

PYRAMID PRESS

SUBSCRIBE at the NEW WEBSITE pyramidhillhouse.org.au

Kelly Park Update

Residents will notice a change in faces and activity levels at Kelly Park over the coming weeks. Loddon Shire CEO attended the Pyramid Hill Progress Association Meeting last week to confirm that new contractors have started work on the final stages of the park, and we hope that means a speedy completion of this long project. A media release from Council yesterday, states:

The Council and the contractor for the Pyramid Hill Streetscape Project have reached a mutual agreement for the contractor to exit the project site.

The Council will now take on the responsibility of completing the remaining works through direct management and coordination of individual contractors.

This decision was made with a primary focus on achieving the best possible outcome for the community of Pyramid Hill and need to complete the outstanding works in a timely manner.

The Council remains committed to delivering a high-quality streetscape that enhances the local area, promotes community wellbeing, and meets the needs and expectations of residents.

Taking over the completion of the works will allow the Council to maintain control over the project's timeline and budget, ensuring that any disruptions are minimised and that the project aligns closely with the community's vision for the area.

Scots Wha Hae!

Just shy of 100 Scottish descendants, and interested parties enjoyed the Pyramid Hill Historical Society's weekend celebration of the Scottish local settlement. At the commencement of the afternoon the official party was piped in by Piper Glenn Ray, with the Bendigo Pipe Band from the Lions Rotunda.

Beautiful music from Kim Ritchie included a very moving rendition of Auld Lang Syne where the crowd held hands and sang together. The book *Scots Wha Hae* was launched by Chris Earl, and afterwards the attendees enjoyed a terrific afternoon tea.

To say we all missed Helen Stevens at the event was an understatement. She had however, organised the afternoon to a tee.

The Historical Society volunteers did a terrific job in her absence and the whole event was a flying success.

Congratulations to all involved.



INSIDE ANZAC Day Page 2 | What's On Page 3 | Church Services, Remembering Harvey Bawden, Train Timetable Page 4 | PHC News Page 5 | GMW and CMA News Pages 6-7 | Sports Pages 9 - 13 | Ambulance Victoria Page 15

Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Tues - Fri 10-4pm

Submissions due Tuesdays | 3:00 PM

Email: pyramidhillpress@gmail.com

Digital copies: facebook.com/PyramidHillHouse/

Subscribe to the Press: pyramidhillhouse.org.au

Produced by the community and Pyramid Hill Neighbourhood House
Sponsored by the Loddon Shire Council



REMINDER: NO PRESS DURING THE SCHOOL HOLIDAYS

CO-ORDINATOR CATCH UP

Hi Neighbours - just a quickie from me this week.

There remains a lot going on in our region and in our Neighbourhood House! Last week my highlight was having Peter Major attend to fix and finesse our local bikes. Including this little repair [pictured below]. Little fella had his front wheel on backwards. Peter also took his front wheel brakes off to ensure a safer ride.

We have Pete coming back first Friday of the School Holidays - so pop that in your diaries.

Biggest Morning Tea and Food Handling are coming up in May! Hope to see you there.



Window Decorations In time for Anzac Day.

The Coffee Bank and the Pyramid Hill Store have installations in their windows just in time for Anzac Day. Congratulations to the students at the College for the Supermarket [and the Men's Shed] who have created contemplative artwork in the lead up to our Anzac Day Service. A beautifully made quilt adorns the window at the Coffee Bank.

Thank you to Deb at the Coffee Bank and Mandeep for providing the space.

Pictured: Coffee Bank window [detail]



Food Handler Training

Pyramid Hill Neighborhood House Sunday 5th MAY 2024

Nationally accredited training

SITXFSA005 Use hygienic practices for food safety

9am-3pm including making sandwiches for lunch as your practical demonstration of skills



Food Handlers \$120 pp

Bookings are essential and payment must be made PRIOR to training to confirm your spot. QSS will call you to confirm and take payment via Credit Card or provide the bank deposit details.

Places are strictly limited.
Use the QR code to enrol.

To book:

Call Jackie: 0438848850
Email: jackie@qss.edu.au
or use the QR Code provided

QUALITY
SERVICES AUST.

RTO Code :90791

WHAT'S ON

Poppy Picking

Sunday | Mount Hope

ANZAC Day Commemoration

25 April

Mologa 8am Service | Guest Speaker | BBQ
Pyramid Hill 9.45am Service | Morning Tea

Bendigo Goldfields Chrysanthemum Championships

Saturday 27 April 9am to 4pm and Sunday 28 April 9am to 3pm
 Mechanics Institute Hall 19 Main Rd, Laanecoorie

Community Car Sweet Morning Tea

For our volunteers, and those interested in volunteering for local community transport.
 Tuesday 30 April | 11am
 Neighbourhood House

Bowls Event

Sunday 5 May | Seafood Tournament

Nurse Practitioner in Pyramid Hill

9 May, 30 May, 20 June, 11 July, 1 August
 NDCH Victoria St | bookings essential
 54557065

Pyramid Hill FOODSHARE 2024 dates

20 May | 17 June | 15 July | 12 August | 23 September
 | 21 October | 18 November | 2nd December
 From 4.30pm at Pyramid Hill Catholic Church while supplies last. All welcome.

Biggest Morning Tea

Thursday 23 May | 11 am
 Neighbourhood House
 \$5 entry

Art of the Heart

Pyramid Hill Memorial Hall
 Friday 31 May | 1 - 3 pm
 Free event to support our carers.
 Limited spaces available.
 Bookings essential: Liz Boikos Neighbourhood House | 5455 7129

Bike Mechanic

Neighbourhood House
 Friday 5 July | 10 - 11.30 am, 12 - 2 pm
 Bookings ph: 5455 7129

REGULAR ACTIVITIES

TUESDAYS

Morning Coffee | 10:15 AM | Neighbourhood House
 Goldfields Library visit | 11:00 AM | Neighbourhood House

WEDNESDAYS

Moderate Movers exercise group | 1 PM | Pyramid Hill Memorial Hall | BYO exercise mat or towel
 Social Bowls | 7:00 PM | 98 Victoria St
 Book Club | 4:30 PM | last Wednesday of each month

THURSDAYS

Pyramid Cares Walking Group | 9.15AM | weekly
 Caring for Kids | 1 PM | 3rd of each month

FRIDAYS

Playgroup | 10:00 AM | Preschool, 67 Kelly St
 Scrabble Fever | 2:00 PM - stumps | Neighbourhood House
 Pyramid Cares carer support group | 11 AM | 1st and 3rd of each month at Neighbourhood House

Justice of the Peace

Attending Neighbourhood House on these Tuesdays, 1-2.30pm.

No appointment necessary.

May 14th, 28th

June 11th, 25th



PYRAMID HILL STORYTIME.

Stories, songs and rhymes for preschoolers

Pyramid Hill Playgroup
 67 Kelly Street

Friday 17 May
 Friday 14 Jul

10.30 - 11am



PUBLIC NOTICES

CHURCH SERVICES

Anglican

Anglican Church Services
1st and 3rd Sun | 10:00 AM

Tyndale Church
Victoria Street, Pyramid Hill
2nd Sun | 9:00 AM
4th Sun | 11:00 AM
St Thomas' Church
Durham Ox Road, Pyramid Hill

Enquiries:
Rev Sue Allen | 0417 365 386
Bill Boyd | 0448 219 457

Church of Christ

Sun | 11:00 AM
Church of Christ, Kelly St
Pyramid Hill
Enquires:
June Smith | 0438 062 646

Uniting

1st & 3rd Sun 10:00 AM
Tyndale Church, Victoria St
Pyramid Hill

Kids Rock

For all school aged children
Every second Tuesday
during term
3:30-5:00 PM, Uniting Church
Enquiries:
Robyn | 0427 561 973

Catholic

Sat Mass | 6:30 PM
St Patrick's Catholic Church
Victoria St Pyramid Hill

Pyramid's Oldest WWII Veteran has passed

Harvey Hayward Bawden has died just shy of his 100th birthday.

Harvey was a highly decorated Bomber Command Air Gunner, Prisoner of War and a local wool grower.

You can watch an interview with Harvey talking about his wartime experiences <https://www.facebook.com/3575phc/videos/harvey-bawden/552345388755236/>



Photo credit: Darren Howe

TRAIN/COACH MELBOURNE TO PYRAMID

Monday – Friday

Dep Melb	Dep Bendigo	Arrive Pyramid
07:39 AM	10:00 AM	11:09 AM
06:08 PM	08.26 PM	09:34 PM

Tuesday and Thursday (Need to book on Thursdays)

01:06 PM	TUE 03:09PM	04:29 PM
	THU 03:10PM	04:29 PM

Friday Only

07:08 PM	09:10 PM	10:25 PM
----------	----------	----------

Saturday & Sunday Only

07:40 AM	10:00 AM	11:09 AM
06:43 PM	08:57 PM	10:05 PM

TRAIN/COACH PYRAMID TO MELBOURNE

Monday – Friday

Dep Pyramid	Dep Bendigo	Arrive Melb
08:05 AM	09:18 AM	11:28 AM
02:46 PM	03:59 PM	06:11 PM

Tuesday and Thursday

10:51 AM	12:26 PM	02:25 PM
----------	----------	----------

Friday Only

05:30 PM	07:01 PM	09:09 PM
----------	----------	----------

Saturday Only

08:05 AM	09:20 AM	11:30 AM
02:46 PM	04:01 PM	06:09 PM

Sunday Only

08:05 AM	09:18 AM	11:30 AM
05:47 PM	07:00 PM	09:12 PM

This week's happenings at Pyramid Hill College



Longerenong Trip

Last Friday 19th April, Year 9/10 Ag students ventured to Longerenong College to look around and see what was available at the college. All the students were very surprised by all the subjects' options and the flexibility of the college.

The students completed a tour of the college, they got to look around the campus and all the learning facilities, including the machinery yard and the wool classing shed.

Other activities included a brief guide on sheep lambing and agronomy which consisted of PH testing and identifying seeds.

Thanks to Longerenong College for taking time out of their day to show us around their college and thank you to Sue from LLEN for funding our trip to Longerenong College. Written by Jed Stewart



WATER NEWS FROM GMW

Plan water needs before irrigation season ends

Irrigators are encouraged to begin making preparations to ensure their water needs are met for the irrigation off-season.

The 2023/24 irrigation season ends on 15 May 2024, with water deliveries ceasing until the new season begins on 15 August 2024.

Goulburn-Murray Water (GMW) Water Delivery Services general manager Warren Blyth said it was crucial irrigators planned for the off-season.

“Works such as weed treatment, desilting, and refurbishing channel banks are essential to the performance of our delivery system, however, these works can only be effectively completed when channels are dewatered,” he said.

“Channels can be lowered at any time during the three-month off-season. Irrigators who still need water during this period should make alternate arrangements to secure water, such as filling their tanks and dams.”

The last day to submit water orders to ensure delivery is Friday

10 May 2024. “Most irrigators are familiar with the dates for the start and end of the irrigation season, but we often need to dewater different parts of our channel network from year to year,” Mr Blyth said.

“It is therefore important irrigators do not assume they will have access to water for domestic and stock or irrigation purposes simply because that has been the case in previous irrigation off-seasons.”

Customers are also advised to be aware of any blue-green algae alerts in their area, particularly if they are planning to fill on-farm channels. People can see where blue-green algae warnings are in place by visiting the GMW website: www.gmwater.com.au/bga

The 2024/25 irrigation season will begin on Thursday 15 August 2024, with customers able to place their first orders from Monday 12 August 2024.



Consider carryover options for unused water

Irrigators are being encouraged to think about how they manage their water entitlements as the 2023/24 irrigation season enters its final weeks.

Goulburn-Murray Water (GMW) customers have several different options for how they manage their unused water ahead of the end of the irrigation season on Wednesday 15 May. This includes the option to “carry over” water, allowing customers to keep some or all of their unused allocations for the next irrigation season.

GMW Water Delivery Services general manager Warren Blyth said it is important customers are aware of their options. “Customers in the Broken, Bullarook, Campaspe, Goulburn, Loddon and Murray systems all have the opportunity to carry over, but the rules between these systems vary,” he said.

“Unused allocation will automatically carry over for customers as long as it is held in an allocation account (ABA) linked to their water shares before 28 June 2024.”

Customers who choose not to carry over unused water entitlements can instead look to sell unused water by finding a buyer or using a broker to find one. Online trades must be submitted by 5pm, 28 June 2024.

The Victorian Water Register’s carryover calculator is a helpful tool to understand how carryover rules work in northern Victoria and explore how carryover, spills and allocations affect the amount of water available under customers’ entitlements in different scenarios. The calculator can be found on the Victorian Water Register website: <https://www.waterregister.vic.gov.au/>

For further details on carryover and the rules that apply to different systems, people can visit the GMW website: www.gmwater.com.au/endofseason

Water entitlement holders on the Campaspe, Goulburn and Murray systems can also opt to relinquish water that they do not wish to carryover. Further details on relinquishing water are available on the GMW website: www.gmwater.com.au/relinquishing-allocation

For more information phone GMW’s Customer Experience Team on 1800 013 357.

2024



North
Central
CMA



Balancing the
books between
Nature
Productivity
and People

NATURAL CAPITAL FORUM

Thursday 13 June

The Forum aims to bring together farmers, land managers and industry experts to explore the emerging opportunities of natural capital in the North Central CMA region.

Join us to explore natural capital at the farm scale. Delve into strategies aimed at boosting productivity, leveraging marketing opportunities and championing environmental stewardship.

Insights into Natural Assets

Explore the wealth of natural assets, including soil, air, water and biodiversity, and understand how these assets offer benefits for the future.

Explore Environmental Markets

Understand opportunities created through environmental markets. Learn not only about the opportunities but also the risks, and key considerations before entering the market.

Farmer Insights

Hear from farmers that have engaged with natural capital and carbon markets, they will share their experiences, challenges, opportunities, and innovative approaches for harnessing the potential of natural capital for long-term agricultural resilience and success.



The Capital, Bendigo
9am to 5pm
Tickets \$25



More Information and Register



northcentralcma.com.au
PH: 5448 7129



TILING:

- Walls
- Floors
- Verandas
- Family Rooms
- Kitchens
- Bathrooms and Renovations
- Certified Water Proofer
- & much more

No job too small! Not sure how to get started?
We'd love to suggest ideas in your price range.

Contact Ken Varns for a free quote or general advice

Phone: 0400 332 676 Email: kenvarns@bigpond.com



PLUMBING

Servicing Bendigo, Pyramid Hill and Surrounds

- General Maintenance Plumbing
- Blocked Drains
- CCTV Drain Camera & Locating
- Hot Water Replacement
- Roofing & Guttering
- Gas Fitting
- Backflow & TMV Install & Testing
- New Homes & Renovations
- Septic Tanks

Contact Brad today for an obligation free quote

info@bjdplumbing.com.au 0466 885 307



FILIPINO FOOD STORE



Monday - Friday
4.30 pm - 6 pm

Large range of Filipino groceries
LBC Boxes

45 kg household gas bottles
Assorted LED light bars for cars,
trucks & tractors
Camping & trailer lights

Phone: 5455 7305
Mobile: 0428 890 188

OBLIGATION FREE LEGAL ADVICE Pyramid Hill & District Mark Ryan Legal GP, Echuca

Initial appointment by phone
Mobile Consultations
Home | Farm | Business | Work
www.legalgp.com.au
Mob: 0429 580 035
Email: mark@legalgp.com.au

KEN'S MINI EARTHWORKS



Spreading & Compacting gravel
Post Hole digging
Trenching
Shifting & Spreading Soil
Phone Ken: 0400 332 676

QUINLANS TRANSPORT

Loads of water will be delivered anywhere for domestic, stock, swimming pools

7 DAYS A WEEK

Jordan & Lyndsey Quinlan
Phone - 0428 567 407 Mobile - 0428 567 408
quinlans.transport@gmail.com

Achieve the
best price
with your
local Ruralco
Water Broker.

Call us to discuss
the water markets
and your trading
needs.

Temporary Allocation Trades
Permanent Entitlement Sales
Water Market Advice and Strategy

Online Trading / Subscribe
ruralcowater.com.au
T 03 5456 4142



Local Service, National Strength.

Netball News



A Dual Netball "50 Game" Milestone was Celebrated on Saturday. Such a memorable occasion for the two sisters, Jordann and Imogen Broad. The girls have worn the red white and blue since their Junior days and since moving up to Senior levels, both have become valued team members of their

respective grades. Both girls are very versatile players and have been known to fill other positions either in goals or defence when needed. Imogen has played all bar 2 of her senior games in A Grade. She has won both Club and League Junior B&F Awards, was 2023 LVFNL Netball Rising Star and has also been a Junior Club Coach of both Minis and 15 & Unders. Jordann has played a variety of levels, having played games in all A, B & C grade teams. She has won Club Awards in both Junior and Senior Grades, has been a Minis Coach and is the C Grade Coach this year. Congratulations Girls and what a wonderful achievement to Celebrate together.

A Grade - With coach Chels still away on holidays, and Amber returning for her first game of the season, it took us a little while to find our feet. With a comfortable lead by half time, the doggies were able to trail a few new combos in the ring and midcourt. Abbey and Aleesha displayed impeccable defensive prowess, while our recruit Darci continued to shoot precisely, cementing her spot in the A Grade side. Congrats on the solid win girls. Victoria Hotel/National Hotel Award: Amber Angel. Final Score: Pyramid Hill 50 Calivil 11.

B Grade - It was pristine netball conditions in Pyramid Hill for Round 2. The girls came out strong despite having the coach out this week. The shooters were on fire and a strong defence all the way down the court stretched out the lead. Great effort girls. "Players Award": Jordann Broad. Victoria Hotel/National Hotel Award: Mikayla Burge. Final Score: Pyramid Hill 63 Calivil 30.

C Grade - C Grade had a rocky start to the game, but managed to settle them selves to secure a good lead in the first quarter. The team started to gel together and with some fresh legs establish a good lead in the 2nd quarter. Defence end was on fire with turn over after turn over. Mid court kept running and making decisive leads even in the heat. Attack end worked on their communication and came together as a team. Pyramid had a great win in the hot conditions. Well done girls. Victoria Hotel/ National Hotel Award: Jessica Zimmer. Final Score: Pyramid Hill 53 Calivil 16.



C Reserve- Although the warm conditions the C res doggies came out strong. Dayna and Claire, their shooting was on fire, defenders were strong and mid courters were speedy. Overall the doggies came out with a win!! Victoria Hotel/National Hotel Award: Nicole Bushby. Final Score: Pyramid Hill 39 Calivil 24.

Under 17- In a heated netball showdown between Pyramid Hill 17's and Calivil 17's, Pyramid surged ahead with a strong start, showcasing their skills and teamwork. However, as the game progressed, they struggled to maintain their momentum. Eventually falling short in the second half against a resilient Calivil team. The warm weather added an extra challenge, testing Pyramid's endurance and adaptability on the court. Despite their initial lead, the heat took its toll, affecting their performance in the latter part of the match. Looking ahead, Pyramid Hill recognises the need to focus on conditioning and stamina in training sessions to better cope with similar conditions in future games. Tightening defensive strategies and honing their mental resilience under pressure are also areas they aim to address to bounce back stronger in upcoming fixtures. Pyramid Hill News and Post Award: Alina Gould. Final Score: Pyramid Hill 26 Calivil 42.

Under 15- The weather was perfect, and the girls did an amazing job during the game. It was a rough 3 quarters but they fought hard in the last quarter. The ball was mostly on the Calivil end, but the girls in defence worked hard to get it to the shooters. Pyramid Store Award: Sadie Kervin. Michell Wool Award: Laura Poole. Final Score: Pyramid Hill 12 Calivil 58.



Under 13- What a great start for our first home game. The girls come out strong and really took advantage of the rolling subs. The sun was out and Calivil put the pressure on our girls. Our girls were strong in their defence and made them work, but sadly Calivil come out on top. Pyramid kept their heads up and played strong until the end. Coffee Bank Award: Xanthe Farrar. Final Score: Pyramid Hill 4 Calivil 39.

Minis- A really lovely game of netball to watch and be a part of. This is a super group of girls who are all very keen to play and learn. The opponents were really strong but our girls took on board about passing selection and retaining possession. All throws their very best and showed strong defence, outstanding work rate and accurate shooting. Job well done Girls. PHFNC Canteen Award: Matilda Mowat.



SPLIT FIREWOOD FOR SALE

Mixed Hardwood \$150 per meter Free delivery within 20km of Pyramid Hill
\$20 delivery fee for over 20km
Call Rob on 0429 416 609



Specialising in custom made cabinets for:

- Kitchens
- Bathrooms
- Laundries
- Offices
- Wardrobes
- Alfrescoes

Website: www.kerrskc.com.au
Email: gavin@kerrskc.com.au
Contact Gavin 0411 355 842

PYRAMID HILL RECYCLE CENTRE & TIP

Ballast Road Pyramid Hill

Opening Hours

Tuesday - 1pm-5pm

Sunday - 8am-12pm

For more information on garbage & recycling visit loddon.vic.gov.au



Your local Copier and Phone System Specialist

www.scoe.com.au
1300 33 55 14

PYRAMID HILL BUTCHERY



Smallgoods and deli products
Poultry Products
Fresh Bread
Cut up & pack private stock
Range of fresh fruit and vegetables
Phone: 5455 7115

PYRAMID HILL NEWS & POST

Mon - Fri 6:30am - 5pm
Sat 8am - 12pm

Friendly service, great range of cards & stationery, V/Line Tickets & much more

Phone: 5455 7036

PYRAMID HILL COMMUNITY OP SHOP

Opening hours
**Tue, Wed, Fri
11:00 AM - 04:00 PM**

5 Kelly St, Pyramid Hill



CONCRETE & QUARRY PRODUCTS

Phone: 5455 7304
Email: pyramidhill@mawsons.com.au

GIDDINGS CO LOCKINGTON - VICTORIA

OPEN 7 DAYS

Mon - Thur: 7.30am - 6.30pm
FRI & SAT: 7.30am - 7.30pm
SUN: 9.00am - 1.00pm

ONLINE ORDERS:

We deliver

Every Thursday
to Dingee, Callivill,
Mt Iiamo, Pyramid Hill
and surrounding areas
lockington.myfoodworks.com.au

- Supermarket & instore bakery
- Online shopping/deliveries
- Café • Newsagent • Hardware store
- PVC & Poly pipe & fittings
- Farming supplies • Stock and Pet Food
- Pump Installation & Repairs
- Gas bottle deliveries and refills



Boort District Medical Centre

DR. CHRIS OLISE
ABN : 86 635 807 297
2 COUTTS ST, BOORT VIC 3537
Email: medicalreception@bdh.vic.gov.au
We welcome all existing and new patients
IN CASE OF EMERGENCY DIAL 000

APPOINTMENTS PHONE: 5451 5220

MON TO FRI | 08:30 AM - 05:00 PM
SAT | 8.30 - 2 PM

Pathology
MON to THU 8.30-10.00
(Service provided to Boort District Medical Centre Patients Only)

HOTDOC Available

FOODWORKS

DAVEY

THIRTY-LINE
HANDWARE

handware for work

03 54862 200

Pyramid Hill Football Notes

The first game for the season at Mitchell Park saw the Bulldogs bounce back well in both Seniors and Reserves after defeats at 'Serp in the season opener; both teams scored healthy victories. The other highlight was the first appearance of our Under 18s boys, who despite going down to the Rams, were able to entertain the large early crowd courtesy of some free-running passages of play.



The opening term from the Under 18s was full of promise and gave glimpses of what to expect later in the season as the group accumulates more time playing together. Trailing by just over 2 kicks at the first change the boys had certainly applied themselves enthusiastically against a bigger and physically stronger Loddon Valley Rams unit. Blake Gibson, Harry Goodes and Jaxon Peter were in everything and were showing the way. As the game unwound

however the height and strength of the opposition gradually took its toll. The final margin had gradually blown out by 2 or 3 goals each quarter when the final siren sounded. There was plenty of positive noise in the rooms after the game despite the defeat, which is a great sign for Bryden and Luke. Awards went to Blake Gibson (Victoria Hotel Pizza), Harry Goodes (Pyramid Hill Butchery), Haydon Ray (Good Sports) and Matthew Caspani (G+J Hickmott). The 7 goals posted by the boys were courtesy of Jaxon Peter (3), Harry Goodes (2) and 1 each to Blake Gibson and Connor McCoy.



The Reserves had a comfortable 100-point win against a depleted Calivil outfit, and were well served by basically all players in the line-up. When asked to do their bit all were up to the task, and this was demonstrated emphatically by Matt Moon at halfback. His continual intercept marking and rebounding deliveries saw him awarded the Victoria Hotel Award for his efforts. In his second game back from major surgery Jack Timmins was the instigator of ample opportunities for those in

the forward arc. The Pony Award found its way to Timmo for his efforts. Mitch Dingwall, with 5 goals, was one of many forwards to benefit from the efforts of Matt and Timmo, and he took home the National Hotel Award. Tom Walker, the general at the coalface and instigator of countless opposition turnovers, claimed the Good Sports Award.

On a day where all 22 players did more than their bit, others to catch the eye included Ashton Dye (4 goals), Ben Culross, Brad Delamare and Greg Quinn. Like the Reserves game, the Seniors also saw a depleted Calivil

unit take to the field. It didn't take long for the Bulldogs to gain the early ascendancy, and at the first change the result was never going to be in doubt. Calivil were hard and determined at the stoppages but with extra depth in this part of the ground the Bulldogs were able to win plenty of the ball and once in the open the ball movement was generally clean, fast and effective. Half of the team were able to raise both flags, with the major contributors being Jesse Sheahan (7), Bailey Scott (6), Jaydon Cowling (5) and Zac Alford (4). Despite a very large score being posted it was at the defensive half of the ground that saw the standout player for the game; Tom McGregor across halfback was impassable. Countless intercept marking, precise delivery and the preparedness to apply tackles meant he was a constant source of supply for those further up the ground. His 4-quarter effort, combined with a contender for M.O.T.Y. made him a worthy recipient of the Victoria Hotel Award. Leading from the front skipper Steven Gunther was everywhere, and his countless possessions, at both ends of the ground meant he was also a constant avenue for forward forays. Steven took home the National Hotel Award for another high-quality effort. Like the Reserves the entire Senior line-up pitched in and did more than their bit. In what was a full team contribution, others to shine included Jesse Sheahan, Gavin James, Ben Knight, Jayden Cowling, Seb Relouw, Damon Hemphill and Bailey Scott.

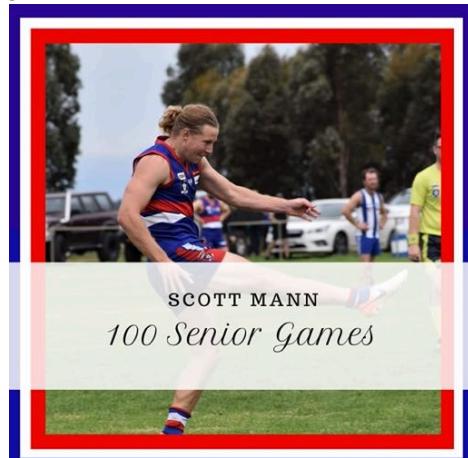
Congratulations to Pyramid Hill's home grown Scott Mann who ran out for his 100th Senior game on Saturday. Scott's loyalty has seen him travel long distances each week to support the Club and his team mates so this milestone is incredibly special. Well done Scoot, looking forward to the next milestone.

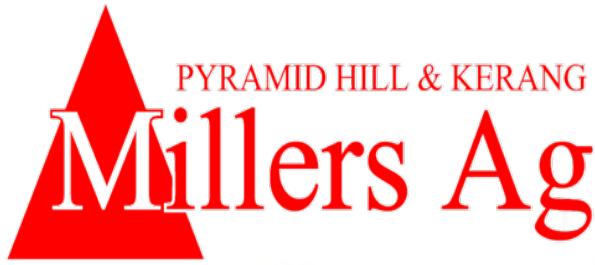
Thanks to all those who attended our Past Player's Day last week. While the tales no doubt got taller, the good humour and camaraderie were obvious to all. Thanks to Darryl Hoffman and Pat Dingwall the day is now a permanent fixture in the annual PHFNC social calendar.

After the game we're heading back to the National Hotel. Please support those that support us.

Make sure you save the date for our Round four games night and remember, if we all get home safely everyone wins.

#Bulldogs2024





Have you organised your pasture seed yet? We have quantities of annual rye, italian rye, shaftal and shaftal mixes at both stores.

Need a new pair of boots? Rossi Boots are walking out the door!!

TJStockfeeds has a large selection of horse rugs for your best mate. Keep them cool in summer and snug in winter.

Don't forget to order your fox baits prior to lambing! You will need to show your ACUP with the 1080 endorsement.

For all your agricultural & hardware needs Ph: 5455 7306

Locally owned by Nev & Michelle Miller Email: nifty@millerag.com.au

Mon - Fri 8am - 5pm | Sat 9am - 11-55am Facebook: [@MillersAgSupplies](https://www.facebook.com/@MillersAgSupplies)

www.millerag.com.au

Kerang
69 Wellington Street, Kerang VIC 3579
(03) 5450 3792
admin@ghrealestate.com.au

GRAEME HAYES
REAL ESTATE

Swan Hill
34 McCallum Street, Swan Hill VIC 3585
(03) 4016 2005
info@ghrealestate.com.au



CHELSEA MANUEL
Business Development Manager
0403 242 171



AMY STEEL
Property Manager
0432 700 533



SHARRON WOOD
Executive Administration Assistant
(03) 5450 3792



CHARLY DELMENICO
Administration Assistant
0434 449 259



NATHAN HIPWORTH
Licensed Real Estate Agent VIC & NSW
0458 428 201



GRAEME HAYES
Principal / Licensed Real Estate Agent
0411 338 649



TRAVIS HIPWORTH
Water Trading / Licensed Real Estate Agent
0435 591 985



COLIN BALCAM
Sales Agent
0419 203 908



TAMIKA YATES
Property Manager
0432 700 151



STEPHANIE HAMILTON
Property Manager
0432 700 520



MANDY ALDERSON
Property Manager
0434 544 757

SERVICING KERANG, SWAN HILL, AND SURROUNDING AREAS

RESIDENTIAL AND COMMERCIAL PROPERTY SALES . PROPERTY MANAGEMENT . WATER TRADING . ONLINE AND ON SITE CLEARING SALES . BROAD AND IRRIGATION FARMS

WWW.GHREALESTATE.COM.AU

Past Players Day

There's nothing better than getting together to relive sporting moments with old mates and this was never more apparent than we hosted our past players at Mitchell Park yesterday.

We all know sporting friendships rarely fade and while the tales no doubt got taller, the good humour and camaraderie were obvious to all as the large gathering relived our sporting past.

History is important to us so many thanks to Darryl Hoffman and Pat Dingwall for making the gathering possible and special thanks to all that travelled or made the effort to be with us yesterday. We loved hosting you.

Looking forward to see you all again next year.

Go Hill!

#sportingfriendshipsrarelyfade
#pyramidhillsportinghistory #catchingupwithmates
#bepartofthegame thecommunityandthesuccess



**PYRAMID HILL
VICTORIA
HOTEL**
EST. 1874



Love our local!

The friendly pub open for meals every day with Friday happy hour, trivia, raffles and a chance to win \$1000

Monday - Open 3.00pm

Dinner from 6:00pm

Social Darts Night

Tuesday - Open 2.00pm

Dinner from 6:00pm

Trivia Night

Wednesday - Open Midday

Lunch from 12:00pm

Dinner from 6:00pm

Pot'n'Parma Night

Thursday - Open Midday

Dinner from 5:30pm

Steak'n'Pot Night

Friday - Open Midday

Lunch from 12:00pm

Dinner from 5:30pm

Happy Hour 5:00pm–6:30pm

Hot Bar Snacks

Meat Raffle

Saturday - Open Midday

Lunch from 12:00pm

Dinner from 5:30pm

Sunday - Open Midday

All Day Pizza Menu

Closes 11:00pm

Eat in our Lounge or Dining Room

Win \$1000 in our monthly cash draw!

Love your local pub!



**LIVE MUSIC DUO
& FULL LUNCH MENU** 

The second Sunday of each month from May–August

**20 VICTORIA STREET
PYRAMID HILL
03 5455 7391**



Coffee B.A.N.U
SAVOUR THE MOMENT

Extensive breakfast menu, hot and cold lunch, homemade pies, pasties and sausage rolls, hot and cold drinks, homemade cakes and slices, large range of local produce, school lunch orders on Fridays, catering available, bulk buy homemade freezer, fresh sourdough bread baked daily.

36 Kelly Street Pyramid Hill
Monday - Friday 6.30 am - 3 pm
Phone: 5455 7006

leighanddebby@bigpond.com

Like us on Facebook

Professional Funeral Home
Providing a caring and compassionate service to the surrounding districts 24 hrs - 7 days.

Philip and Karen Davey

A.G. ADAMS
& Sons

OFFICE & CHAPEL Ph. 5452 1111
39 Fitzroy St, Kerang
info@adamsfunerals.com.au

Pyramid Hill Bakery

Pasties, pies - plain or flavoured, sausage rolls, burgers, Fish'n'Chips, pizzas, cold drinks and meal deals.

Hot drinks - cappuccino, latte, chai, hot chocolate and tea.

Cold drinks fridge

Large range home baked cakes and slices.

Order - roast chickens and family pies (any flavour)

Eat in or Takeaway



Phone 5455 7035

Open every day

8am - 8:30pm

We have your catering needs met.

Order today!

CHEST PAIN

Chest pain can be an indicator of a potentially life threatening problem and needs to be treated as a medical emergency.

**“Chest Pain” can be separated into two categories;
Angina or a Heart Attack.**

Angina is a partial blockage of the arteries in the heart caused by a build-up of fatty deposits within the arteries.

A heart attack occurs when there is a complete blockage of these arteries starving the heart muscle of oxygen.

Heart Attack Risk Factors

- Unhealthy eating
- Being overweight
- Being physically inactive
- Smoking
- High blood pressure and/or cholesterol
- Family history of heart attacks
- Diabetes

Chest Pain can start suddenly or over a few minutes. It can be described as tightness, heaviness, an ache or squeezing and can be severe, mild or moderate.

Chest Pain may spread from;

- Discomfort in the neck, an ache or tightness in/around the jaw
- An ache, heaviness or pressure around one or both shoulders/arms
- Pain, heaviness, tightness or crushing sensation in the centre of the chest

However not all patients experience chest discomfort and can present with;

- Shortness of breath
- Nausea or vomiting
- Feeling faint or dizzy
- Sweaty and pale skin

WHEN TO CALL 000 IMMEDIATELY

- If the patient had been prescribed medication such as a tablet or mouth spray to treat episodes of chest pain, help them to take this as directed.
- If symptoms get worse or persist after 10 minutes call 000
- If the patient has no allergy to, or has not been advised against taking Aspirin, give 3 aspirin tablets
- Wait on the line with 000 for further instructions
- If the patient becomes unconscious follow DRSABCD

For more information ambulance.vic.gov.au. Follow the Loddon Paramedic Community Support Coordinator (PCSC) on Facebook (facebook.com/pcsclooddon)

Saving lives is a team effort and the community is a vital part of the team.



Ambulance
Victoria



For any enquiries call or message
Emelia 0428 586 516
 Email: chrisleerson@gmail.com

- Landscaping
- Gravel driveways
- Earthmoving
- Hole Boring
- Turf and seed
- Laser levelling
- Irrigation systems
- Rock, mulch and soil supply
- Lawn mowing and whipper snipping



Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off on the nature strip at
 4 Albert Street Pyramid Hill
 Any queries please call
Tan: 0427 993 004 | Bill: 0427 888 102

Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- **Medical Clinic**
- **Allied Health**
- **Community Nursing**
- **Community Support**
- **Registered NDIS provider**
- **Health Promotion**

Kerang Medical Clinic
 34 Fitzroy St Kerang
 Mon to Fri
 8.45am to 5.30pm
 Phone: 03 5452 1366

- **Community Nursing**
- Help manage your health and wellbeing at home
- Palliative care
- AgriSafe™ Clinics
- Chronic disease management

Pyramid Hill
 12 Victoria St. Pyramid Hill
 Mon to Fri
 9.00am to 10.00am
 (other times by appointment)
 Phone: 03 5455 7065

- Podiatry and Foot care
- Dietician
- Counselling
- Occupational Therapy
- Diabetes Education
- Speech Pathology
- Paediatric Physiotherapy
- Homelessness service



TAQ MECHANICAL



- GULF WESTERN OIL STOCKIST
- BOND BATTERIES STOCKIST
- CAR/TRUCK TYRE SALES & FITTING
- ONSITE REPAIRS
- WINDSCREENS
- FULLY QUALIFIED MECHANIC
- 20+ YEARS EXPERIENCE
- CAR / TRUCK / TRACTOR
- LOGBOOK SERVICING
- GENERAL CAR/TRUCK PARTS IN STOCK

Enquiries or bookings please call
 Andrew: 0407 577 279 | Trish: 0400 564 119
 E: taqmechanical@outlook.com
 FB: @TAQ Mechanical

