

PYRAMID PRESS

GUESS THE JELLY BEANS



DON'T IGNORE THE 4
SIGNS OF TYPE 1 DIABETES



Town Garage Sale

This Saturday 11th
November

25 Homes participating!!
Maps available from
Neighbourhood House at
8am.

Isabelle Moon is raising money for the Type 1 Foundation with a Guess the Jellybeans in the jar, with one at Miller's Ag in Pyramid and another at Tj Stockfeeds in Kerang. The winner with the correct guesses (or closest too) will be announced on World Diabetes Day (November 14th)

The Type 1 Foundation is a volunteer run not-for-profit charity, established in 2015.

The Mission of the Type 1 Foundation is to create a community that supports, connects and empowers all people living with Type 1 Diabetes & their families. Some of the great things they do include putting on some amazing events for families living with T1 and giving care packages to newly diagnosed kids, which is an exciting thing for a child diagnosed with a life changing disease.

We'd love for you to have a guess at how many Jellybeans are in the jar for a gold coin donation!

Pyramid Hill Neighbourhood House

43 Kelly Street | Tel: 5455 7129

Hours: Tues - Fri 10-4pm

Submissions due Tuesdays | 6:00 PM

Email: pyramidhillpress@gmail.com

Digital copies: facebook.com/PyramidHillHouse/

Produced by the community and Pyramid Hill Neighbourhood House Sponsored by the Loddon Shire Council



CO-ORDINATOR CATCH UP

Hi Neighbours

Well, well, well.. After a brief kidnapping, Peg's Lemon Tree has had a triumphant return!
A quick re-cap. Sometime over the last weekend in October, someone has had a go at stealing the lemon tree and heavy green pot that Peggy Cameron bought for the Neighbourhood House earlier in the year, for our community garden. There were indicators of the crime, a stripe of white down the concrete path where the concrete pot was dragged, a few telltale piles of potting mix, where the pot had fallen over, and a gap at the front door where a tree used to be. I was disappointed, our visitors were outraged.. And then we were amused. In the scheme of global catastrophes, a missing lemon tree needs to be placed in context.

I flagged down a police car in the middle of Kelly Street a few minutes after we noticed that we had been robbed, and gave the Officer a description *'lemon tree - sick, pot - green'* and showed him the telltale clues.

Flash forward to 10am Thursday morning, when there is a phone-call to the House, *'I think I have found your lemon tree!'* said a gravelly voice, *'On the corner of Abbatoirs Road, I saw it on my way to work and thought .. that's a big pot!'*

I immediately sent a text to Leanne Talbot and Tan Quinn, as I jumped into the car to see if Peg's Lemon had really been found. Leanne screeched in behind me in her car as I pulled up next to the Caravan Park fence. The lemon was there, not all her potting mix was.. But she was there and so was her pot. Together we hoisted the pot into the back of my car, I grabbed some potting mix at Millers on the way back to the House, and we spent the day talking to people about the mighty re-capture.

Trevor Mc helped me re-pot it a few hours later, Tan bought us some cow poo in a bucket to fertilise.. And honest to dog, the tree looks like it is smiling today.

Neighbours, you can come and see the mighty resurrected lemon at any time.

Or you can make the trip to the Neighbourhood House on Saturday from 8am to get the map for our Town Wide Garage Sale!!

We've now got 25 households participating! Amazing!

See you soon, Kim



Pyramid Hill Christmas Market

4pm - 7pm
Saturday 9 December
Memorial Hall

LOOKING FOR STALLHOLDERS!

REGISTER AT PYRAMID HILL NEIGHBOURHOOD HOUSE

PHNH@BIGPOND.COM / 54557129

VOLUNTEER DRIVERS WANTED!

We are looking for more volunteer drivers to join our Community Car team!

Have you got one or two free days a week to drive our clients to appointments and activities?

Our Community Car is prioritised for client transport to non-emergency appointments, as well as helping some of our locals maintain their regular activities and independence.



Volunteer drivers are supported by the Pyramid Hill Neighbourhood House to update their First Aid, secure a Police Check and complete a volunteer driver induction.

By generously donating their time, our volunteer drivers provide a meaningful contribution to clients and their families.

Come in and see Kim or Penny at the Neighbourhood House or call 5455 7129.




PYRAMID HILL
town & surrounds

TRASH 2 CASH

GARAGE SALE

Saturday
11 November
8.00am - 3:00 pm

OVER 20 GARAGE SALE SITES!!

Maps available from 8am on the day,
at Pyramid Hill Neighbourhood House
43 Kelly Street Pyramid Hill.

WHAT'S ON

Pyramid Hill Playgroup Storytime

Friday 10 November | 10.30 - 11am
Pyramid Hill Preschool

Trash2Cash Garage Sale

Saturday 11 November | 8am
Pyramid Hill Town and Surrounds

Remembrance Day

Saturday 11 November

George the Farmer Live

Sunday 12 November | Shows at 10.30am & 2.30pm
Serpentine Rec Reserve

Pyramid Hill Progress Association AGM

Wednesday 15th November | 7pm
Victoria Hotel

Mad Azz Cover Band

Friday 17th November | 8pm onwards
Victoria Hotel

Pyramid Hill Food Share

Monday 20 November | 4.30
St. Patrick's Catholic Church

Handel's great oratorio Messiah

Sunday 26 November | 2pm
Inglewood Town Hall

Late, Late at Night Musical Play

Thursday 30 November | 8 pm
Pyramid Hill Memorial Hall

Christmas Market

Saturday 9th December

Regular Activities

TUESDAYS

Moderate Movers exercise group | 1 PM |
Seniors Centre Mackay St | BYO exercise mat
or towel

Morning Coffee | 10:15 AM | Neighbourhood
House

Goldfields Library visit | 11:00 AM |
Neighbourhood House

WEDNESDAYS

Social Bowls | 7:00 PM | 98 Victoria St !

Book Club | 4:30 PM | last Wed of each month

Ask an Accountant | 1:00 - 2:00 PM
Neighbourhood House

FRIDAYS



Rhyme Time | 9:30 AM every Friday during
term | Neighbourhood House

Playgroup | 10:00 AM | Preschool, 67 Kelly St
Scrabble Fever | 2:00 PM - stumps |


BOOK CLUB - Last Wednesday of the Month

TRAIN/COACH MELBOURNE TO PYRAMID


Monday – Friday

| | Dep Melb | Dep Bendigo | Arrive Pyramid |
|---|----------|-------------|----------------|
|  | 07:39 AM | 10:00 AM | 11:09 AM |
|  | 06:08 PM | 08:26 PM | 09:34 PM |



Tuesday and Thursday (Need to book on Thursdays)

| | | | |
|---|----------|-------------|----------|
|  | 01:06 PM | TUE 03:09PM | 04:29 PM |
| | | THU 03:10PM | 04:29 PM |

Friday Only



| | | | |
|---|----------|----------|----------|
|  | 07:08 PM | 09:10 PM | 10:25 PM |
|---|----------|----------|----------|

Saturday & Sunday Only


| | | | |
|---|----------|----------|----------|
|  | 07:40 AM | 10:00 AM | 11:09 AM |
|  | 06:43 PM | 08:57 PM | 10:05 PM |

TRAIN/COACH PYRAMID TO MELBOURNE


Monday – Friday

| | Dep Pyramid | Dep Bendigo | Arrive Melb |
|---|-------------|-------------|-------------|
|  | 08:05 AM | 09:18 AM | 11:28 AM |
|  | 02:46 PM | 03:59 PM | 06:11 PM |



Tuesday and Thursday

| | | | |
|---|----------|----------|----------|
|  | 10:51 AM | 12:26 PM | 02:25 PM |
|---|----------|----------|----------|



Friday Only

| | | | |
|---|----------|----------|----------|
|  | 05:30 PM | 07:01 PM | 09:09 PM |
|---|----------|----------|----------|

Saturday Only

| | | | |
|---|----------|----------|----------|
|  | 08:05 AM | 09:20 AM | 11:30 AM |
|  | 02:46 PM | 04:01 PM | 06:09 PM |

Sunday Only

| | | | |
|---|----------|----------|----------|
|  | 08:05 AM | 09:18 AM | 11:30 AM |
|  | 05:47 PM | 07:00 PM | 09:12 PM |

PUBLIC NOTICES

CHURCH SERVICES

Anglican

1st and 3rd Sun | 10:00 AM
Tyndale Church
Victoria Street
Pyramid Hill

2nd Sun | 9:00 AM
4th Sun | 11:00 AM
St Thomas' Church
Durham Ox Road
Pyramid Hill

Enquiries:
Rev Sue Allen | 0417 365 386
Bill Boyd | 0448 219 457

Church of Christ

Sun | 11:00 AM
Church of Christ, Kelly St
Enquires:
June Smith | 0438 062 646

Uniting

1st & 3rd Sun 10:00 AM
Tyndale Church, Victoria St

Kids Rock

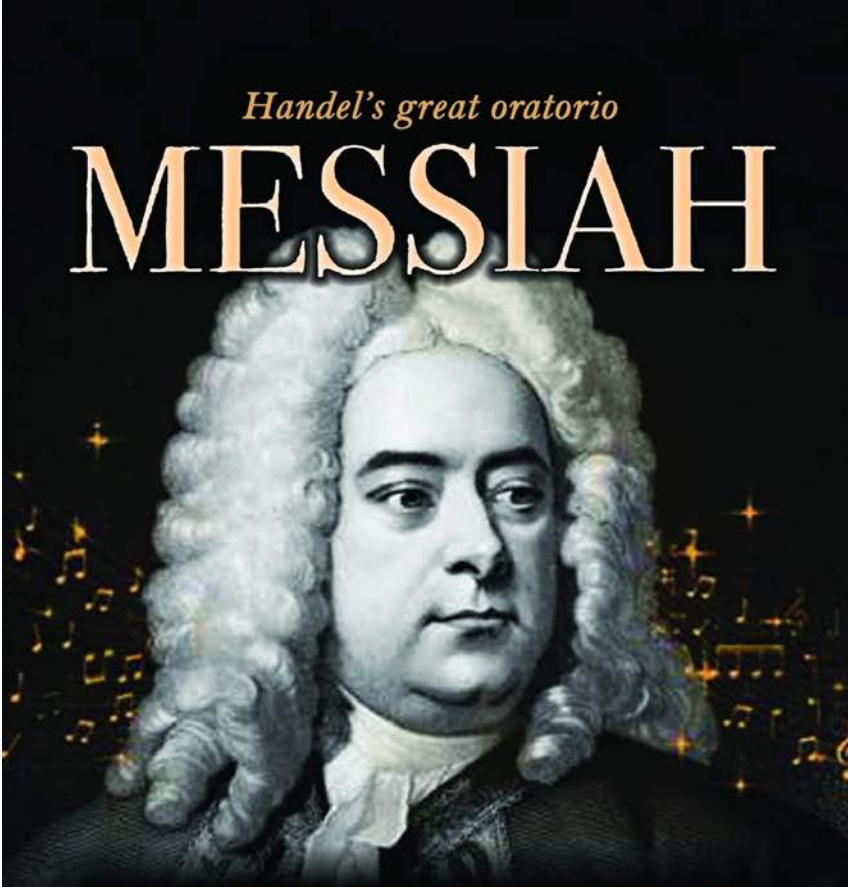
For all school aged children
Every second Tuesday
during term
3:30-5:00 PM
Uniting Church
Enquiries:
Robyn | 0427 561 973

Catholic

Sat Mass | 6:30 PM
St Patrick's Catholic Church,
Victoria St

Handel's great oratorio

MESSIAH



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Pyramid Hill Preschool AGM

Wednesday 22 November, 2023
7:30pm

At the Preschool - 67 Kelly St, Pyramid Hill

All 2024 families welcome.

For more information contact
Gemma Scott on 0458 580 250.

MAD AZZ

ROCK COVERS BAND

Victoria hotel (Pyramid hill)
Friday 17th of November 8pm onwards



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N ROSES

PYRAMID HILL ART SHOW



CALLING ALL ARTISTS!

A date to add to your diaries:
The 2024 Pyramid Hill Art Competition and
Sales:
17th - 23rd Feb. 2024.

Contact:
Anne Grogan 0458 524 163

[Click here for the Pyramid
Hill Art Show Facebook
Page](#)

Justice of the Peace
Mark Boyce

Tuesday 14th November
12.30 - 2.30 pm

Bookings not required, just call in to
Neighbourhood House



BOWLS NOTES

Mid-week Pennant: There were some really tight competitions this last Wednesday as both sides enjoyed the use of our home greens which were rolling so superbly; well done to the dedicated Green Keepers. It was also heartwarming to have two of our “healing people”, Kate and Graham, able to feel well enough to spectate for a while. We wish them both a speedy recovery and look forward to having them return to play.

Division 1: had a great game against Cohuna 2 made all the better with the recording of an overall win 85 – 74. Cohuna 2 managed to secure wins on two of the three rinks but a handy 16 shot win to the Hill players on Marie’s rink meant that the biggest bag of treats went to the home Club. Marie S. with Ted, Marie N. and Bill were looking like they had all the tricks and treats covered as they lead by 10 shots by the 18th end. But was it a lack of concentration or did the Halloween spirits give rise to some mysterious super powers??– whatever, something played havoc and that 10 shot lead was completely obliterated within the space of three ends as Cohuna made things all tied up on the 20th. A few deep breaths and a refocus saw the Hill pile on the desperately need 16 shots over the last 5 ends with handy multiple scores each time. Their win 39-23 not only drove away the demons but earned them the Froggo Award. Roma, Peter C., Terry and Ian battled it out end to end, despite getting off to a slow start on the first five ends. A lack of consistency seemed to be the main problem. By the 20th end they had a solid 8 shot lead and looked to be lining up for the chocolate frogs, but their lead dissipated into the foggy mist of bewilderment to see them level at 27 shots apiece with the last end to play. It was a matter of hold your breath and cross your fingers but the measure for the final shot went the way of the opposition. It was as close as a spider’s breath but never-the-less the score went 27-28 in favour of Cohuna. Tony, Marg, Jan and Rose struggled to match their opponents all day but managed to stir the pot and win four of their last six ends to reduce their final deficit to just four shots (19-23). It was a regular battle with neither team giving away big numbers although the Hill team got stuck on 5 shots midway through the match for six consecutive ends. When the cauldron smoke filtered away we were the happy winning pumpkins with another victory on the board.

Division 2: appreciated the much better bowling conditions for their match at home against

Barham. Dawn and her team (Wayne, lead, Dorothy and Joe) were left floundering at the start with the opposition bolting away to a quick 15 zip lead. They eventually registered a score and gradually built the momentum, however, the margin still remained. Despite fighting on gallantly they were soundly beaten by a very talented foe, ultimately conceding 15-36. Lorraine and her team (Carmen, lead, Robyn and Glen) fared somewhat better getting off to a reasonable start by winning 3 of the 4 ends before seemingly nodding off – or was it that the opposition were gradually becoming accustomed to our greens, as they quickly found form. Just when it seemed the match was slipping away, as timely 4 closed the gap too within 5 shots. After that it was pretty much an end for end battle so that with the end in sight they were within 2 shots, but alas, fell at the last hurdle to lose 19-22. That was as annoying as three purple tadpoles and a dash of bat’s whiskers!!

Saturday Pennant: With Halloween and all its impactful connotations out of the way we settled down for another round of competition.

Division 2 travelled to Kerang Golf where they engaged in a friendly hit out – so friendly that they ended up sharing the points. I know this will be hard to believe, but Marie S. with her team of Ted, Terry and Bill got the chocolates again! Marie is certainly in hot form and seems to have her co-players producing the goods also. They came home very strongly winning 16 shots on the last 5 ends including a good haul of 5 on the final end. Their 9 shot victory (34-25) was complimented by a 1 shot victory on Lionel’s rink. Lionel, Jean, Ray P. and David were looking pretty safe with a handy 6 shot lead going into the final end, but somehow or another they disastrously gave away 5 shots on their last end. Phew!! Jan (Skip), Marie N., Ian and Rose slogged away and never quite got their noses in front although it was even-even at 9 all at the lunch break. Obviously the cheese and biscuits didn’t quite cut it as they then became stuck on 11 shots and could only manage single scores over the final stages to finish 10 shots down (15-25). The redeeming factor was that they never allowed their opponents to score big numbers either. The overall tally of 73 shots apiece meant no-one went home with the losing sulks.

Division 3: had their furthest journey of the Season meeting Wakool on their home turf which is always a challenging experience. Once again substitute players had to be called upon and their

GOLF

willingness to help out was deeply appreciated. In spite of this, Lorraine was still left a player short, however, with Ray B. and a sub player they managed to score on half the ends but almost always only singles to allow Wakool to run away 15-30 winners. Tony B. and his team (George, Sub and Robyn) were luckless for the first 7 ends before they rallied to string 5 ends together to get them started. They also managed to win another 7 ends without collecting big numbers, and finally succumbed 14-32. Meanwhile, Tony R. with his players, Maurie, Sub and Allan, had a games on their hands only being a couple down until they did an OOPs and lost 6 shots in one hit which shattered their hopes and confidence. They only scored 2 shots following that mishap while Wakool finished strongly 13-36. The Side was soundly beaten but not Without a Fight – or was that the name of the Melbourne Cup winner??

Unfortunately, Robyn had to withdraw due to a medical incident – resulting in Allan subsequently also withdrawing. The Wakool folk were generous in their concern and care, which was thankfully appreciated, and we are all pleased that the end result was a good outcome for her.

Please TAKE NOTE:

- **Mid-week Pennant** next match **Wednesday 8th November** – Division 1 v Cohuna 1 at home. Division 2 v Leitchville play away.
- **Saturday Pennant** next match **Saturday 11th November** – both divisions 2 and 3 playing at home. Division 2 v Kerang 2. Division 3 v Kerang 3.
- **Dinner at the Victoria Hotel** – the next booking has been made for Thursday, 16th November.
- **Next Tournament is Sunday, 12th November** generously sponsored by Graeme Hayes Real Estate, Elders VP and Ellis Nuttall and Co. All members please assist with catering and make sure your jobs are done.
- **Please note: no Mid-week Pennant on Wednesday, 15th November due to Country Carnival.**
- **Want You Need To Know** – Please take note of the **Heat Rule** as printed on the notice board.

Food for thought: It's easy to repair a broken jack-o'-lantern: Just use a pumpkin patch! What's a vampire's favourite fruit? A neck-tarine!



Pyramid Hill Golf Club AGM

Tuesday November 14th 2023

Starts 7:30pm at the golf club.

Everyone is welcome to attend.

If you are unable to attend but would like to fulfill a role, please contact Luke Roberts.



Pyramid Hill playgroup Storytimes 2023

Nurture your child's listening and learning skills in fun-filled sessions of stories, songs and rhymes.

10.30-11am
67 Kelly Street

Friday 28 July
Friday 18 August
Friday 15 September
Friday 13 October
Friday 10 November
Friday 8 December



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or visit ncgrl.vic.gov.au/children





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Windfarm Story Follow Up

Two weeks ago we published the first in a series of articles written by Tara Hammet regarding potential and perceived risks of windfarming. We are unable to print all of the articles, but recommend interested readers head to Tara's website

<https://lifeundertheblades.substack.com/>

Pyramid Hill News & Post

Monday - Friday

6.30 am - 5 pm

Saturday

8am - 12pm

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PYRAMID HILL RECYCLE CENTRE & TIP

Ballast Road Pyramid Hill

Opening Hours

Tuesday - 1pm-5pm

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For more information on garbage &
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SAT | 8.30 - 2 PM

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MURRAY RIVER GROUP OF COUNCILS CHAIR SAYS PROPOSED CHANGES IN WATER AMENDMENT BILL ARE 'UNAUSTRALIAN'

"The reintroduction of water buybacks would cause significant negative socio-economic impacts on industries, economies and communities" was the key message Murray River Group of Councils Chair Cr Rob Amos delivered at a 31 October public hearing for the Inquiry into the Water Amendment (Restoring Our Rivers) Bill 2023.

Cr Amos said that proposed changes under the Bill were inconsistent with the Water Act 2007 and the 2012 Murray Darling Basin Plan to which the Commonwealth and all Basin states agreed.

"A key objective of the Water Act is *'to promote the use and management of the Basin water resources in a way that optimises economic, social and environmental outcomes'*. However, the new Water Amendment Bill seeks to remove the socio-economic impact test from the Basin Plan implementation," Cr Amos said.

"Independent research and our previous experience show that water buybacks cause massive job losses, business closure and a breakdown of the social fabric of communities.

"So, to remove the socio-economic impact test from the Basin Plan is like sticking your head in the sand and ignoring what the data and community is telling you about what happens in reality."

Cr Amos also said the Bill was 'unAustralian' because it is in opposition to what the Australian Government is supposed to stand for.

"In his 2022 federal election victory speech, incoming Prime Minister Anthony Albanese declared two key principles upon which his government would be led – 'no-one left behind' and 'no-one held back'.

"Now, in 2023, we find ourselves with a Bill that undermines the Prime Minister's promise to the Australian people. There is no doubt that hard-working Australians and their families will lose out if this Bill becomes legislation.

That's why the Murray River Group of Councils is urging all Australian parliamentarians to look beyond water recovery targets only and apply a triple-bottom-line (social, economic and environmental impacts) lens when considering how they vote on the upcoming Bill.

"To do otherwise, would be contrary to Prime Minister Albanese's 2022 promise to the Australian

people and out of step with the Aussie spirit of 'a fair go for all'.

Cr Amos said it was unfortunate that the public hearings were not held in towns where local communities could have voiced their concerns and given their own evidence to the Senate Committee in person.

"It's our understanding this Bill is expected to be passed into legislation before the end of the year. However, many people and organisations giving evidence at the public hearing wanted to know why the government is in such a hurry and why the hearings are being held in Canberra and not in towns where the Senate Committee would have the opportunity to hear the lived experiences of water buybacks from people whose businesses, workers, families and communities have been impacted in the past.

"In keeping with his promise to the Australian people, we urge the Prime Minister to intervene to ensure that the government gets the social, economic and environmental balance right with the Basin Plan legislation; not only to avoid a repeat of the dire consequences of the past but to ensure we can continue to thrive into the future."

For more information and to sign the petition, visit

<http://www.mrgc.com.au/pushbackbuybacks/>.



Cr Rob Amos and Cr Adrian Weston at Parliament House

COMING TO**QUAMBATOOK & PYRAMID HILL
NURSE PRACTITIONER YVONNE**

We are thrilled to announce that Nurse Practitioner Yvonne is coming to Quambatook and Pyramid Hill to offer her expert healthcare services.

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Nurse Practitioner Yvonne can:

- diagnose and treat a variety of health related conditions
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**Yvonne will be visiting:****QUAMBATOOK**

Thursday, November 9th
Thursday, November 30th
Thursday, December 21st

PYRAMID HILL

Thursday, November 16th
Friday, December 8th

To schedule an appointment, please call our Medical Clinic on 5452 1366



NDCH welcomes people of any age, gender, sex, sexuality, culture, religion and ability. We acknowledge that we are on Aboriginal land and pay our respect to Elders, past, present and emerging.



NORTHERN DISTRICT COMMUNITY HEALTH

**TINS & TOYS
DRIVE**

NDCH are asking the community to donate non-perishable food and NEW toys which will be shared with local vulnerable people this Christmas.

Items to donate include:

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- Canned Puddings
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- Board Games
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Drop Off / Collection Points**NDCH Offices**

- 33 Mildred Street, Quambatook
- 12 Victoria Street, Pyramid Hill
- 33 King Edward Street, Cohuna
- 24 Fitzroy Street, Kerang
- NDCH Medical Clinic - 34 Fitzroy Street, Kerang
- Boort Resource & Information Centre - 119 Godfrey Street, Boort



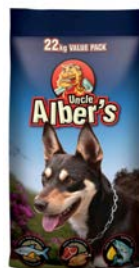
**Donation Period
6 - 18 November**

Christmas Market

SATURDAY 9TH DECEMBER 2023

PYRAMID HILL & KERANG Miller's Ag

**Just some of the dog food varieties
in stock at Miller's Ag Pyramid Hill at
very competitive prices.**



For all your agricultural & hardware needs

Ph: 5455 7306

Locally owned by Nev & Michelle Miller

Email: nifty@millerag.com.au

Mon - Fri 8am - 5pm | Sat 9am - 11-55am

Facebook: [@MillersAgSupplies](https://www.facebook.com/MillersAgSupplies)

www.millerag.com.au

Happenings at Northern District Community Health

JOIN US AT JEN'S ON GEORGE FOR A MORNING TEA FOR

Empower Her

with

Host

MANDY HUTCHINSON

Northern District Community Health | CEO



JO BEAR & MEG LAST

Jo and Meg, Loddon locals will share their heart-warming story of volunteering overseas to spread the joy of netball and teamwork with rural women in India. A fascinating journey of women connecting in unexpected ways!

Empower Her | Founders



**FRIDAY
8 DECEMBER 2023
10.00AM-11.30AM**



**Jens on George (previously Waffles)
-105 King George St, Cohuna**

NO COST, BUT BOOKINGS ESSENTIAL

Limit of 100 tickets.

Open to all Gannawarra & North Loddon residents.

<https://www.trybooking.com/CMJWR>

or phone NDCH 5451 0200



In 2023, Respect Victoria and Safe and Equal are partnering to deliver and support local community engagement with the 16 Days of Activism against Gender-Based Violence state-wide campaign. Gannawarra Shire Council has been funded under Respect Victoria's 16 Days of Activism grassroots initiative, as part of the Gannawarra Goes Orange campaign, promoting awareness and action against gender-based violence.



SAFE + EQUAL



**RESPECT WOMEN
CALL IT OUT**



For any enquiries call or message
Emelia I 0428 586 516
 Email: chrisleerson@gmail.com

- Landscaping
- Gravel driveways
- Earthmoving
- Hole Boring
- Turf and seed
- Laser levelling
- Irrigation systems
- Rock, mulch and soil supply
- Lawn mowing and whipper snipping



Battery Round Up Fundraiser

If you have any old car, truck or large batteries laying around and getting in the way drop them off on the nature strip at

4 Albert Street Pyramid Hill

Any queries please call

Tan: 0427 993 004 | Bill: 0427 888 102

Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- **Medical Clinic**
- **Allied Health**
- **Community Nursing**
- **Community Support**
- **Registered NDIS provider**
- **Health Promotion**

Community Nursing

- Help manage your health and wellbeing at home
- Palliative care
- AgriSafe™ Clinics
- Chronic disease management

- Podiatry and Foot care
- Dietician
- Counselling
- Occupational Therapy
- Diabetes Education
- Speech Pathology
- Paediatric Physiotherapy
- Homelessness service

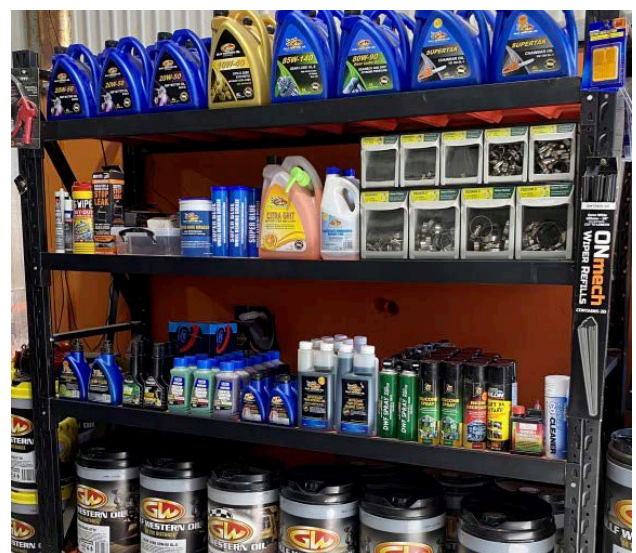
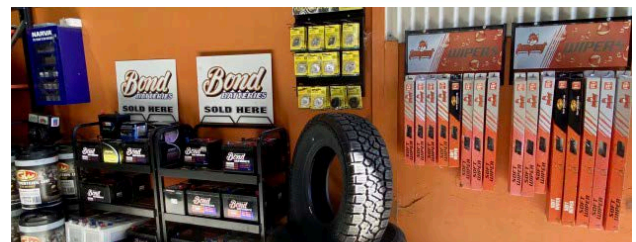
Kerang Medical Clinic
 34 Fitzroy St Kerang
 Mon to Fri
 8.45am to 5.30pm
 Phone: 03 5452 1366

Pyramid Hill
 12 Victoria St, Pyramid Hill
 Mon to Fri
 9.00am to 10.00am
 (other times by appointment)
 Phone: 03 5455 7065



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- GENERAL CAR/TRUCK PARTS IN STOCK

Enquiries or bookings please call
 Andrew: 0407 577 279 | Trish: 0400 564 119
 E: taqmechanical@outlook.com
 FB: @TAQ Mechanical



MAYORAL COLUMN

Loddon Lights up Orange

Loddon Shire Council, along with other councils in Victoria, is taking part in the 16 Days of Activism Against Gender-based Violence as part of our commitment to promote workplace equality and respect. This year we have been working to increase awareness and understanding of the extent and impact of gender inequality and its strong link to domestic violence.

The 16 Days of Activism campaign takes place from 25 November to 10 December and encourages people to call out sexism, sexual harassment and disrespect towards women.

It's everyone's job to address language, attitudes and behaviours that endorse violence and disrespect towards women. These steps will help change the structures and social norms which contribute towards gender inequality in the workplace and community.

For more information visit <https://www.respectvictoria.vic.gov.au/understanding-prevention>



Drop-in Clinic - Victoria Ombudsman and ARC Justice

Come join us at the Drop-in Complaints Clinic with the Victoria Ombudsman & ARC Justice for a chance to voice your concerns and get help

The Victorian Ombudsman can handle complaints for over 1,100 Victorian state government agencies and departments, including:

- DFFH (social housing and child protection)
- Community housing providers
- Department of Health
- Local Councils
- Fines Victoria
- Registry of Births, Deaths & Marriages
- Universities and TAFEs
- VicRoads

Join us for a helpful and informal event where you can voice your concerns and get assistance from the Victoria Ombudsman and ARC Justice. All welcome and light refreshments will be provided.

Details

Loddon Campaspe Community Legal Centre
Thursday 16th November
171 Hargreaves Street Bendigo 3550
10am -2pm




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At Victoria Police, you will enjoy a purposeful career making a real difference in your community. With more benefits including a generous starting salary, 9 weeks paid leave, and access to ongoing training and support. Start your career with Victoria Police today.

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PYRAMID HILL VICTORIA HOTEL

EST. 1874



Love our local!

The friendly pub open for meals every day with Friday happy hour, trivia, raffles and a chance to win \$1000

Monday - Open 3.00pm

Dinner from 6:00pm
Social Darts Night

Tuesday - Open 2.00pm

Dinner from 6:00pm
Trivia Night

Wednesday - Open Midday

Lunch from 12:00pm
Dinner from 6:00pm
Pot'n'Parma Night

Thursday - Open Midday

Dinner from 5:30pm
Steak'n'Pot Night

Friday - Open Midday

Lunch from 12:00pm
Dinner from 5:30pm
Happy Hour 5:00pm-6:30pm
Hot Bar Snacks
Meat Raffle

Saturday - Open Midday

Lunch from 12:00pm
Dinner from 5:30pm

Sunday - Open Midday

All Day Pizza Menu
Closes 11:00pm



Eat in our Lounge or Dining Room

Win \$1000 in our
monthly cash draw!

Love your local pub!



LIVE MUSIC DUO
& FULL LUNCH MENU

The second Sunday of each
month from May-August

20 VICTORIA STREET
PYRAMID HILL
03 5455 7391



SAVOUR THE MOMENT

Extensive breakfast menu, hot and cold lunch, homemade pies, pasties and sausage rolls, hot and cold drinks, homemade cakes and slices, large range of local produce, school lunch orders on Fridays, catering available, bulk buy homemade freezer, fresh sourdough bread baked daily.

36 Kelly Street Pyramid Hill
Monday - Friday 6.30 am - 3 pm
Phone: 5455 7006

leighanddebby@bigpond.com

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39 Fitzroy St, Kerang
info@adamsfunerals.com.au

Pyramid Hill Bakery

Pasties, pies - plain or flavoured, sausage rolls, burgers,
Fish'n'Chips, pizzas, cold drinks and meal deals.
Hot drinks - cappuccino, latte, chai, hot chocolate and tea.

Cold drinks fridge

Large range home baked cakes and slices.

Order - roast chickens and family pies (any flavour)

Eat in or Takeaway



Phone 5455 7035
Open every day
8am - 8:30pm

**We have your
catering needs met.**
Order today!



What can I do at Pyramid Hill Neighbourhood House?

Tuesday - Friday
10am - 4pm
54557129

Business Services

Printing, simple desktop publishing and design. Use our free wifi and computers. Printing, scanning, laminating and printing on plastic signage

Services Australia

Got some Centrelink, Medicare or other related business to do? We are a Services Australia Access Point.

Pyramid Press Newspaper

Our local weekly newspaper has all the good news stories. Community submissions to the paper to be received by 6pm Tuesday evening. Distribution on Thursdays. Available online at Facebook

CLEO the Community Car

Cleo-patra the car can be booked to take you to an important appointment, shopping and more. Door to door service! Bookings essential.

Book a Meeting Room

Our small meeting rooms may be just perfect for you to see clients, or run a meeting. Free for community groups and not-for-profits.

Scrabble Fever

2pm Friday afternoons.

Justice of the Peace

Our JP visits every second Tuesday during School Terms. Check the Press for latest dates.

Grants writing services for community groups

We can assist you with finding appropriate grants for your projects, mentoring you to write your own grant applications, or be an auspice for unincorporated groups. Talk to us about writing a grant on your behalf for a fee.

Community Pantry

A free service with a range of items from pantry staples to toiletries. Open 24 hours. Please only take what you need.

Book Swap

We have a Little Library out the front of Neighbourhood House. Come and choose a book, or donate a book!

IT Support

Got a tricky question about your mobile, laptop or iPad? We can help you out. [bookings recommended].

First Aid Training

Held in Pyramid Hill as required. Make an enquiry about our next course. Facilitated by Rich River First Aid

Social Coffee Mornings

Tuesdays at 10.15am
Catch up over a cuppa and some morning tea.

Rhyme Time

Fridays at 9.30am
Musical program for mums, dads, carers with their babies and toddlers.

Book Club

Our popular last Wednesday of the month club for book lovers!

Goldfields Library

Tuesdays at 11am
Come and browse our collection, join the library, order books from the main collection and enjoy this wonderful service. Storytime once a month. Weekly visits from our Librarian partners.

Moderate Movers

Tuesdays at 1pm
Seniors Rooms, McKay St
Bring your own exercise mat, towel and drink bottle. This is an active exercise group!

Art, Craft and Coffee

Thursdays at 10.30am
Drop in to learn watercolour techniques or bring a project to work on and get some guidance.

Vege Patch

Get involved with our growing garden, or just sit in the sunshine and use our free wifi.

Still to come in 2023..

11 November *Trash 2 Cash Town and Surrounds Garage Sale,*
9 December *Christmas Market and more!*

Give us a call to talk about our programs and book in for courses and special events as they come up.

Always, check the Press for the most up to date information!