Pyramid Hill Award: Siri Harrison. Final Score: Pyramid Hill 31 Bridgewater 22.

Minis- All four quarters seen the Minis show so much determination and all players giving it their all. Goalies were strong and got many goals in and high fives all round!! Attackers ran out strong, and defenders got many rebounds. It was a very even game similar height and ages. Very proud of all the Minis. Well Done Girls. PHFNC Canteen Award: Ellie Dye.





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4 Albert Street Pyramid Hill

Any queries please call

Tan: 0427 993 004 | Bill: 0427 888 102

Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- **Medical Clinic**
- **Allied Health**
- **Community Nursing**
- **Community Support**
- **Registered NDIS provider**
- **Health Promotion**

Community Nursing

- Help manage your health and wellbeing at home
- Palliative care
- AgriSafe™ Clinics
- Chronic disease management

- Podiatry and Foot care
- Dietician
- Counselling
- Occupational Therapy
- Diabetes Education
- Speech Pathology
- Paediatric Physiotherapy
- Homelessness service

Kerang Medical Clinic
 34 Fitzroy St Kerang
 Mon to Fri
 8.45am to 5.30pm
 Phone: 03 5452 1366

Pyramid Hill
 12 Victoria St, Pyramid Hill
 Mon to Fri
 9.00am to 10.00am
 (other times by appointment)
 Phone: 03 5455 7065



- GULF WESTERN OIL STOCKIST
- BOND BATTERIES STOCKIST
- CAR/TRUCK TYRE SALES & FITTING
- ONSITE REPAIRS
- WINDSCREENS
- FULLY QUALIFIED MECHANIC
- 20+ YEARS EXPERIENCE
- CAR / TRUCK / TRACTOR
- LOGBOOK SERVICING
- GENERAL CAR/TRUCK PARTS IN STOCK

Enquiries or bookings please call
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 E: taqmechanical@outlook.com
 FB: @TAQ Mechanical

