

Pyramid Press

World Naked Gardening day Saturday 6th May

Newest Vixen member Maggie



Laura, her sister Elsie and their mum and dad live in Central Victoria on their family dairy farm. They've been passionate Vixens members for years, making the trip to Melbourne a few times a year to cheer the team on, but this year their support went next level.

Being a family farm, everyone plays a role, and in 2020 10-year-old Laura and 7-year-old Elsie got involved in rearing some calves.

"Little did we know at the time what this would grow into," said mum Yvonne. "Laura became very attached to the calves, tending to them daily, giving them names and just spending time together. One of her first calves is now in the milking herd and Laura regularly sees and interacts with her." This year, Laura discovered Vixens pet memberships and decided to purchase one for her cow Maggie. "From her regular milking duty earnings, Laura was able to pay for a pet membership by herself," said Yvonne. "The excitement was hard to contain when the pet membership arrived in the mail."

Love your work Laura, Maggie might be the new number one Vixen fan!

Photo and story supplied by Melbourne Vixens

Pyramid Hill Neighbourhood House

43 Kelly Street | PO Box 86, Pyramid Hill, 3575

Tel: 5455 7129

HOURS Tues - Fri 10am - 4pm

Press Submissions due Tue | 06:00 PM

Email: pyramidhillpress@gmail.com | Digital copies: facebook.com/PyramidHillHouse/



Produced by the community
and Pyramid Hill
Neighbourhood House

Pyramid Press is sponsored
by the Loddon Shire Council



CO-ORDINATOR CATCH UP

Hello Neighbours!

How were your holidays.. if you had them?
Seems the streets were bare for a couple of weeks.
What are you all up to right now, is it sowing crops?
Can I remind you right now, you might want to take a couple of days off at the end of the month to study for the Ag Chemical qualifications when the trainers come to town. The first dates 29-30 May were FULLY BOOKED, so we have added a second set of dates on Wednesday and Thursday 31st May - 1st June.
To get yourself into that course please call 1300 843 236.

Knowing that all y'all are working flat out on tractors, paddocks, with wrangling stock and or children, I always hesitate when I say 'I have been working hard..'
But I have been working hard.

We've got new partnerships developing with Northern District Community Health. They know how tough it is to make your food budget go far enough each week. Sooo we are talking about how we can work together with food as a focus. Next Thursday 4th May we are going to start off with a little Soup and Sandwiches night from 6 - 7.30pm. There's been such a lovely amount of produce donated to us over the last few weeks - it will be a great way to kick off a community meals program. So far we are holding it at the House, but if it gets toooooooo big, it might end up at the Hall!
Watch this space.

Ask an Accountant starts up again next Wednesday afternoon [speaking about food and finances!]. Come along for a light lunch and a heavy talk about budgets and tax [I am joking about the heavy talk, we laugh a lot during this group.

Neighbours, I want you to know that we are always here for you. I was just saying to Anne Grogan today that my daily motto is that anyone who walks through our door, leaves with something they need - whether it is knowledge, food assistance, a coffee or some other kindness. We have got your back here my friends, come in and tell us what you need.

Til next week, Kim

FREE NEIGHBOURHOOD MEAL
SOUP & SANDWICHES
6pm to 7.30pm
Thursday 4th May
Pyramid Hill
Neighbourhood
House

Want to help us prepare?
Join us at 4.30pm



HAPKIDO @ PYRAMID HILL

TERM 2
Monday
24th April- 29th May

for 6 weeks
4.30PM- 5.30PM

Pyramid Hill College Stadium

YEAR 7 TO YEAR 12 PARTICIPATE **FREE**

BOOK HERE

NO EXPERIENCE NEEDED



PARENTAL CONSENT TO BE COMPLETED PRIOR TO THE FIRST SESSION. TO BE SENT OUT VIA EMAIL OR COLLECTED FROM SCHOOL RECEPTION.

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THAI RED CURRY PUMPKIN SOUP

INGREDIENTS

- 1 tablespoon vegetable oil
- 1 brown onion, chopped
- 1.2 kg butternut pumpkin
- 300g cream delight potatoes, peeled, chopped
- 2 garlic cloves, crushed
- 1/4 cup Thai red curry paste
- 2 1/2 cups chicken stock
- 400 ml can coconut milk
- 2 T unsalted roast peanuts, finely chopped
- 2 T fresh coriander leaves, chopped
- 2 t lime juice

METHOD

1. Heat oil in a large saucepan over medium-high heat. Cook onion, stirring occasionally, for 5 minutes or until softened. Add pumpkin and potato. Cook, stirring for 5 minutes. Add garlic. Cook, stirring for 1 minute or until fragrant.
2. Add curry paste to pan. Cook, stirring for 2 minutes, to coat vegetables all over. Add stock, stirring to combine. Cover. Bring to the boil. Reduce heat to low. Simmer for 15 minutes. Remove lid. Simmer for a further 15 to 20 minutes or until vegetables are tender. Remove from heat. Stand for 5 minutes.
3. Using a stick blender, blend soup until smooth. Return to medium heat. Stir in 1 cup coconut milk. Season with pepper. Cook, stirring occasionally, for 5 to 6 minutes or until heated through.
4. Meanwhile, combine peanuts, coriander, green onion and lime juice in a small bowl. Ladle soup into bowls. Serve drizzled with remaining coconut milk and sprinkled with peanut mixture.

SUBMITTED BY TERYL BOYCE



WHAT'S ON

Guinea Pig Swap Meet

Sun | Mount Hope

Pyramid Hill Rhyme Time

Friday 28 April 9.30 - 10am

Neighbourhood House

Pyramid Hill Playgroup Storytime

Friday 28 April | 10.30 - 11am

67 Kelly Street Pyramid Hill

Rusty Bearings appearing at Victoria Hotel

Friday 5 May | 8pm

Victoria Hotel Pyramid Hill

Mothers Day lunch at Victoria Hotel

Sunday 14 May | 12pm

Victoria Hotel Pyramid Hill

Pyramid Hill Food Share

Monday 22 May | 4.30 pm

St Patrick's Catholic Church

Chemical Users Course

Wednesday 31 May & Thursday 1 June

Details inside the Press

WHAT'S ON *regular activities*

Cleo Community Car

Call the Neighbourhood House to book transport to your next appointment | 54557129

Price List inside

Bendigo Blood Donation Trips - Community Car

Call the Neighbourhood House to book a groups of donors (max 4 people)

Blood donation trips are free thanks to Pyramid Hill Progress Association

TUESDAYS

Moderate Movers exercise group | 2 PM | Seniors Centre

Mackay St | BYO exercise mat or towel

Morning Coffee | 10:15 AM | Neighbourhood House

Goldfields Library visit | 10:15 AM | Neighbourhood House

WEDNESDAYS

Social Bowls | 7:00 PM | 98 Victoria St

Book Club | 4:30 PM | last Wed of each month

Ask an Accountant | 1:00 - 2:00 PM | Neighbourhood House

FRIDAYS

Rhyme Time | 9:30 AM every Friday during term |

Neighbourhood House

Playgroup | 10:00 AM | Preschool, 67 Kelly St

Scrabble Fever | 2:00 PM - stumps | Neighbourhood House

VLINE TRAIN AND COACH

Monday – Friday

Train dep Melbourne | 07:39 AM and 06:08 PM

Departs Bendigo | 10:00 AM and 08.26 PM

Arrives Pyramid | 11:09 AM and 09:34 PM

Tuesday and Thursday

(Need to book on Thursdays)

Train dep Melbourne | 01:06 PM

Coach dep Bendigo | Tuesday 03:09 PM

Thursday | 3.10 PM

Arrive Pyramid | 04:29 PM

Friday Only

Train dep Melbourne | 07:08 PM

Arrives Bendigo | 09:00 PM

Coach departs Bendigo | 09:10 PM

Arrives Pyramid | 10:25 PM

Saturday & Sunday only

Train dep Melbourne | 07:40 AM and 06:43 PM

Arrives Bendigo | 10:00 AM and 08:57 PM

Arrives Pyramid | 11:09 AM and 10:05 PM

V/LINE TO MELBOURNE

Monday – Friday

Train dep Pyramid | 08:05 AM and 02:46 PM

Arrives Bendigo | 09:18 AM and 03:59 PM

Arrives Melbourne | 11:28 AM and 06:11 PM

Tuesday and Thursday

Coach dep Pyramid | 10:51 AM

Train dep Bendigo | 12:26 PM

Train Arrives Melbourne | 02:25 PM

Friday only

Coach dep Pyramid | 05:30 PM

Train dep Bendigo | 07:01 PM

Train Arrives Melbourne | 09:09 PM

Saturday only

Train dep Pyramid | 08:05 AM and 02:46 PM

Departs Bendigo | 09:20 AM and 04:01 PM

Arrives Melbourne | 11:30 AM and 06:09 PM

Sunday only

Train dep Pyramid | 08:05 AM and 05:47 PM

Departs Bendigo | 09:18 AM and 07:00 PM

Arrives Melbourne | 11:30 AM and 09:12 PM

BOOK CLUB

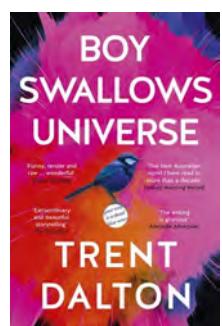
Last Wednesday of the Month

This month's book is:

Boy Swallows Universe by

Trent Dalton.

This popular group has two vacancies only for those wishing to join this year!



PUBLIC NOTICES

CHURCH SERVICES

Anglican

Sunday 30th April 11.00 AM

Cooperating Parish Service at
St. Thomas'
Bring & Share Lunch Following

1st and 3rd Sun | 10:00 AM

Tyndale Church
Victoria Street
Pyramid Hill
2nd Sun | 9:00 AM
4th Sun | 11.00 AM
St Thomas' Church
Durham Ox Road
Pyramid Hill
Enquiries:
Rev Sue Allen | 0417 365 386

Church of Christ

Sun | 11:00 AM
Church of Christ Kelly St
Pyramid Hill

Enquiries:
June Smith | 0438 062 646

Uniting

1st and 3rd Sun
10:00 AM

Tyndale Church,
Victoria St,
Pyramid Hill

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children

3:30 - 5:00 PM | Every
second Tuesday during
term
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Hill

Enquiries:
Robyn | 0427 561

Catholic

Sat Mass | 6:30 PM
St Patrick's Catholic
Church
Victoria St



A yellow poster with a blue and yellow striped graphic on the right. The text 'PUSH FOR BETTER MENTAL HEALTH' is written in large, bold, black capital letters. Below it, '3,144 PUSH-UPS. 1-23 JUNE.' is written in a smaller font. Logos for 'THE PUSH-UP CHALLENGE' and 'Lifeline London Mallee' are at the bottom, along with the website 'www.thepushupchallenge.com.au'.



A photograph of five people standing in front of the Victoria Hotel Pyramid Hill. The hotel sign is visible above them. A yellow arrow-shaped graphic points to the right, containing the text 'FREE ENTRY'. Below the people, text reads: 'ENCORE PERFORMANCE', 'FRIDAY 05 MAY 8.00PM', 'BACK WHERE IT BEGAN', and 'MUST HAVE menus'. At the bottom, it says 'VICTORIA HOTEL PYRAMID HILL 03 5455 7391'.



A blue and purple Mother's Day poster for the Victoria Hotel Pyramid Hill. The text 'VICTORIA HOTEL PYRAMID HILL' is at the top. The main title 'Mother's Day' is written in a large, white, cursive font. Below it, '• LUNCH •' is written. The date 'SUNDAY, MAY 14TH' is in the center. Two boxes at the bottom left say 'OPEN NOON' and 'SPECIAL MENU'. A musical note icon and the text 'LIVE MUSIC FROM 1.00PM' are on the right. The bottom left corner features the 'MUST HAVE menus' logo and the bottom right corner has the text '03 5455 7391 FOR BOOKINGS'.

PYRAMID PRESS

Issue 10. April 16th.

NEW FLATS SOON READY



Senior Citezen flats are expected to be finished in the middle of May, two weeks behind schedule.

There is only the painting and electrical work to be done inside and the concreting and landscaping on the outside. The landscaping is to be done by the shire.

There are 3 flats in each unit, each flat able to hold 2 people. A maximum of twelve people can be held in the 2 new units built.

It is expected that there will be only 1 resident in most flats rather than two.

Each flat has its own shower, bath, sink, stove, heater, hot water service, washing machine, but all other furniture has to be bought by the residents themselves.



EASTER APPEAL

This year's record sums were raised in the Royal Children's Hospital Appeal, both at the Hotel and the Higher Elementary School, with \$2,528 and \$152 being raised respectively.

Progress Association

Discussion on the proposed changes to the administration of the Pyramid Hill Town Water Supply has been listed as an agenda item for the next monthly meeting of the Pyramid Hill & District Progress Association.

Last month's meeting was addressed by E. Hann M.L.A. for Rodney. As a result of this meeting the Association now has a much better understanding of what the proposed changes would mean to the residents of Pyramid Hill. Those changes would have far reaching effects for the town, higher water rates, reduced service and a shortage of funds could all result if the Public Bodies Region Committee Recommendations are instituted.

Residents of the town are asked to attend next Tuesday night's meeting at the Memorial Hall at 8 p.m. so as the Progress Association can put a representative view to the Public Bodies Review Committee.



Edwards' Thought For The Week

Procrastination is the act of separating what you have to do from what you like to do, and do doing the latter first. Efficiency is the opposite.



Page 1

Basketballathon



Wednesday afternoon and Thursday saw the first (and last) Basketball Marathon run by the Pyramid Hill H.E.S.'s Student Representative Council.

At 3 pm. Years 7 & 8 began a very fast moving match, but it didn't take them long to realise they weren't going to last until 10 o'clock if they kept it up. By $\frac{1}{2}$ past 9 the game had slowed to nearly walking pace, but sped back up again at 10 o'clock when Year 10 drew heavily on their energy reserves, to begin their shift. Within the hour Year 10 had given way to Year 9 who saw the light, and created history by starting off slow.

During the small hours of the morning reluctance showed through, with a lucky few asleep and so escaping the cold and damp conditions. By 6 o'clock enthusiasm to play was nowhere in sight and there were moans and groans when even having to venture outside. At 9 o'clock recruits from Years 7 & 8 were gratefully put on to play and the drowsy Years 9 & 10 moved off for classes and sleep. The more energetic Years 7 & 8 played until 1 o'clock when the still tired Year's 9 & 10 again took over; this saw the pace of the 24 hour match at its slowest. At 3 o'clock the marathon finally ended and everyone needed no second telling that IT was over.

Many thanks to Bucks Bartels for supplying his floodlights and leads, and to Terry Mooney for his leads and switchboards. Also to the teachers who had to supervise, especially during the night and early morning hours.



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Free mental health support for Victoria's farmers

The National Centre for Farmer Health has partnered with a leading telehealth mental health service provider, LYSN, to improve access to mental health support for Victoria's flood affected farmers.

The Farmer Online Assist Program provides free, short-term, confidential psychology support to help Victorian farmers deal with immediate, or compounding, issues related to mental health.



The confidential, high-quality mental health support is provided by LYSN psychologists with specific farmer health training, either online or by phone. Up to three sessions are provided free of charge, with no need to leave the farm and no GP referral or mental health plan required.

The Farmer Online Assist Program is open to Victorian farmers, farm family members over 16 years of age and farmer workers who are living or working on a farm in a local government area affected by floods or extreme weather conditions.

Register online at www.farmerhealth.org.au/buildingfarmspirit

This program is not for people requiring crisis or acute psychiatric services or those intent to harm themselves or others. These should be referred to 000, Lifeline on 13 11 14 or another crisis or emergency service.

Resources for dealing with stress, grants to boost local community support, a list of contacts for emotional and social wellbeing support and more are available at <https://farmerhealth.org.au/buildingfarmspirit>

in partnership with



PO Box 283
Hamilton Victoria 3300 Australia
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www.farmerhealth.org.au
Find us on 



World Naked Gardening Day
Saturday 6th May

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Neighbourhood House

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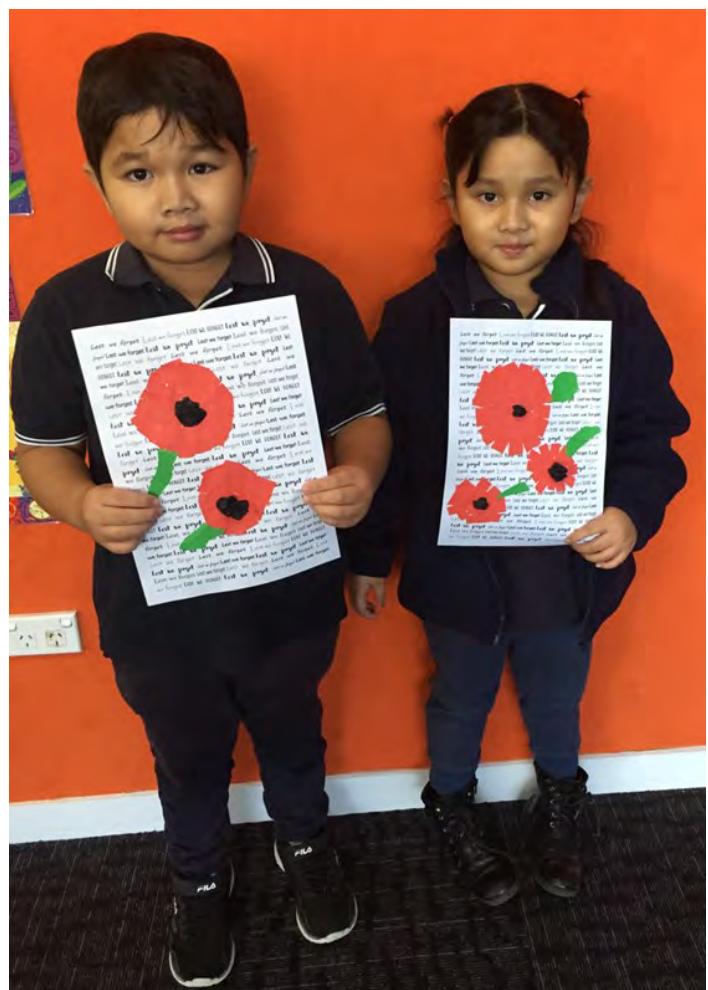
Phone: 5455 7305
Mobile: 0428 890 188
Fax: 5455 7276

Mark.Lacey@bendigoaelaide.com.au

St Patrick's Primary School

St Patrick's School students were well represented at the community ANZAC Day service at the Pyramid Hill Memorial Hall. Our Grade 6 leaders, Lily, Jores and Reece read the prayers clearly and solemnly and placed a wreath on behalf of the school. Well done leaders.

On our first day back at school, we took the opportunity to learn and reflect on ANZAC Day. We learnt that Anzac Day is a solemn day of remembrance for those Australian and New Zealand Army Corps soldiers who fought and died for their country and is marked annually on the anniversary of the Gallipoli campaign of the First World War on 25 April. We discussed the term, 'Lest we Forget' and the significance of the poppy flower.



This week's happenings at Pyramid Hill College

'Lest we forget'



Respect Learn Community



ANZAC Day 2023

A large number of students, families and staff were in attendance at the local ANZAC Day services at Mologa and Pyramid Hill on Tuesday. Pyramid Hill College students were given the opportunity to lay wreaths and present readings at the services. Pyramid Hill College would like to thank the community volunteers for the time and effort placed into the organisation of the ANZAC Day services.

This week students have been learning of the history and traditions behind ANZAC Day. They have enjoyed making ANZAC biscuits and creating artwork depicting the symbolism of ANZAC.



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PHFNC Round Two

The Bulldogs had to wait until Round 2 to kick off the season in what was eventually a successful opening for both Reserves and Seniors. The Seniors had six additions to last year's playing list and due to a determined and enthusiastic Calivil squad they were forced to wait until late in the final term before they got the chance to sing the Club song. It was a special welcome to the "Demons" for Zach Alford, Declan Slingo, Jesse Sheahan, Tom and Darcy Hetherington and Tom McGregor as the helped make club stalwart Gavin James' 250th game a successful and memorable one. In true winter conditions, in which a total of just 2 goals was kicked in the first half, the 'Dogs pulled clear in the final term after registering 11 scoring shots to 1, to win by 31 points. Award winners in what was a typically even Bulldogs unit included Bailey George (Victoria Hotel) and Jesse Sheahan (National Hotel). Others to come under notice included "Dutchy" Holland, who was tireless in the ruck, Gavin James, in a typical rebounding role in this 250th game, Zac Dingwall, Jack Woodward, Declan Slingo, Tom Brennan (3 goals), Seb Relouw and Bryden Morison.

The Reserves hit the ground running and were able to win comfortably. A squad that included 8 new and/or returning

players, was able to kick multiple goals in all 4 quarters and won by a triple-figure score. Lachlan Dillon and Lachlan Carroll, Connor Gibbins, Kyle Humphrys, Tom and Paris Walker, Dylan Goulding, Max Bone, and former seniors coach Adrian McErvale, all slotted in seamlessly to coach Stephan Donat's game plan, and were able to complement what shapes as a strong 2023 squad. Award winners included Lachlan Carroll (Victoria Hotel), Greg Quinn (National Hotel), Dylan Goulding (Good Sports), and Tom Walker (Pony Award). Major goalkickers included Greg Quinn (4), Nathan Moon (3) and Tom Nunn (3).

A special welcome back today to those attending the 1988 player's Reunion; we look forward to reliving memories and stories as we congregate upstairs at our Social Club. Also tonight is the "Op Shop Formal" on the oval, with the "Giant Scoreboard Screen" in action, and we look forward to seeing everyone "kitted out" for the occasion. Meals will be cooked and available courtesy of "Murray Mallee Pizzas". A reminder that "Auskick" will kick-off at Mitchell Park on Thursday 27th April. See Bryden Morison for more details "#Bulldogs2023".



Pictured: Familiar footballing faces from the PHFNC 1988 playing group



Pictured: Congratulations Kelly Gould on 150 PHFNC Netball games

GOLF NOTES

Sunday 23/4/23 Stableford Event Results

Winner: (the ever consistent) Rod Wilkinson with 31 points.
Runner up: Marie with 30 points.

It was an amazing day out playing golf on the course, the weather was perfect, and the course was lush. The highlight of the day was when the Club Captain played a lovely lob wedge back to the green on the 18th. However, it was hit to well and landed on the roof of Teds golf cart which bounded it a further 40m back up the fairway. It was a good thing that it landed on the roof; it could have smashed another hole in the windscreen!

The Pyramid Hill Golf Club wish to send their condolences to Anne and the Linklater family on the passing of Graeme "Linky" Linklater. Graeme was an integral member of the club, being president for four years and completing work around the course. He will be fondly remembered for his quick wit, humour and mateship. Rest in peace Linky.



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Wednesday — Open Midday

Lunch from 12.00pm
Dinner from 6.00pm
Pot'n'Parma Night

Thursday — Open Midday

Dinner from 5.30pm
Steak'n'Pot Night

Friday — Open Midday

Lunch from 12.00pm
Dinner from 5.30pm
Happy Hour 5.00pm - 6.30pm
With Hot Bar Snacks,
Meat Raffle

Saturday — Open Midday

Lunch from 12.00pm
Dinner from 5.30pm

Sunday — Open Midday

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PHFNC Round Three

After an opening round played in true winter conditions, it was back to warm and sunny weather at Mitchell Park for the clash with the "Bears". For the first time in a number of years the Bulldogs fielded an Under 18s team, and finally the efforts of Bryden Morison and Luke Roberts and their band of recruiters and helpers was able to be put on show. The boys are really keen to play as much football as possible and the enthusiasm was evident on the field. Jaxon and Jack excelled in the back half, whilst two of the new recruits, Riley and Lewis played well in the ruck and forward line. Although not played for Premiership points it was great to see both players, parents and supporters enjoying the return of our Under 18's.

The Reserves game opened at a blistering pace and the attack and pressure on the ball carrier of both teams was intense. A 26-point lead at the first change was a not a reflection of the tight contest. However, the 'Dogs made the most of their forward entries and were able to capitalise. With excellent rebound from Matt and Brad Moon, and the steadiness of Jack Douch, the 'Dogs continually repelled the efforts of the "Bears" and were able to settle into a cohesive rhythm. Key forwards Mitch Dingwall and Rohan Pollock received their opportunities and were able to prove a handful for the "Bears -Serp" back half as a result. In the corridor Greg Quinn was again influential and Lachlan Carroll, Tom Walker and Adrian McErvale were able to feed off his dominance and the lead gradually blew out. A twenty-eight points margin at the main break had been pushed beyond 13 goals by games-end as the Bulldogs again posted a triple-figure score. Award Winners included Greg Quinn (Victoria Hotel), Mitch Dingwall (National Hotel), Adrian McErvale (Pony Award) and, Tom Walker (Good Sports). Major goal kickers included Mitch Dingwall (7), Rowan Pollock (6) and Pat Monaghan (2)

Like the opening game, the Senior clash also opened at a frenetic pace, and to the credit of both teams there was still maximum effort from all players late into the contest. Despite the very warm conditions tackling, pressure acts and continual run from both teams meant the huge crowd were

kept fully entertained. Early inaccuracy in the opening stanza meant much of the Bulldogs hard work from further afield went unrewarded as the visitors made the most of their chances. Ten scoring shots to four, for just a 16-point lead was not reward for effort. "Dutchy" Holland was pivotal to the 'Dogs keeping their noses in front over the duration of the clash, and with Steve Gunther, Seb Relouw and Zach Alford feeding off him the forwards got plenty of chances. In a best on-field performance Dylan Collis proved a handful for the visitor's defence. Five goals enabled him to "ice" what was a polished display. Ten individual goal kickers was certainly another positive the Bulldogs could take from what was a high-pressure four quarter contest. As usual there was ample rebound from defence with Zac Dingwall and Gav James leading the way. Thirty-four scoring shots to twenty one was in many ways a reflection of the control that at time saw the 'Dogs skip clear, but inaccuracy is something that needs working on.

Award winners included Dylan Collis (Victoria Hotel) and Zac Dingwall (National Hotel). Others to come under notice were Ed Caburnay, Zach Alford, Bailey George, Adrian Holland, Steve Gunther, Tom Hetherington and Seb Relouw.

All grades of netball and the football teams wore black armbands as a sign of respect for the recent passing of former player, treasurer, committee member and Club volunteer Graeme Linklater. "Linky" left a lasting impression on all those who were fortunate enough to know him.

There were plenty of familiar faces in the huge crowd as players from the 1988 teams made their way to Mitchell Park for a long overdue reunion. As well as many relived stories and yarns, the former players were fed wood-fired pizza courtesy of "Murray Mallee Pizzas" and then were entertained at the very successful "Op Shop Formal". After today's clash with the "Panthers" it is off to the "National Hotel" to dissect and revisit today's action on the Netball court and Football field.



Pictured above: PHFNC 2023 Thirds Team



What can I do at Pyramid Hill Neighbourhood House?

Tuesday - Friday

10am - 4pm

54557129

Business Services

Printing, simple desktop publishing, and design; use our computers and wifi. Small cost for printing, laminating and printing on plastic signage

Services Australia

Got some Centrelink, Medicare or other related business to do? We are a Services Australia Access Point.

Book a Meeting Room

Our small meeting rooms may be just perfect for you to see clients, or run a meeting. Free for community groups and not-for-profits.

Grants writing services for community groups

Get some assistance to raise money for your community group! We can assist you with finding appropriate grants for your projects, mentoring you to write your own grant applications, auspicing grants, or you can talk to us about writing a grant on your behalf for a fee.

Community Pantry

A free service with a range of items from pantry staples to toiletries. Open 24 hours. Please only take what you need.

Pyramid Press Newspaper

Our local weekly newspaper has all the good news stories. Community submissions to the paper to be received by 6pm Tuesday evening. Distribution on Thursdays. Available online at Facebook

Book Swap

We have a Little Library out the front of Neighbourhood House. Come and choose a book, or donate a book!

Power Saving Bonus

All households are eligible for a one off \$250 government bonus, each financial year. We can help you out. [bookings recommended]

IT Support

Got a tricky question about your mobile, laptop or iPad? We can help you out. [bookings recommended].

Community Garden

Coming March/April

Book Club

Our popular last Wednesday of the month club for book lovers!

Art, Craft and Coffee

10.30am first Thursday of the month. Drop in to learn watercolour techniques or bring a project to work on and get some guidance.

First Aid Training

Held in Pyramid Hill every six weeks. Bookings via Rich River First Aid.

CLEO the Community Car

Cleo-patra the car does regular shopping trips, Blood Bank donation trips and can take you to an important appointment. Door to door service! Bookings essential.

Social Coffee Mornings

10.15 Tuesday mornings we catch up over a cuppa and some morning tea.

Thursday Words

Thursdays at 1.30pm

A social program to get your brains ticking over! Trivia, word games, scrabble and good times. All welcome!

Rhyme Time

Fridays at 9.30am

Musical program for mums and dads, babies and toddlers.

Goldfields Library

Come and browse our collection, join the library, order books from the main collection and enjoy this wonderful service. Storytime once a month. Weekly visits from our Librarian partners.

Moderate Movers

9.30am Tuesdays

Seniors Rooms, McKay St

Bring your own exercise mat, towel and drink bottle. This is an active exercise group!

Scrabble Club

2pm Friday afternoons.

Christmas Market

December.. yes we will do it again!

Still to come in 2023..

PHNH website revamp, Community Lunches, Welcome Pack for New Community Members, Youth Club, Seed Bank, Weaving Workshops, Guest Speakers and more community events!

Give us a call to talk about our program and to book in for courses and events as they come up. Always, check the Press for the most up to date information!